**Promoted for and on behalf of Cycling Time Trials under their rules and regulations**



The start sheet for the

## Team VeloVelocity 25m TT

**Including BBAR Qualification event**

COURSE E2/25 – Saturday September 7th 2019 - STARTS AT 14:00

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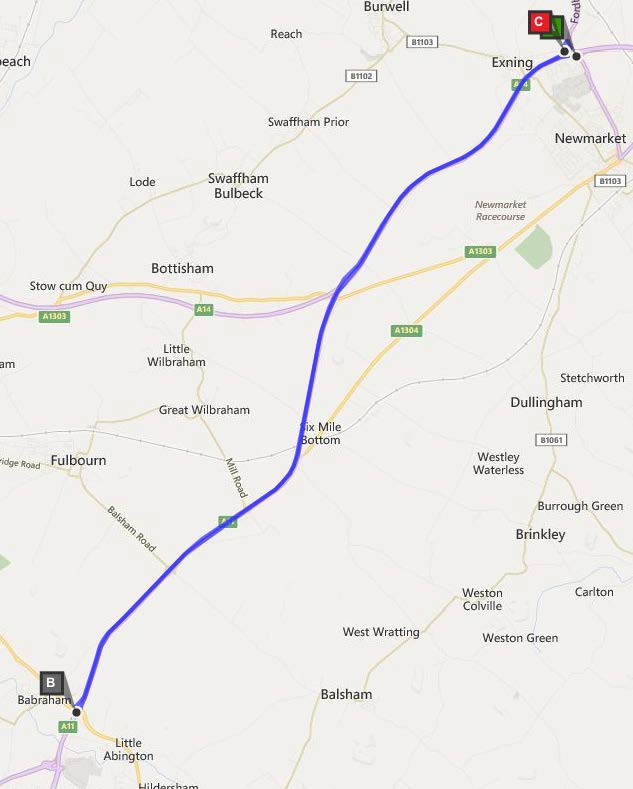
**IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED**

NOTES TO RIDERS - The following local regulations must be adhered to: -

1. **No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.**
2. **NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.**
3. **Numbers will be situated in the HQ; Please sign these numbers back and you wil be given a raffle ticket, which can be exchanged for a hot or cold drink after the event at the leisure centre café, Cake will be available in the Studio 2.**
4. **NO cars to stop or park at the start or finish areas, the finish is a clearway.**
5. **No warming-up by competitors is allowed along any part of the designated course, after the event has started. NOTE: NO Riders allowed in the start area more than 5 minutes before starting.**
6. **ANY RIDER NOT STAYING IN THE LEFT HAND LANE AT THE A11/A14 GOING WEST BOUND WILL BE DQ’d AND REPORTED TO LONDON EAST CTT DISTRICT COMMITTEE FOR DISCIPLINARY ACTION**
7. **ON FINISHING RIDERS MUST STAY TO THE LEFT HAND SIDE OF THE SLIP ROAD, ANY RIDER MOVING OVER TO THE RIGHT WILL BE DQ’D, THIS IS FOR YOUR OWN SAFETY**
8. **AT THE TOP OF THE SLIP ROAD GO LEFT, THEN TAKE NEXT LEFT, WINDMILL HILL FOLLOW TO EXNING, AT T JUNCTION GO LEFT INTO EXNING ROAD, THE LEISURE CENTRE IS APPROX. 2.5 MILES**

Timekeepers: Mike Bannister Chronos RT & Michael Beasant Ciclos Uno

Event Secretary: Debbie Knott –TVV – 83 Elm Park Close, Houghton Regis, Beds, LU5 5PW 07950 193977

Course details E2/25 - START at paint mark on A142 just before slip road to A14 westbound. Take slip road and continue onto A14 westbound, and stay in left lane onto A11 where A14 diverges. Continue to Four Went Ways (12.77m), where take slip road to elevated roundabout and circle to rejoin A11 northbound. Retrace via A11 and A14 to FINISH at last drain cover before 'Give way in 100 yards' sign on slip road to A142

