

COURSE V235:

START approx. 3.5 miles south of Boroughbridge, in entrance to A168 from old A1 (now a long layby) at a point approx. 1 yard before "Clearway" sign.

TURN LEFT on to A168, and proceed south to Walshford Traffic Island (4.72 mls).

ENCIRCLE ISLAND and retrace north along A168, past start, to Boroughbridge South Traffic Island (12.27 mls)

ENCIRCLE ISLAND and retrace south on A168 to Walshford TI (2nd time) (19.86 mls).

ENCIRCLE ISLAND and proceed north on A168,

FINISH at northern end of crash barrier protecting road direction sign, on west side of road,

approx. 150yds south of Arkendale Road(Marton Lane) (25 miles).

The A168 is a Clearway – NO PARKING – NO U-TURNS.

Please note that marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

It is compulsory that working front & rear lights, either flashing or constant, are fitted to the machine in a position clearly visible to other road users, and are active whilst the machine is in use.

A hard-shell helmet that meets an internationally accepted safety standard must be worn by all competitors for the duration of the event.

NO HELMET – NO LIGHTS – NO RIDE!!

Non-Aero Category

For this category here's what is **not allowed**: TT bikes, Tri Bars, clip-on bars, Spinaci Bars, Disc Wheels, Tri Spoke Wheels and similar, Time Trial Helmets. Note however that deep section wheels are allowed provided they are below 90mm. Aero style road bike helmets are also allowed.

EVENT HQ

HEADQUARTERS and PARKING –

is at The Courtyard Café,

Rabbit Hill Business Park, Great North Road, Arkendale,
Knaresborough HG5 0FF

Rabbit Hill is on east side of A168, about 1 mile north of Allerton Park Waste Disposal Plant.

On entering site, parking is on your right, Café is to your left. Numbers and signing-on/signing-out will be located here (outdoors). There are toilets available, but no changing facilities.

Please do not gather in groups at the start or obstruct the carriageway – cars/customers entering or leaving the site.

Don't forget to return number and SIGN OUT after your ride – REG. 17(b). Failure to do so will result in rider being recorded as a DNF.

On returning your bib number, you will receive a voucher for a free tea/coffee in the Café.

Anything else must be purchased at your cost.

Please support the Café as they are accommodating us:

<https://www.facebook.com/thecourtyard.rabbithill/>

Please note that the Café closes at 16:00, so later starters please return your number/sign-out and collect your drink as soon as possible.

There is no parking available near the start, or at the finish, except for Officials.

Do not park in the long-lay on the east side of the A168, adjacent to the start, it is now private property. There are other lay-bys/parking spaces on the A168.

Promoted for, and on behalf of, Cycling Time Trials, under its Rules & Regulations.

YORKSHIRE CYCLING FEDERATION

Open 25 miles Time Trial

To be held Saturday August 10th 2024

Course V235

Allerton Park-A168-Walshford-Boroughbridge

First Rider to start 12.01.

Event Secretary: Sandra Burrows,

Tel.07734 478366

burrowssmithycottage@gmail.com

Timekeepers: Phil Hurt & George Barker.

AWARDS

Open Event

1 st Fastest	Male & Female	£25-00 ea.
2 nd Fastest	Male & Female	£20-00 ea.
3 rd Fastest	Male & Female	£15-00 ea.

Road Bike

1 st Fastest	Male & Female	£20-00 ea.
-------------------------	---------------	------------

Vets Awards

1 st ON STANDARD	£20-00
2 nd ON STANDARD	£15-00
Fastest 3 riders not eligible for STD Awards.	

