

# Startsheet

## sportzmad

Start Number	Start Time	Rider	Club	Gender	Category
1	16:01:00	Nick Brown	Team NBCC	male	Vet
2	16:02:00	Joshua ` Lewis		male	Senior
3	16:03:00	Brad Davies	Bynea Cycling Club	male	Vet
4	16:04:00	Grant Arnold	Team NBCC	male	Senior
5	16:05:00	JEF OUTHWAITE	Black Country Triathletes	male	Vet
6	16:06:00	mike broadbent	Swansea Wheelers/CS Abertawe	male	Vet
7	16:07:00	Dean Prosser	Hereford & Dist Whs CC	male	Vet
8	16:08:00	Owain Roberts	Port Talbot Whs CC	male	Senior
9	16:09:00	Richard Jenkins	Cardiff Ajax CC	male	Vet
10	16:10:00	ben Phillips	Bynea Cycling Club	male	Senior
11	16:11:00	Paul Cannon	Porth & District CC	male	Vet
12	16:12:00	John Eames		male	Vet
13	16:13:00	Paul Rees	Bynea Cycling Club	male	Vet
14	16:14:00	gareth thomas	Cardiff Triathletes	male	Senior
15	16:15:00	Lloyd Morgan	Cardiff Ajax CC	male	Vet
16	16:16:00	Frank anderson	SVTTA	male	Vet
17	16:17:00	mark pope	Ogmore Valley Wheelers	male	Vet
18	16:18:00	Gaynor Hughes	Bynea Cycling Club	female	Vet
19	16:19:00	Matthew Hurford	Cardiff Triathletes	male	Vet
20	16:20:00	Tim McEvoy	Duchy Velo	male	Senior
21	16:21:00	Andrew Rowles	Cardiff Ajax CC	male	Senior
22	16:22:00	Andrew Hayward	Cwmcarn Paragon Cycling Club	male	Vet
23	16:23:00	Gareth Chislett	CC Blaenau Gwent	male	Vet
24	16:24:00	John Diffey		male	Vet
25	16:25:00	rod hicks	Port Talbot Whs CC	male	Vet
26	16:26:00	Matthew Smith	Port Talbot Whs CC	male	Senior
27	16:27:00	Nadine Cannon	Acme Whs (Rhondda) CC	female	Senior
28	16:28:00	Michelle Robertson	Abercynon Road Club	female	Vet
29	16:29:00	Luke Starkie	Cardiff Ajax CC	male	Senior
30	16:30:00	Christopher Jones		male	Vet
31	16:31:00	Chris Fishbourne	Abercynon Road Club	male	Vet

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32	16:32:00	Matthew Phillips	Bynea Cycling Club	male	Senior
33	16:33:00	Ron boast	Ogmore Valley Wheelers	male	Vet
34	16:34:00	Brian Parker	Abercynon Road Club	male	Vet
35	16:35:00	Carwyn Davies	Cwmcarn Paragon Cycling Club	male	Senior
36	16:36:00	Russell White		male	Para-cyclist
37	16:37:00	Ryan Morley	Royal Air Force Cycling Association	male	Senior