# Start List

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **bib** | **start\_Time** | **firstname** | **lastname** | **club** | **gender** | **category** |
| 1 | 14:01 | Murat | Ozdenya | Team Vision Racing - Silverhook | Male | Veteran |
| 2 | 14:02 | Mathilda | Dyson | Islington Cycling Club | Female | Senior |
| 3 | 14:03 | Becky | Taylor | Wisbech Whs | Female | Veteran |
| 4 | 14:04 | Virginia | Mcgee | ...a3crg | Female | Veteran |
| 5 | 14:05 | David | Procter | Team Velovelocity | Male | Veteran |
| 6 | 14:06 | Robert | Watson | Cambridge CC | Male | Veteran |
| 7 | 14:07 | Martin | Bullen | Peterborough CC | Male | Veteran |
| 8 | 14:08 | Denise | Hurren | Team Velovelocity | Female | Veteran |
| 9 | 14:09 | Jeremy | Parker | Metropolitan Police Cycle Club | Male | Veteran |
| 10 | 14:10 | Matt | O'brien | Plomesgate CC | Male | Veteran |
| 11 | 14:11 | Rory | Havis | Ely & District CC/B&T Motor Repairs | Male | Senior |
| 12 | 14:12 | Lee | Kennedy | Army Cycling | Male | Senior |
| 13 | 14:13 | James | Moss | North Road CC | Male | Veteran |
| 14 | 14:14 | Helen | Gravatt | CC Ashwell | Female | Veteran |
| 15 | 14:15 | Mark | Newton | Elite Cycling | Male | Veteran |
| 16 | 14:16 | Tim | Kingston | GS Invicta - Eye Level Optical- Herbert Cycles | Male | Veteran |
| 17 | 14:17 | Tony | May | TMG Horizon Cycling Team | Male | Veteran |
| 18 | 14:18 | Jim | Reed | Colchester Rovers CC | Male | Veteran |
| 19 | 14:19 | Sharon | Bennett | Ely & District CC/B&T Motor Repairs | Female | Veteran |
| 20 | 14:20 | Adam | Bidwell | Kingston Wheelers CC | Male | Veteran |
| 21 | 14:21 | Matt J | Smith | Cycling Club Hackney | Male | Veteran |
| 22 | 14:22 | Steve | Kaye | Fenland Clarion CC | Male | Veteran |
| 23 | 14:23 | Nick | Hickman | Team Salesengine.co.uk | Male | Veteran |
| 24 | 14:24 | Jennifer | Smart | Team Velovelocity | Female | Veteran |
| 25 | 14:25 | Alice | Lethbridge | DRAG2ZERO | Female | Senior |
| 26 | 14:26 | Michael | Martin | CC Ashwell | Male | Veteran |
| 27 | 14:27 | Phil | Lee | Wisbech Whs | Male | Veteran |
| 28 | 14:28 | Claire | Emons | Newbury RC | Female | Veteran |
| 29 | 14:29 | Abi | Vyner | Rapha Cycling Club | Female | Veteran |
| 30 | 14:30 | James | Rix | Team Bottrill | Male | Veteran |
| 31 | 14:31 | Iain | Boardman | Dulwich Paragon CC | Male | Veteran |
| 32 | 14:32 | Ken | Platts | Cambridge CC | Male | Veteran |
| 33 | 14:33 | John | Manlow | Ely & District CC/B&T Motor Repairs | Male | Veteran |
| 34 | 14:34 | Andrew | Bright | Chronos RT | Male | Veteran |
| 35 | 14:35 | Dave | Green | CC Breckland | Male | Veteran |
| 36 | 14:36 | Tim | Phillips | St Ives CC | Male | Veteran |
| 37 | 14:37 | Jennifer | Millmore | Islington Cycling Club | Female | Senior |
| 38 | 14:38 | Susan | Triplow | CC Sudbury | Female | Veteran |
| 39 | 14:39 | Stephanie | Cousins | Team Milton Keynes | Female | Veteran |
| 40 | 14:40 | Richard | Harrison | DRAG2ZERO | Male | Veteran |
| 41 | 14:41 | Michael | Schofield | Bishop's Stortford CC | Male | Veteran |
| 42 | 14:42 | Adrian | Blacker | C and N Cycles RT | Male | Veteran |
| 43 | 14:43 | Simon | Geraci | Team Swift | Male | Veteran |
| 44 | 14:44 | Marek | Sasura | GS Avanti | Male | Veteran |
| 45 | 14:45 | Peter | Harding | Chelmer CC | Male | Senior |
| 46 | 14:46 | Matthew | Mcclure | Wisbech Whs | Male | Senior |
| 47 | 14:47 | Steve | Clarke | TMG Horizon Cycling Team | Male | Veteran |
