



East Sussex Cycling Association

2021 President Peter Moon – Eastbourne Rovers CC

ESCA 25m Time Trial – Sunday 25th April 2021 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations



Start Sheet

Event Secretary

Chris Parker (Hastings & St Leonards CC)

5 Limden Close, Stonegate, Wadhurst, East Sussex TN5 7EG

Telephone: 01580 200016

Email: chrisparkerpett@aol.com

Mobile: 07597 557432

Timekeepers

Richard Meed (Lewes Wanderers CC) and **Peter Moon** (Eastbourne Rovers CC)

General Information

Please take note of the following COVID 19 Guidance. Social Distance Rules apply to all Riders, Helpers, Marshalls and Time Keepers. Please be respectful and keep us all safe.

Please do not attend the event if you or any member of your support crew or family shows symptoms of COVID 19 or feel unwell.

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 6:15am. Heading north on the A22, turn right at Lampool Roundabout into Straight Half Mile Road. Turn left onto B2026 Lampool Road then second right into Nursery Lane. The HQ is on the left.

The hall is **only open for access to the toilets with a one way system** in place entering from via the front door and exiting via the side door.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane.**

You could park further afield and ride to pick up your number etc, remembering not to wind up any turbos within 50 metres of any residential property.

Additional Hazards

The new Owlsbury roundabout

If at all possible please check out the new Owlsbury roundabout between Copwood RBT and Little Horsted RBT. There have been cones and 30 mph speed restrictions for some time, with ongoing works usually improving the road surface etc in recent weeks.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Prize List

Fastest Overall

First	£35.00
Second	£30.00
Third	£25.00
Fourth	£20.00
Fifth	£15.00
Sixth	£10.00

Fastest Lady

First	£35.00
Second	£30.00
Third	£25.00

Fastest Jun / Juv

First	£20.00
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Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Start

The start is less than a mile from the hall. Proceed out of the car park and turn right, at the give way turn left, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

Riders Be Aware

Generally the road is in good repair however there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

Course Details

G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

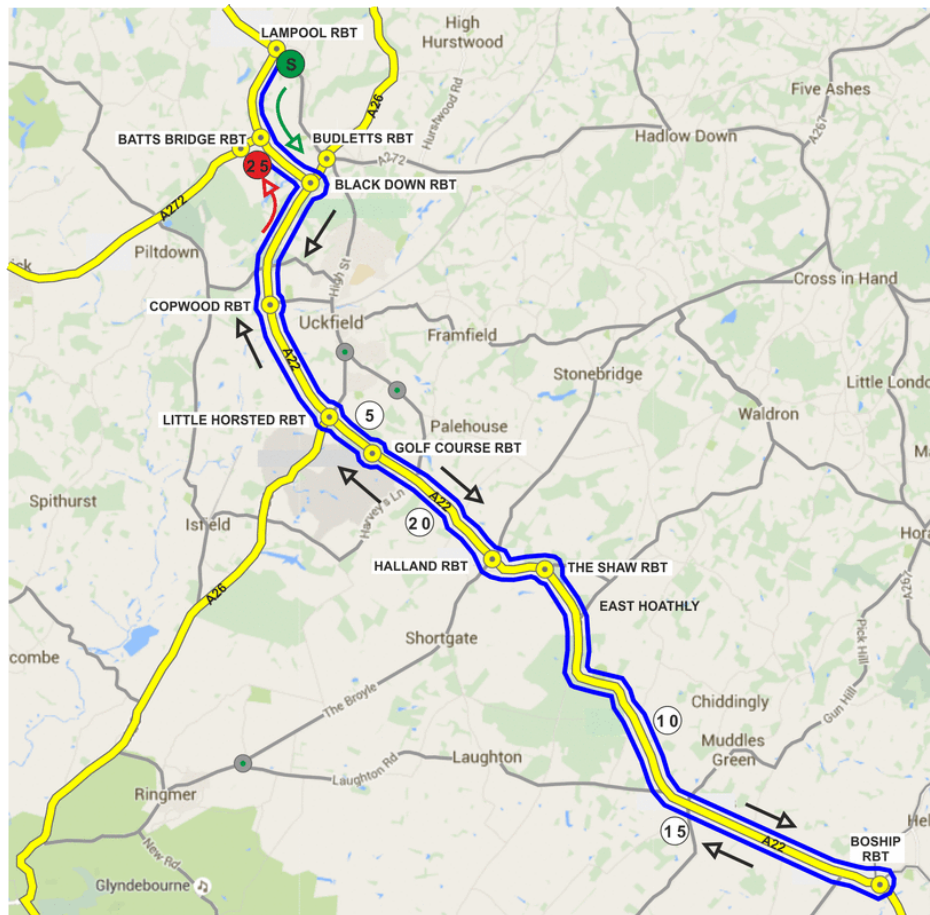
Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT and new Owlsbury RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via new Owlsbury RBT and Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m

