

The Finsbury Park



Formed 1883

Cycling Club

Start Sheet

Under C.T.T. Regulations

Men's Memorial Trophy and Womens Quaich Trophy - 50 miles Time Trial Solo and Team Awards

Sun 7th July 2019

Course F1B/50 (2008)

Start Time 07:00

Event Secretary:- Vince Freeley
13 The Orchard
LONDON
N21 2DN

Tele:- 020 8340 9780
Mob:- 07970 462554

Timekeepers:- Mr G.A.Hart, Icknield RC.
Headquarters:- Stuart Memorial Hall, Tempsford, Beds. SG19 2AW

Awards Men

1st £50 and Memorial Trophy (one year).

2nd £30 3rd £20

Vet/Std 1st £15

Awards - Women

1st £25 and Quaich Trophy (one year). 2nd £15

Awards - Team

1st Team of three - £10 each.

One rider, one prize; except team award.

Vince Freeley.

No	Name	Club	Gend	Cat	Vet.Std	ECCA HC	Start
6	Steve Clarke	TMG Horizon Cycling Team	M	V	2:26:18	15:10	07:06
7	Alan Crane	Chronos RT	M	V	2:19:27	18:18	07:07
8	Matt Price	Icknield RC	M	V	2:15:07	24:58	07:08
9	Annette Lacey	Hemel Hempstead CC	F	V	2:34:10	42:32	07:09
10	Luke Clarke	TMG Horizon Cycling Team	M	S		5:20	07:10
11	James Mcpherson	Hitchin Nomads CC	M	V	2:19:51	13:15	07:11
12	Jason Stuart	Team Salesengine.co.uk	M	V	2:20:16	16:06	07:12
13	Chris Symonds	North Road CC	M	V	2:17:24	22:52	07:13
14	Paul Breeze	Peterborough CC	M	V	2:20:16	32:33	07:14
15	John Dowling	Hemel Hempstead CC	M	V	2:25:04	13:11	07:15
16	Chris Dyason	Cambridge CC	M	V	2:31:55	14:58	07:16
17	Rob Milnes	Thanet RC	M	S		16:48	07:17
18	John Howells	Corinium Cycle Club	M	V	2:39:05	36:24	07:18
19	Paul Wright	Hitchin Nomads CC	M	V	2:19:51	45:55	07:19
20	Matthew Reader	Verulam CC	M	V	2:19:03	4:34	07:20
21	Andrew Halliday	Westerley Cycling Club	M	V	2:18:14	13:23	07:21
22	Robert Saunders	North Bucks RC	M	V	2:23:25	15:53	07:22
23	Dominic Whitehead	St Ives CC	M	V	2:24:30	27:16	07:23
24	Christine Pout	Verulam Really Moving	F	V	2:35:12	29:57	07:24
25	John Lacey	Hemel Hempstead CC	M	V	2:21:32	7:45	07:25
26	Peter Richards	Icknield RC	M	V	2:21:32	16:49	07:26
27	Richard Moule	Bossard Whs	M	V	2:25:04	26:39	07:27
28	Gary Boyd	Hub Velo	M	V	2:19:51	25:48	07:28
29	David Solomon	Whitewebbs CC	M	V	2:28:26	34:34	07:29
30	Ross Clarke	TMG Horizon Cycling Team	M	S		1:55	07:30
31	Karl Willis	Herts Rouleurs Racing Club	M	S		12:43	07:31
32	Nick Hickman	Team Salesengine.co.uk	M	V	2:20:16	15:47	07:32
33	Peter Anstey	Welwyn Whs	M	V	2:24:30	18:32	07:33
34	Nigel Croxford	High Wycombe CC	M	V	2:25:04	27:39	07:34
35	William Wallace	CC London	M	V	2:15:36	8:17	07:35
36	Neil Allonby	Icknield RC	M	V	2:19:03	14:06	07:36
37	Graham Pepperdine	Verulam CC	M	V	2:21:32	17:19	07:37
38	Adam Laycock	VTTA (East Anglia Group)	M	V	2:20:16	18:53	07:38
39	Paul Bachini	Icknield RC	M	S		16:43	07:39
40	Daniel Northover	Finsbury Park CC	M	V	2:16:05	1:53	07:40
41	Tony May	TMG Horizon Cycling Team	M	V	2:24:30	12:01	07:41
42	Jim Reed	Colchester Rovers CC	M	V	2:30:58	15:13	07:42
43	Peter Lloyd	N+1 - Lindfield Coffee Works	M	V	2:16:05	27:04	07:43
44	Adam Bishop	Lea Valley CC	M	V	2:16:59	21:27	07:44
45	Andy Stuart	Velo Club St Raphael	M	V	2:16:59	7:28	07:45
46	John Golder	Chelmer CC	M	V	2:27:41	10:26	07:46
47	Abid Hussain	Icknield RC	M	V	2:16:32	14:45	07:47
48	Nick Hanson	Seacroft Whs	M	V	2:20:40	18:05	07:48
49	Jon Fairclough	Woking Cycle Club	M	V	2:26:59	24:44	07:49
50	Gray Turnock	Finsbury Park CC	M	V	2:19:27	1:10	07:50