| 48 | 14:48 | Stuart | Weatherley | TPH Racing | Male | Senior |
| 49 | 14:49 | Chris | Shaw | Fenland Clarion CC | Male | Veteran |
| 50 | 14:50 | John | Wingfield | Team Signum | Male | Senior |
| 51 | 14:51 | Matthew | Reader | Verulam CC | Male | Veteran |
| 52 | 14:52 | Neil | Empson | Wisbech Whs | Male | Senior |
| 53 | 14:53 | Paul | Sexton | CC Breckland | Male | Veteran |
| 54 | 14:54 | Paul | Looke | Shaftesbury CC | Male | Veteran |
| 55 | 14:55 | Andrew | Grant | Cambridge CC | Male | Veteran |
| 56 | 14:56 | Paul | Schofield | St Ives CC | Male | Senior |
| 57 | 14:57 | Lee | Garrod | Sole Bay Cycle Sport | Male | Veteran |
| 58 | 14:58 | Ian | Braybrook | Basildon CC | Male | Veteran |
| 59 | 14:59 | Nigel | Fitzroy | Chelmer CC | Male | Veteran |
| 60 | 15:00 | Simon | Norman | Bedfordshire Road RT | Male | Veteran |
| 61 | 15:01 | Alex | Leek | Velo Club St Raphael | Male | Senior |
| 62 | 15:02 | Richard | Tully | Elite Cycling | Male | Veteran |
| 63 | 15:03 | Chris | Nudds | CC Breckland | Male | Veteran |
| 64 | 15:04 | Philip | Waring | Cambridge CC | Male | Veteran |
| 65 | 15:05 | Keith | Dorling | Team Bottrill | Male | Veteran |
| 66 | 15:06 | Tom | Hilder | trainSharp | Male | Senior |
| 67 | 15:07 | Stephen | Wilkinson | Folkestone Velo Club | Male | Veteran |
| 68 | 15:08 | Peter | Tibbitts | Ford CC | Male | Veteran |
| 69 | 15:09 | Peter | Aldred | Great Yarmouth C C | Male | Veteran |
| 70 | 15:10 | David | Harding | Chelmer CC | Male | Senior |
| 71 | 15:11 | Tim | Beaven | Bicester Millennium CC | Male | Veteran |
| 72 | 15:12 | Kevin | Plummer | South Downs Bikes / Casco Pet | Male | Veteran |
| 73 | 15:13 | James | Scarth | Bishop's Stortford CC | Male | Veteran |
| 74 | 15:14 | John | Iszatt | Team Vision Racing - Silverhook | Male | Veteran |
| 75 | 15:15 | Paul David | Fleming | Preston Whs | Male | Veteran |
| 76 | 15:16 | Paul | Smith | VeloRefined.com Aerosmiths | Male | Veteran |
| 77 | 15:17 | Chris | Tye | Plomesgate CC | Male | Veteran |
| 78 | 15:18 | Simon | Keen | Crest CC | Male | Veteran |
| 79 | 15:19 | Andy | Clark | Rutland Cycling Club | Male | Veteran |
| 80 | 15:20 | Julian | Elliott | Finsbury Park CC | Male | Veteran |
| 81 | 15:21 | Terry | Garlinge | Easterley Road Club | Male | Veteran |
| 82 | 15:22 | Adam | Hardy | Crest CC | Male | Senior |
| 83 | 15:23 | Roger | Sewell | Wisbech Whs | Male | Veteran |
| 84 | 15:24 | Chris | Womack | VC Baracchi | Male | Veteran |
| 85 | 15:25 | Chris | Jones | Bynea Cycling Club | Male | Veteran |
| 86 | 15:26 | Nick | Morgan | Hitchin Nomads CC | Male | Senior |
| 87 | 15:27 | Alister | Campbell | Eagle Road Club | Male | Veteran |
| 88 | 15:28 | Julia | Freeman | Easterley Road Club | Female | Veteran |
| 89 | 15:29 | Sam | Straw | Albarosa CC | Male | Senior |
| 90 | 15:30 | Ben | Stancombe | Team Velovelocity | Male | Senior |
| 91 | 15:31 | Glenn | Taylor | Shorter Rochford RT | Male | Veteran |
| 92 | 15:32 | Matt | Meek | Aspire Velo Racing Team | Male | Senior |
| 93 | 15:33 | Philip | Watkins | North Norfolk Whs | Male | Veteran |
| 94 | 15:34 | Damian | Monaghan | ABCpure | Male | Senior |
| 95 | 15:35 | William | Wallace | CC London | Male | Veteran |
| 96 | 15:36 | Tim | Davies | CC Luton | Male | Veteran |
| 97 | 15:37 | Mark | Hamer | Stratford Cycling Club | Male | Veteran |
| 98 | 15:38 | Warren | Jackson | Congleton CC | Male | Veteran |
| 99 | 15:39 | Karen | Dennett | Bishop's Stortford CC | Female | Veteran |
