

Startsheet

Port Talbot Whs (4-up ttt) (fee per rider)

Start Number	Start Time	Rider	Club	Gender	Category
Reserve	--	Harry Lewis	London Dynamo	male	Senior
Reserve	--	Stuart Edgar	Cardiff Triathletes	male	Senior
Reserve	--	David Mort	Cardiff Triathletes	male	Senior
Reserve	--	Carson Pryce	Cardiff Triathletes	male	Senior
1	18:03:00	David Triggs	Port Talbot Whs CC	male	Vet
2	18:03:00	Alan Jones	Port Talbot Whs CC	male	Vet
3	18:03:00	Gareth Davies	Port Talbot Whs CC	male	Vet
4	18:03:00	Andrew Rees	Port Talbot Whs CC	male	Vet
5	18:06:00	Nigel Pitt	Bynea Cycling Club	male	Vet
6	18:06:00	Wayne Evans	Bynea Cycling Club	male	Vet
7	18:06:00	Andrew Grist	Bynea Cycling Club	male	Vet
8	18:06:00	Brad Davies	Bynea Cycling Club	male	Vet
9	18:09:00	Katherine Brace	Tenby Aces CC	female	Senior
10	18:09:00	Anto OHara	Tenby Aces CC	female	Vet
11	18:09:00	Stephanie Waring	Tenby Aces CC	female	Vet
12	18:09:00	Julie Andrasko	Tenby Aces CC	female	Vet
13	18:12:00	Matt Broadhurst	Pembrokeshire Velo	male	Vet
14	18:12:00	Andrew Rees		male	Vet
15	18:12:00	Jon Williams	Team NBCC	male	Senior
16	18:12:00	Tim Brace	Team NBCC	male	Vet
17	18:15:00	Jamie Silvester	Tenby Aces CC	male	Senior
18	18:15:00	Huw Bridges	Tenby Aces CC	male	Vet
19	18:15:00	Carlton Coates	Tenby Aces CC	male	Vet
20	18:15:00	David Poole	Tenby Aces CC	male	Vet
21	18:18:00	michael bevan	Bynea Cycling Club	male	Vet
22	18:18:00	Anthony Evans	Bynea Cycling Club	male	Vet
23	18:18:00	David Greenway	Bynea Cycling Club	male	Vet
24	18:18:00	Paul Rees	Bynea Cycling Club	male	Vet
25	18:21:00	Colin Barrett	Tenby Aces CC	male	Vet
26	18:21:00	Paul Slack	Tenby Aces CC	male	Vet
27	18:21:00	David Lewis	Tenby Aces CC	male	Vet
28	18:21:00	Edward Clements	Tenby Aces CC	male	Senior
29	18:24:00	Oliver Rowlands	Newport Phoenix CC	male	Senior
30	18:24:00	Andy Williams	Newport Phoenix CC	male	Vet
31	18:24:00	Owen Burgess	Newport Phoenix CC	male	Senior
32	18:24:00	Philip Sims	Newport Phoenix CC	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
Reserve	--	Robbie Morgan	Newport Phoenix CC	male	Espoir
33	18:27:00	Julian Brock	Port Talbot Whs CC	male	Vet
34	18:27:00	Shirley Howell	Port Talbot Whs CC	female	Vet
35	18:27:00	Emma Davies	Port Talbot Whs CC	female	Vet
36	18:27:00	John Thomas	Port Talbot Whs CC	male	Vet
Reserve	--	Phil Lewis	Port Talbot Whs CC	male	Vet
37	18:30:00	gareth thomas	Cardiff Triathletes	male	Senior
38	18:30:00	Simon Marks	Cardiff Triathletes	male	Senior
39	18:30:00	Matt Colley	Cardiff Triathletes	male	Senior
40	18:30:00	Morgan Meaney	Cardiff Triathletes	male	Senior
41	18:33:00	Amanda Davies	Bynea Cycling Club	female	Vet
42	18:33:00	Elena Shaw	Cardiff Ajax CC	female	Senior
43	18:33:00	Diane Wilson-Evans	Bynea Cycling Club	female	Vet
44	18:33:00	Katie Bowler	Bynea Cycling Club	female	Senior
45	18:36:00	Heath Williams	Port Talbot Whs CC	male	Vet
46	18:36:00	Karl Rees	Port Talbot Whs CC	male	Senior
47	18:36:00	Darren Edwards	Port Talbot Whs CC	male	Vet
48	18:36:00	Mike Hall	Port Talbot Whs CC	male	Vet
Reserve	--	Robert Lucas	Port Talbot Whs CC	male	Vet
49	18:39:00	Danielle Parker		female	Youth
50	18:39:00	Isabel Ellis		female	Senior
51	18:39:00	Zoe Backstedt		female	Espoir
52	18:39:00	Elynor Backstedt		female	Senior
53	18:42:00	Bill Gannon	Port Talbot Whs CC	male	Vet
54	18:42:00	Ross Morgan	Port Talbot Whs CC	male	Senior
55	18:42:00	mark hillier	Port Talbot Whs CC	male	Vet
56	18:42:00	andrew lewis	Port Talbot Whs CC	male	Vet
Reserve	--	Chris Jones	Port Talbot Whs CC	male	Vet
57	18:45:00	mark pope	Ogmore Valley Wheelers	male	Vet
58	18:45:00	Chris Reed	Ogmore Valley Wheelers	male	Vet
59	18:45:00	Paul Nicholas	Ogmore Valley Wheelers	male	Vet
60	18:45:00	Nick Langley	Ogmore Valley Wheelers	male	Senior
61	18:48:00	Liam Rowlands	Pembrokeshire Velo	male	Senior
62	18:48:00	David Astins	Pembrokeshire Velo	male	Vet
63	18:48:00	Roscoe Howell	Pembrokeshire Velo	male	Senior
64	18:48:00	Shane Davies	Pembrokeshire Velo	male	Senior
65	18:51:00	Gaynor Hughes	Bynea Cycling Club	female	Vet
66	18:51:00	David Hendry	Port Talbot Whs CC	male	Vet
67	18:51:00	Antony Howell	Port Talbot Whs CC	male	Vet
68	18:51:00	Hollie Labunsky	Port Talbot Whs CC	female	Senior
69	18:54:00	Dan Devine	Milford Tritons Cycling Club	male	Senior