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N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

Please pay attention to the following CTT regulations/recommendations

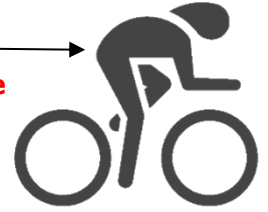
- Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Parental Consent Forms** Under 18 age entries must download, complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet. No helmet, no parental consent, no ride.
- Lights** CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users
- Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- Official Observers** Official observers will be stationed around the course.

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- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

Please pin
number here



CTT COVID-19 INSTRUCTIONS:

- 1) Do not attend if you/your family members feel ill.
- 2) Park with social distancing in mind.
- 3) HQ not open other than for toilets; 1 in, 1 out.
- 4) Please bring your own pen to sign on outside HQ and, if needed, safety pins.
- 5) Take with you a compulsory working rear light, a spare/tyre/tub and a mobile phone.
- 6) Please note you have to make your own way back in event of trouble – no collections offered.
- 7) No more than 5 riders, each 2m apart, to wait at the start.
- 8) No changing facilities at the HQ. Please attend dressed "ready to race".
- 9) No items to be left at the start or with the timekeeper.
- 10) No push-off.
- 11) After racing, leave your number in the bucket that contains soapy water when reporting to sign out.
- 12) No social, no drinks, no food and no prize presentation – sorry!
- 13) No result board – times will be available online via a link sent with the covering email, on ESCA Facebook page asap, and then on CTT web site.
- 14) Please leave the car park in a timely fashion.

Keep up to date with what's going on with time trialling in Sussex ...

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

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Race No.	Start Time	Rider	Rider	Club	Gender	Category
4	07:04	Carl	Richardson	trainSharp	Male	Veteran
5	07:05	Mike	Hannay	Lewes Wanderers CC	Male	Veteran
6	07:06	Bruce	English	Eastbourne Rovers CC	Male	Veteran
7	07:07	Vincent	Busk	Lewes Wanderers CC	Male	Veteran
8	07:08	Peter	Davies	Brighton Mitre CC	Male	Veteran
9	07:09	William	Ray	Windrush Triathlon Club	Male	Veteran
10	07:10	Robin	Johnson	Brighton Mitre CC	Male	Veteran
11	07:11	George	Higgs	Crawley Wheelers	Male	Veteran
12	07:12	Brian	Jones	Morden CRC	Male	Veteran
13	07:13	Nigel	Langridge	Crawley Wheelers	Male	Veteran
14	07:14	Paul	Thatcher	Brighton Mitre CC	Male	Veteran
15	07:15	Sam	Bennett	7Oaks Tri Club	Male	Veteran
16	07:16	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran
17	07:17	Gavin	Richards	Lewes Wanderers CC	Male	Veteran
18	07:18	Paul	Fletcher	trainSharp	Male	Veteran
19	07:19	Richard	Moult	Brighton Mitre CC	Male	Senior
20	07:20	Russell	Thorne-Jones	trainSharp	Male	Veteran
21	07:21	Malcolm	Daly	Hastings & St. Leonards CC	Male	Veteran
22	07:22	Richard	Burchett	Lewes Wanderers CC	Male	Veteran
23	07:23	Colin	Toppin	Worthing Excelsior CC	Male	Veteran
24	07:24	Duncan	Fuller	Lewes Wanderers CC	Male	Veteran
25	07:25	Robert	Lovett	Team TMC	Male	Senior
26	07:26	Joe	Benians	Lewes Wanderers CC	Male	Senior
27	07:27	Brian	Molloy	Brighton Excelsior CC	Male	Veteran
28	07:28	Martin	Gibbs	Team TMC	Male	Senior
29	07:29	Keith	Walker	Wigmore CC	Male	Veteran
30	07:30	Mark	Frost	Lewes Wanderers CC	Male	Veteran
31	07:31	Greg	Cahill	Hastings & St. Leonards CC	Male	Veteran
32	07:32	Chris	Carney	Addiscombe CC	Male	Veteran
33	07:33	Marek	Siwicki	Addiscombe CC	Male	Veteran
34	07:34	Mark	Edwards	Eastbourne Rovers CC	Male	Veteran
35	07:35	Mark	Jones	GS Stella	Male	Veteran
36	07:36	Peter	Baker	Lewes Wanderers CC	Male	Veteran
37	07:37	John	Tindell	Brighton Mitre CC	Male	Senior
38	07:38	Nathan	Russell	trainSharp	Male	Senior
39	07:39	James	Stone	Brighton Excelsior CC	Male	Veteran
40	07:40	Keith	Brown	Southborough & Dist. Whs	Male	Veteran