| 100 | 15:40 | Peter | Lawrence | High Wycombe CC | Male | Veteran |
| 101 | 15:41 | Richard | O'rourke | Team Vision Racing - Silverhook | Male | Veteran |
| 102 | 15:42 | Nic | Stevenson | Westerley Cycling Club | Male | Senior |
| 103 | 15:43 | Duncan | Emery | Twickenham CC | Male | Veteran |
| 104 | 15:44 | Adam | Bishop | Lea Valley CC | Male | Veteran |
| 105 | 15:45 | Mark | Ellis | Team Milton Keynes | Male | Veteran |
| 106 | 15:46 | Darran | Bennett | Ely & District CC/B&T Motor Repairs | Male | Veteran |
| 107 | 15:47 | Henry | Moss | Cambridge CC | Male | Senior |
| 108 | 15:48 | John | Golder | Chelmer CC | Male | Veteran |
| 109 | 15:49 | Grazyna | Monaghan | ABCpure | Female | Senior |
| 110 | 15:50 | Matthew | Senter | Peterborough CC | Male | Senior |
| 111 | 15:51 | Adam | Fisher | Cambridge CC | Male | Senior |
| 112 | 15:52 | Daniel | Homer | London Phoenix CC | Male | Veteran |
| 113 | 15:53 | Amy | Pritchard | Team Bottrill | Female | Veteran |
| 114 | 15:54 | Michael | Cope | Kettering CC | Male | Veteran |
| 115 | 15:55 | Paul | Atkins | Kenilworth Whs | Male | Veteran |
| 116 | 15:56 | Vicky | Gill | DRAG2ZERO | Female | Senior |
| 117 | 15:57 | Colin | Lizieri | Cambridge CC | Male | Veteran |
| 118 | 15:58 | David | Giffin | West Suffolk Wheelers | Male | Veteran |
| 119 | 15:59 | Andrew | Merchant | Southend Wheelers | Male | Veteran |
| 120 | 16:00 | David | Veitch | Lea Valley CC | Male | Senior |
| 121 | 16:01 | Karl | Willis | Herts Rouleurs Racing Club | Male | Senior |
| 122 | 16:02 | Antony | Brown | Kettering CC | Male | Veteran |
| 123 | 16:03 | Jackie | Field | CC Ashwell | Female | Veteran |
| 124 | 16:04 | Jeremy | Saynor | PMR | Male | Veteran |
| 125 | 16:05 | Leon | West | CC Sudbury | Male | Veteran |
| 126 | 16:06 | David | Crisp | 3T-RACING | Male | Veteran |
| 127 | 16:07 | Paul | Hayward | VC Baracchi | Male | Veteran |
| 128 | 16:08 | Mike | Padfield | North Norfolk Whs | Male | Veteran |
| 129 | 16:09 | Michelle | Morley | Team Swift | Female | Veteran |
| 130 | 16:10 | Brett | Harwood | Team Bottrill | Male | Veteran |
| 131 | 16:11 | Martin | Reynolds | Cambridge CC | Male | Veteran |
| 132 | 16:12 | Steve | Smith | Redbridge CC | Male | Veteran |
| 133 | 16:13 | Christopher | Wedge | Whitewebbs CC | Male | Veteran |
| 134 | 16:14 | Katja | Rietdorf | Born to Bike - Bridgtown Cycles | Female | Veteran |
| 135 | 16:15 | Richard | Gifford | trainSharp | Male | Veteran |
| 136 | 16:16 | Steven | Bass | Maldon & District CC | Male | Veteran |
| 137 | 16:17 | Wolfgang | Emmerich | London Phoenix CC | Male | Veteran |
| 138 | 16:18 | John | Martin | Elmsall Road Club | Male | Veteran |
| 139 | 16:19 | Louise | Robinson | Essex Roads CC | Female | Veteran |
| 140 | 16:20 | Paul | Jay | Team Velovelocity | Male | Veteran |
| 141 | 16:21 | Sam | Wightman | Chelmer CC | Male | Veteran |
| 142 | 16:22 | Kevin | Baumber | Shaftesbury CC | Male | Veteran |
| 143 | 16:23 | Alan | Crane | Chronos RT | Male | Veteran |
| 144 | 16:24 | Glen | Knight | Newbury RC | Male | Veteran |
| 145 | 16:25 | Jon | Surtees | CES Sport | Male | Veteran |
| 146 | 16:26 | Sam | Brown | Lea Valley CC | Male | Senior |
| 147 | 16:27 | Lee | Turner | Sigma Sports | Male | Veteran |
| 148 | 16:28 | Ian | Markham | Chronos RT | Male | Veteran |
| 149 | 16:29 | Paul | Wright | Hitchin Nomads CC | Male | Veteran |
| 150 | 16:30 | Mark | Arnold | VTTA (East Anglia Group) | Male | Veteran |