This is the 9th counting event for the
YCF Points Competition 2024

Course V235 details on back of sheet

ORDER OF START

1st rider at 12.01

No	Rider	Club	Cat	Off
1	Dalia Hawley	Albarosa CC	W42	12.01
2	Marjorie Davison	Ravensthorpe CC	W43	
3	Phil Wright	Hartlepool CC	V69	
4	Gordon Johnson	Clifton CC York	V59	
5	Dave Meakin	Seacroft Wheelers	V50	12.05
6	James Poulosom	Orien CC	V52	
7	Sarah Lewthwaite	Born to Bike	V50	
8	Jonathan Reid	Calder Clarion	V53	
9	John Tiffany	Harrogate Nova CC	V81	
10	Miles Haslam	Buxton CC	V65	12.10
11	Steven Clarkson	Harrogate Nova	V66	
12	John Eric Potter	VTTA Yorkshire	V70	
13	Paul Dawson (TK)	VTTA (North)	V63	
14	Allen Bell	Yorkshire Road Club	V78	
15	Paul Brierley	Huddersfield RC	V57	12.15
16	Sarah Harrison	Trek Sheffield	W50	
17	John Quimby	Sowerby Sunday Club	V73	
18	Alistair Cole	Clifton CC York	V58	
19	Anne Haslam	Buxton CC	W61	
20	Mick Flaherty	Seacroft Wheelers	V62	12.20
21	Ben Hancock	Calder Clarion	S	
22	Angela Hannon-Flaherty	Seacroft Wheelers	W55	
23	Victoria Boid	Harrogate Tri Club	W43	
24	Mike Cole	Huddersfield RC	V79	
25	Shaun Lawson	Clifton CC York	S	12.25
26	Martin Harney	Manchester BC	V61	
27	Andrew Spittlehouse	Calder Clarion	V55	
28	Richard Belk	Kent Valley RC	V73	
29	Michael Lamb	Kiveton Park CC	V55	
30	Steven Forrest	Fogarty's Insurance	V53	12.30
31	Dave Bramley	Clifton CC York	V50	
32	Chris Wood	TS Racing – OTR	V51	
33	Alasdair Bruce	Harrogate Nova	V67	
34	Paul Page	East Bradford CC	V59	
35	Russ Richardson	Zurbaran Racing	V67	12.35
36	Sean Quinn	Law Wheelers	V51	
37	Trevor Mayne	Birdwell Wheelers	V60	
38	Molly Savill	Albarosa CC	W	
39	Mark Philipson	City RC (Hull)	V67	
40	John Brearley	Addform Vive le Velo	S	12.40
41	Mark Walker	Velo Sport Racing	S	
42	Martin Hailstone	Addform Vive le Velo	V55	
43	David Hird	Hambleton RC	V48	
44	Mark Burtonshaw	Harrogate Nova	V66	

No	Rider	Club	Cat	Off
45	Mark Wolstenholme	VTTA Yorkshire	V46	12.45
46	Jimmy Trevor	City RC (Hull)	V52	
47	Lee Morley	Hartlepool CC	V53	
48	Adrian Stott	Yorkshire Road Club	V50	
49	David Taylor	Huddersfield RC	V69	
50	Simon Butteriss	Ely & District	V45	12.50
51	Stuart Henderson	Addform Vive le Velo	V49	
52	David Nichol	Ferryhill Wheelers	V72	
53	Will Trevor	City RC (Hull)	Esp	
54	Ben Wiggins	Team Bottrill	Esp	12.55

AT START - WHEN WAITING YOUR START TIME TAKE CARE NOT TO OBSTRUCT ANY VEHICLES TO/FROM LOCAL PREMISES.

Inhabitants tend to make frequent trips past the start point when there is an event on!

YCF Points Competition 2024

This is the 9th counting event for the 2024 series . **Competition open to members of YCF Affiliated Clubs**
Leading positions after 9 counting events

Event 3 was cancelled

MEN

Pos	Rider	Club	Total
1	Mick Flaherty	Seacroft Whs	688
2	Stuart Henderson	Addform Vive le Velo	595
3	David Taylor	Huddersfield RC	546
4	John Eric Potter	VTTA Yorks	525
5	Mike Cole	Huddersfield RC	504
6	John Brearley	Addform Vive le Velo	475
7	Sam Straw	Addform Vive le Velo	469
8	Paul Brierley	Huddersfield RC	424
9	David Lane	Ravensthorpe CC	407
10	Peter Macklam	Yorkshire RC	396

WOMEN

Pos	Rider	Club	Total
1	Angela Hannon-Flaherty	Seacroft Whs	713
2	Beth Grogan	Selby CC	596
3	Samantha Bissell	City RC (Hull)	359
4	Sandra Burrows	Vive le Velo	349
5	Marjorie Davison	Ravensthorpe CC	230
6	Sophie Rotheram	Addform Vive le Velo	120
6	Kat Handy	Valley Striders	120

Remaining Events:

Date	Event	Course
Sat 10 th August	YCF 25	V235
Sat 17 th August	YRC 25	V235
Sat 14 th Sept	Harrogate Nova 10	V212
Sun 15 th Sept	Yorkshire RC Hill Climb	V9916

Full details in CTT Handbook.

Points only awarded to members of YCF affiliated clubs

Riders best 6 performances to count

YCF Non Aero Competition 2024 after 7 counting events

Competition Open to ALL Riders.

Pos	Rider	Club	Best
1	Keith Storey	Seacroft Whs	347
2	Jonathan Reid	Calder Clarion	336
3	Joe House	Venture Racing	239
4	Michael Harrison	City RC (Hull)	235
4	Michael Jenic	Clifton CC	235
6	Chris Antcliff	Seacroft Whs	234
WOMEN			
1	Sarah Lewthaite	Born to Bike	239
2	Elizabeth Atkin Johnson	Clifton CC	236
3	Eleanor Stafford	Valley Striders	120
3	Samantha Bissell	City RC (Hull)	120
3	Kathryn Argyle	Ravensthorpe CC	120
3	Nikola Matthews	Halifax Imperial	120
3	Bethany Brooksbank	Trek Sheffield	120

Remaining Events

Sat 14 th Sept	Harrogate Nova 10	V212
Sun 29 th Sept	Bramley Whs 25	V236/1

Note – this event does not count for the Non-Aero Competition.