



East Sussex Cycling Association

2019 President: Clive Jackson – Central Sussex CC

ESCA 2up Team TT – Sunday 31 March 2019 – GS/839

Start time 8am BST, remember the clocks have gone forward

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Timekeepers: Peter Moon Eastbourne Rovers
Doug Finch Southborough & District Wheelers

Event Secretary: Martin Yardley (Southborough & District Wheelers)
7 Oak End Close, Southborough, Tunbridge Wells, Kent TN4 0TE
Tel (01892) 524701 Mob (07917) 710580
Email: martinyardley@yahoo.com

Event HQ: Laughton Village Hall, Church Lane, Laughton BN8 6AH. Grid ref TQ501127

Prizes: **Cash prizes will be awarded at the HQ immediately following the event – please stay to support the winners or receive your prize**

A		
v	1 st on actual (£25 each)	£ 50.00
e	2 nd on actual (£20 each)	£ 40.00
r	3 rd on actual (£15 each)	£ 30.00
a	4 th on actual (£10 each)	£ 20.00
g	1 st Ladies team (£25 each)	£ 50.00
e	1 st Mixed Team (£10 each)	£ 30.00
a	Group A - Ave age under 40 (£10 each)	£ 20.00
g	Group B - Ave age 40 and over but under 50 (£10 each)	£ 20.00
e	Group C - Ave age 50 or over (£10 each)	£ 20.00

Age group team prizes are only available for teams not winning another award

In accordance with CTT reg 32 teams may consist of members of more than one club but such teams are not eligible for awards.

Additional Awards and Qualifications

This is a qualifying event for:

- **ESCA Points Competition:** Individual – 30 points for each rider of the first team down to 2 points for each rider of the 15th team from an ESCA affiliated club. Ladies – 10 points for each rider of the first female only team down to 2 points for each rider of the 5th female only team from an ESCA affiliated club. Composite teams and solo riders are not eligible for points. The individual points earned by each rider are totalled and awarded to their respective club.
- **ESCA Trophies:** The fastest team from an ESCA affiliated club will be awarded the Two-up Team Time Trial Cup at the annual prize presentation.

Course Details GS/839

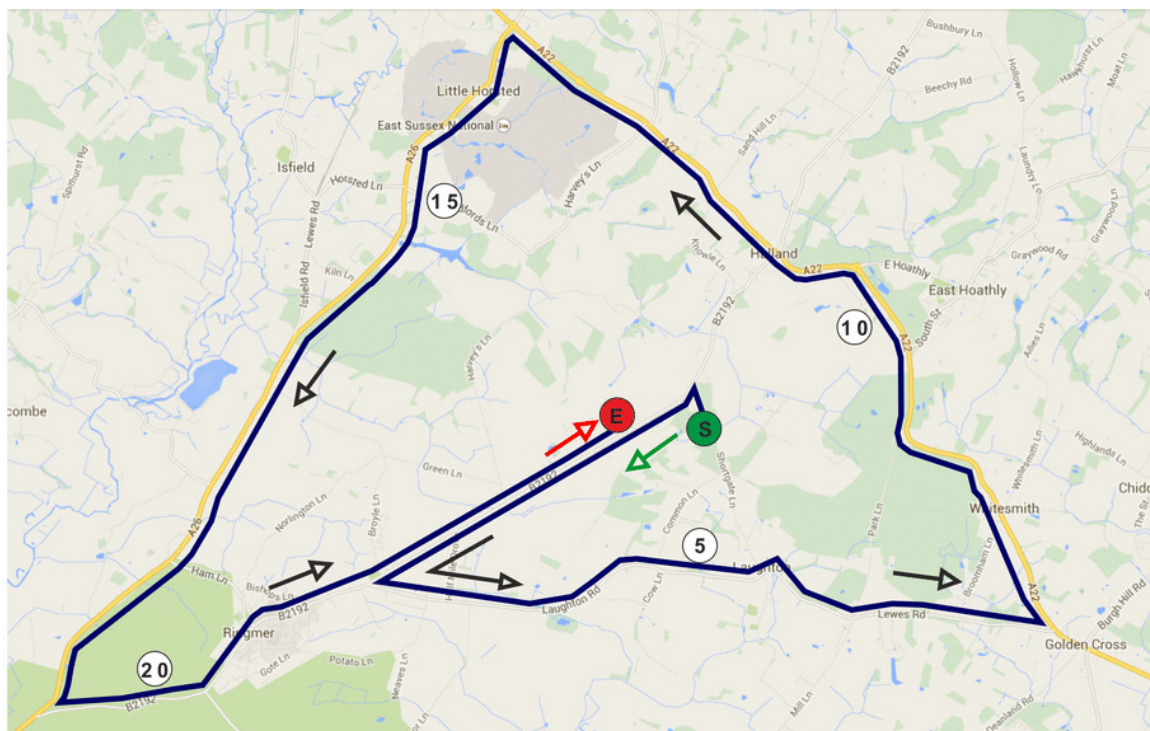
START at north end of metal field gate on the west side of Shortgate Lane, 78 yards south of T junction at Shortgate {GR TQ494151}. Proceed to T junction with B2192. Turn LEFT (CARE) and follow B2192 via The Broyle to Kennel Corner roundabout (M) (2.62miles) {TQ458129}.