# Tandems

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 151 |  | 16:32 | Wayne | Crombie | East London Velo | Male | Veteran |
|  |  |  | Warren | Crombie | Musselburgh RCC | Male | Veteran |
| 152 |  | 16:34 | Rachael | Elliott | Newbury RC | Female | Tan |
|  |  |  | Ian | Greenstreet | AeroCoach | Male | Veteran |

# Reserve Rider

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| R1 |  |  | Ritchie | Parkins | Diss & District CC | Male | Veteran |
| R2 |  |  | David | Cook | Bedfordshire Road RT | Male | Veteran |
| R3 |  |  | Tony | Summers | Rapha Cycling Club | Male | Veteran |
| R4 |  |  | Johnathan | Lincoln | Great Yarmouth C C | Male | Veteran |
| R5 |  |  | James | Lonergan | Essex Roads CC | Male | Senior |
| R6 |  |  | Patrick | Charlton | Wolsey RC | Male | Veteran |
| R7 |  |  | Tony | Baxter | Withington Wheelers | Male | Veteran |
| R8 |  |  | Nigel | Hodge | Tri-Anglia Triathlon Club | Male | Veteran |
| R9 |  |  | Tony | Capon | Becontree Wheelers CC | Male | Veteran |
| R10 |  |  | Gary | Boyd | Hub Velo | Male | Veteran |
| R11 |  |  | Rich | Crook | Fenland Clarion CC | Male | Senior |

**Due to the amount of entries being rejected, if you are planning on not starting, please inform Debbie Knott 07950 193977 as early as possible to allow for a reserve to be allocated a start time.**