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Race No.	Start Time	Rider	Rider	Club	Gender	Category
41	07:41	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran
42	07:42	Tony	Reeves	GS Stella	Male	Veteran
43	07:43	Robert	Rollings	Lewes Wanderers CC	Male	Senior
44	07:44	James	Ryan	Team TMC	Male	Veteran
45	07:45	Nick	Flower	Windrush Triathlon Club	Male	Senior
46	07:46	George	Sloan	VC de Londres	Male	Espoir
47	07:47	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
48	07:48	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
49	07:49	Nina	Atherton	Brighton Phoenix Athletic Club	Female	Senior
50	07:50	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
51	07:51	Christine	Lutsch	Windrush Triathlon Club	Female	Veteran
52	07:52	Georgie	Little	HuntBikeWheels.com	Female	Senior
53	07:53	Gesine	Junker	Windrush Triathlon Club	Female	Veteran
54	07:54	Kate	Parrish	Lewes Wanderers CC	Female	Senior
55	07:55	Rebecca	Goodwin	Windrush Triathlon Club	Female	Senior
56	07:56	Becca	Drake	BellaVelo cc	Female	Senior
57	07:57	Anneleen	Bosma	Bianchi Dama	Female	Senior
58	07:58	Pip	Jenkins	Southborough & Dist. Whs	Female	Senior
59	07:59	Jennifer	George	The Independent Pedaler - Nopinz	Female	Senior
60	08:00	Sally	Turner	trainSharp	Female	Veteran
61	08:01	Paul	Smith	VeloRefined Rule 5	Male	Veteran
62	08:02	David	Clark	Eastbourne Rovers CC	Male	Veteran
63	08:03	Samuel	Painter	TBW23 Stuart Hall Cycling P/b Trainsharp	Male	Espoir
64	08:04	Gavin	Ash	Team TMC	Male	Veteran
65	08:05	David	Clements	Eastbourne Rovers CC	Male	Veteran
66	08:06	Steven	Kane	Team TMC	Male	Senior
67	08:07	Massimiliano	Radi	Team Bottrill	Male	Veteran
68	08:08	Nik	Allen	Worthing Excelsior CC	Male	Veteran
69	08:09	Gareth	Williams	Twickenham CC	Male	Veteran
70	08:10	Stuart	Bettis	HuntBikeWheels.com	Male	Senior
71	08:11	Marc	Townsend	trainSharp	Male	Veteran
72	08:12	Joshua	Clark	Royal Navy & Royal Marines CA	Male	Senior
73	08:13	Peter	Merritt	TBW23 Stuart Hall Cycling P/b Trainsharp	Male	Senior
74	08:14	Matthew	Smith	Team TMC	Male	Senior
75	08:15	Chris	Jones	Bynea Cycling Club	Male	Veteran
76	08:16	Neil	Harris	Southborough & Dist. Whs	Male	Senior
77	08:17	Timothy	Torrie	TBW23 Stuart Hall Cycling P/b Trainsharp	Male	Espoir
78	08:18	Nick	Dwyer	Lewes Wanderers CC	Male	Veteran
79	08:19	Howard	Shaw	trainSharp	Male	Senior
80	08:20	Mark	Smith	Crawley Wheelers	Male	Veteran