ECCA handicap column applies to ECCA riders only as part of the ECCA season-long Points and Handicap Competitions.

NO WARMING UP ON STATION ROAD, Tempsford, 700 yards north of start point.

Regulation 16. Competitors Clothing.

All riders are reminded of the requirement to pin your number below the waist in a position so as to be clearly visible from behind. This enables the number checkers to ensure your finish time is correctly recorded.

No competitor may carry advertising except as a member of a club that has paid the advertising fee.

Local Regulations.

No.1. No U turns should be made in sight of the start or finish areas while riding on the public highway.

No.3. No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

No.4. Due to complaints from residents of Tempsford village; you **MUST** park away from houses. No parking south of the Wheatsheaf public house.

- Absolutely no parking on any part of the course, at any time.
- Any infringement of these instructions/regulations will result in disqualification and possibly further disciplinary action.
- Please collect race numbers in person at the H.Q. and sign the required form. Return to HQ after your ride and 'SIGN OUT' as per regulation.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL** helmet that meets an internationally accepted safety standard.

Flashing rear lights are growing in popularity and may contribute to rider safety.

This event may be subject to a doping control.

As soon as you have finished, you should return to event HQ as it is your responsibility to check if you are required for Doping Control.

If your number is displayed, you should report, immediately, to Doping Control, which will be nearby.

REMEMBER, it is up to you to check and ensure you comply.

Course F1B/50 - (2008)

START on B1043, approx. 425 yards north of Tempsford flyover; 25 yards north of south end of kerb and 55 yards south of the south end of Armco barrier. (GR164526).

Proceed south, straight on at mini-roundabout to join A1 (CARE) and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:-
LEAVE A1 (11.96 miles) by bearing left onto slip road at commencement of A1(M) approx. 2 miles north of Baldock. Take 3rd exit off RAB onto A507 to:-
TURN (12.77 miles) at 1st RAB, Norton/Stotfold, retrace along A507 to A1 to:-
TURN LEFT up slip road to rejoin A1 northbound carriageway. Retrace outward route over all junctions to Tempsford where:-
TURN (25.26 miles) by turning left off the A1 at Tempsford Road and within 80 yards turn right (CARE), at small RAB, cross the A1 overbridge, then right at mini-roundabout to re-join the A1 (care) southbound and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:-
LEAVE A1 (36.98 miles) by bearing left onto slip road at commencement of A1(M) approx. 2 miles north of Baldock. Take 3rd exit off RAB onto A507 to:-
TURN (37.79 miles) at 1st RAB Norton/Stotfold, retrace along A507 to A1 to:-
TURN LEFT up slip road to rejoin A1 northbound carriageway. Retrace outward route over all junctions to:-

FINISH by bearing left off the A1 at Tempsford Road to finish at Clearway sign. (GR162522).

Police Area(s) Bedfordshire.

LOCAL REGULATIONS No. 1, 3 and 4 apply.

Marshalls - Please note the Norton/Stotfold RAB has lamp-posts 51,52,57 & 58 adjacent.

The Start from HQ (Stuart Memorial Hall) - go south through Tempsford then left to cross the A1 overbridge, then left onto the B1043 northbound, distance about 1 mile.