Take 1st exit (SHARP LEFT 140 degrees - GREAT CARE) and follow B2124 via Laughton to the T junction with the A22 at Golden Cross (M) (7.50 miles).

Turn LEFT (GREAT CARE) and follow A22 via Whitesmith and East Hoathly by-pass to The Shaw roundabout (10.48 miles). Take first exit (LEFT) and continue on A22 via Halland and Golf Course roundabouts to Little Horsted roundabout (M) (13.42 miles) {TQ472190}.

Take first exit (LEFT) and follow the A26 via Rose Hill, Isfield, to Earwig Corner, Lewes (M) (19.31 miles) {TQ423114}.

Turn SHARP LEFT (GREAT CARE) and follow B2192 via The Forge mini roundabout to Kennel Corner roundabout, Ringmer (21.77miles) (M). Take first exit and follow B2192 via the Broyle to FINISH at centre point of double metal field gate opposite house named "Whitecroft" {TQ488148} (23.92 miles).



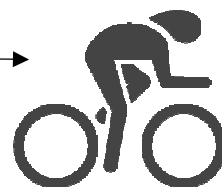
Event Notes and Safety Instructions

1. The hall will be open from 7am, **please be quiet and try not to disturb the local residents.**
2. **PARKING.** There is only limited space in front of the hall and some of it will be reserved for officials, further parking is available 100 yards south; please use it. Please **do not park on the pavement or in the lane where it blocks residents' access** and, and **do not obstruct the access to the gate to the cricket ground** beside the hall – **THIS INCLUDES BICYCLES**, please advise any non-competitors.
3. Numbers will be at the hall please sign on before being given your number.
4. Details of any **additional hazards** not listed on the Start Sheet will be displayed or advertised at the signing on point. All competitors must take note of these details when they sign on.
5. The start is 1.5 miles north of the hall, turn left out of the hall and straight across at the crossroads.
6. To assist the timekeeper all riders in a team are encouraged to wear clothing of a similar colour and design.
7. Competitors must **exercise extra** care when joining the A22 at Golden Cross, when joining the B2192 at Earwig Corner and negotiating all roundabouts.
8. **In Ringmer** there is one set of **pedestrian crossing lights which must be obeyed.**
9. Solo riders, as this is a 2 up team trial, no entries were permitted from solo riders, however if one of you is not able to ride on the day, the remaining rider can ride, but will not be eligible for any awards.
10. Finally take care when passing your partner, and have a safe and enjoyable ride.

Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 to download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Unless they are riding to the start, competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note that all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF. As this is a team event this would invalidate the whole team.

Please pin
number
here



ORDER OF START

No	Start	Name	Club	Cat	Group
9	8.10	Chris Parker	Hastings & St. Leonards CC	V	B
10		Finlay Pritchard-brady	Hastings & St. Leonards CC	J	
11	8.12	Rob Pelham	Lewes Wanderers CC	V	B
12		Sue Collett	Lewes Wanderers CC	WV	
13	8.14	Glen Whittington	Southborough & Dist. Whs	S	A,Mx
14		Pip Jenkins	Southborough & Dist. Whs	W	
15	8.16	Peter Owen	Norwood Paragon CC	V	C
16		Stephen Roach	Norwood Paragon CC	V	
17	8.18	Colin Jarman	Southborough & Dist. Whs	V	C, Mx
18		Natasha Jarman	Southborough & Dist. Whs	W	
19	8.20	Robert Rollings	Lewes Wanderers CC	S	B
20		Richard Burchett	Lewes Wanderers CC	V	
21	8.22	Dan Street	Lewes Wanderers CC	V	B
22		Aidan Mcconville	Lewes Wanderers CC	V	
23	8.24	Malcolm Daly	Hastings & St. Leonards CC	V	C
24		Tom Norris	Hastings & St. Leonards CC	V	
25	8.26	Norman Blissett	trainSharp	V	C
26		Andy Seltzer	In-Gear	V	
27	8.28	Will Reeder	trainSharp	S	A
28		Sam Dix	trainSharp	V	
29	8.30	Spencer Kirkham	Worthing Excelsior CC	V	B
30		Colin Toppin	Worthing Excelsior CC	V	
31	8.32	James Cheeseman	N+1 - Lindfield Coffee Works	S	B
32		Rupert Robinson	Crawley Wheelers	V	
33	8.34	Connor Murphy	trainSharp	S	A
34		Michael Davey	trainSharp	V	
35	8.36	John Vidler	Hastings & St. Leonards CC	V	B
36		Gareth Purves	Hastings & St. Leonards CC	S	
37	8.38	Shayne Howell	Eastbourne Rovers CC	V	B
38		Mark Edwards	Eastbourne Rovers CC	V	
39	8.40	Kimberley Ashton	Caesarean CC (Jersey)	W	A, Mx
40		James Garrett	Caesarean CC (Jersey)	V	
41	8.42	Olivia Webb	Eastbourne Rovers CC	WV	C, W
42		Alison Eaton	Eastbourne Rovers CC	WV	
43	8.44	David Bagge	Southborough & Dist. Whs	V	C
44		Guy Lane	Southborough & Dist. Whs	V	
45	8.46	Mark Smith	Crawley Wheelers	V	A
46		Mark Emsley	Wellington Wheelers Cycling Club	S	
47	8.48	Howard Shaw	trainSharp	S	A
48		Alex Welburn	trainSharp	S	
49	8.50	Brett Davis	Lewes Wanderers CC	V	C
50		Nick Dwyer	Lewes Wanderers CC	V	
51	8.52	Richard Gifford	trainSharp	V	B
52		Nathan Russell	trainSharp	S	

53	8.54	Christopher	Mcnamara	Nuun-Sigma Sport-London RT	V	B
54		Robert	Moore	Nuun-Sigma Sport-London RT	S	
55	8.56	David	Clark	Eastbourne Rovers CC	V	B
56		David	Clements	Eastbourne Rovers CC	V	
57	8.58	Kevin	Plummer	South Downs Bikes / Casco Pet	V	B
58		Simon	Mcnamara	South Downs Bikes / Casco Pet	V	
59	9.00	Marc	Townsend	Eastbourne Rovers CC	S	A
60		Peter	Hooper	Eastbourne Rovers CC	S	

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA Website www.eastsussexca.org.uk/

Facebook Group www.facebook.com/groups/EastSussexCA/

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