## Startsheet

## Cwmcarn Paragon RC (4 of 10 in Celtic Series)

Start Number	Start Time	Rider	Club	Gender	Category
20	15:20:00	Carwyn Davies	Cwmcarn Paragon Cycling Club	male	Vet
21	15:21:00	Rob Jones	Cardiff Ajax CC	male	Vet
22	15:22:00	Timothy Cummings		male	Vet
23	15:23:00	Ray Perkins	Clevedon & District Road Club	male	Vet
24	15:24:00	Louis Hay	Cwmcarn Paragon Cycling Club	male	Espoir
25	15:25:00	Nathan Leaves	Cwmcarn Paragon Cycling Club	male	Senior
26	15:26:00	Thomas Dye	Cardiff Ajax CC	male	Senior
27	15:27:00	Jon Vickery	Cwmcarn Paragon Cycling Club	male	Vet
28	15:28:00	Richard Rees	Cardiff Ajax CC	male	Senior
29	15:29:00	Patrick Jerome		male	Vet
30	15:30:00	Andy Davies		male	Senior
31	15:31:00	Ryan O'Rourke	Cwmcarn Paragon Cycling Club	male	Senior
32	15:32:00	Stephanie Post	Team Bottrill	female	Senior
33	15:33:00	Steve Bray	Salt and Sham Cycle Club	male	Vet
34	15:34:00	morgan LLOYD	Towy Riders Cycle Club	male	Espoir
35	15:35:00	Paul Hayward	Pontypool Road Cycling Club	male	Vet
36	15:36:00	Andrew Williams	Cwmcarn Paragon Cycling Club	male	Senior
37	15:37:00	Marco Marletta		male	Vet
38	15:38:00	Neil Meredith	Abercynon Road Club	male	Senior
39	15:39:00	Richard Emery	Severn Road Club	male	Vet
40	15:40:00	Christopher Gibbard	Bynea Cycling Club	male	Senior
41	15:41:00	dean ware	Team Backstedt Bike Performance	male	Senior
42	15:42:00	ALAN WARD		male	Senior
43	15:43:00	Jeffrey Rees	Gower Riders Cycling Club	male	Vet

Startsheet for: Cwmcarn Paragon RC (4 of 10 in Celtic Series) Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Start Number	Start Time	Rider	Club	Gender	Category
44	15:44:00	Gethin Davies- Jones	Abercynon Road Club	male	Vet
45	15:45:00	Joshua Tarling		male	Espoir
46	15:46:00	Paul Jones	Cwmcarn Paragon Cycling Club	male	Vet
47	15:47:00	peter ackroyd	Cheltenham & County Cycling Club	male	Vet
48	15:48:00	Roger Wood	Pontypool Road Cycling Club	male	Vet
49	15:49:00	Michael Gelder	Tricycle Association South West Region	male	Vet
50	15:50:00	Chris Massey	Team Backstedt Bike Performance	male	Vet
51	15:51:00	Niall Foster	Cardiff Ajax CC	male	Vet
52	15:52:00	Leon Evans	Cardiff Ajax CC	male	Vet
53	15:53:00	Terry Anthony	Ogmore Valley Wheelers	male	Vet
54	15:54:00	Ron boast	Ogmore Valley Wheelers	male	Vet
55	15:55:00	Will Munday	Tri Training Harder	male	Senior
56	15:56:00	Michael Tarling		male	Vet
57	15:57:00	Ross Morgan	Port Talbot Whs CC	male	Senior
58	15:58:00	Hannah Munday		female	Senior
59	15:59:00	Helen Priest	Cardiff Ajax CC	female	Vet
60	16:00:00	Scott Davies	Team Wiggins	male	Senior