Team VeloVelocity awards Actual fastest

Club team of three on standard 1st Tandem Prize TBC

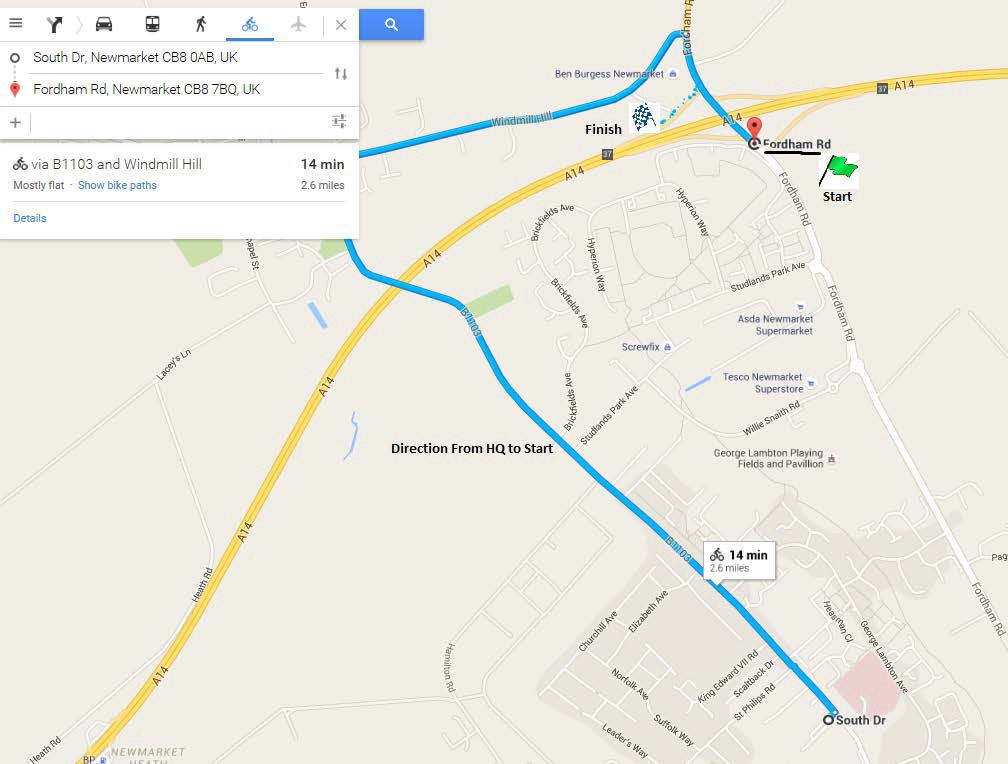
|  |  |
| --- | --- |
| **Men** | **Ladies** |
| **1- £50** | **1- £50** |
| **2- £40** | **2 - £40** |
| **3- £30** | **3 - £30** |
| **4- £20** |  |
| **5- £15** |  |
|  |  |

Team of 3 riders £15 each Sponsored by

EVENT HQ – Newmarket Leisure Centre, Studio 2, Exning Road, Newmarket, Suffolk, CB8 0EB.

To get to the HQ, turn off the A14 and turn left. Turn next left into Windmill Hill. At T junction turn left into Exning Road, the leisure centre is on your right approx 1.5 miles along Exning Road, there is adequate parking, but please be considerate and park sensibly.

Note: the start is approximately 2.65 miles from the HQ, please allow enough time to get to the start on time, there is adequate areas near the start to also park & warm up.



Changing facilities and showers are available in the Leisure Centre, please do not change in the car park.

Please sign your number back and collect a raffle ticket for a hot drink at the Café.

Cakes will be available in studio 2

Directions to the START

* + **Turn Left out of the Leisure Centre onto Exning Road**
  + **Continue along Exning road into Exning**
  + **At the crossroads in Exning turn right unto Windmill Hill**
  + **Follow windmill Hill until you meet the A142 Fordham road**
  + **Turn Right onto Fordham Road – CARE this is a busy road!**
  + **Follow the A142 over the A14 and the start is on the right**

Aerial view of Start and Finish Area



Aerial view of the turn at Four Went Ways