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70	18:54:00	Jason Cole	Milford Tritons Cycling Club	male	Senior
71	18:54:00	james phillips	Milford Tritons Cycling Club	male	Vet
72	18:54:00	Tom Arnold	Milford Tritons Cycling Club	male	Senior
73	18:57:00	Ryan Semper	Tenby Aces CC	male	Senior
74	18:57:00	Dylan Lawrence	Tenby Aces CC	male	Vet
75	18:57:00	Steven Amos	Tenby Aces CC	male	Vet
76	18:57:00	Gareth Rees	Tenby Aces CC	male	Vet
77	19:00:00	Anthony Hayward	Milford Tritons Cycling Club	male	Senior
78	19:00:00	Simon Davies	Milford Tritons Cycling Club	male	Vet
79	19:00:00	Mark Whitby	Milford Tritons Cycling Club	male	Vet
80	19:00:00	Jeff Arnold	Milford Tritons Cycling Club	male	Vet
81	19:03:00	David Nicholas	Merthyr CC	male	Vet
82	19:03:00	blaine phelps	Merthyr CC	male	Vet
83	19:03:00	Jack Lee	Cwmcarn Paragon Cycling Club	male	Senior
84	19:03:00	Chris Lee	Merthyr CC	male	Vet
85	19:06:00	Tim Wood	Team Echelon	male	Vet
86	19:06:00	Jon Howard	Team Echelon	male	Vet
87	19:06:00	David Dickerson	Team Echelon	male	Vet
88	19:06:00	Jeremy Pile	Team Echelon	male	Vet
89	19:09:00	Mike Evans	Rhondda Triathlon Club	male	Vet
90	19:09:00	Mark Thomas	Rhondda Triathlon Club	male	Vet
91	19:09:00	Darren Bowden	Rhondda Triathlon Club	male	Vet
92	19:09:00	Robert Hughes	Rhondda Triathlon Club	male	Vet
93	19:12:00	Zach Minto		male	Vet
94	19:12:00	Andy Hoskins		male	Senior
95	19:12:00	Luke Dix		male	Senior
96	19:12:00	Andy Davies		male	Senior
97	19:15:00	David Kerr	Bynea Cycling Club	male	Senior
98	19:15:00	Guto Morgans	Cycle Specific	male	Senior
99	19:15:00	Jack TREMLETT	Bynea Cycling Club	male	Senior
100	19:15:00	Jamie Best	Bynea Cycling Club	male	Vet
Reserve	--	Dale bowler	Bynea Cycling Club	male	Senior
Reserve	--	Mel Best	Bynea Cycling Club	female	Senior
101	19:18:00	Chris Massey	Team Backstedt Bike Performance	male	Vet
102	19:18:00	Steven Powell	Team Backstedt Bike Performance	male	Vet
103	19:18:00	Michiel Vaal	Team Backstedt Bike Performance	male	Vet
104	19:18:00	Lee Thomas	Team Backstedt Bike Performance	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
105	19:21:00	Darrel Williams	Bynea Cycling Club	male	Vet
106	19:21:00	David Wilson-Evans	Bynea Cycling Club	male	Vet
107	19:21:00	Jonathan Hopkins	Bynea Cycling Club	male	Vet
108	19:21:00	yeung ng	Bynea Cycling Club	male	Vet
109	19:24:00	Grant Arnold	Pembrokeshire Velo	male	Senior
110	19:24:00	Ross McNally	Pembrokeshire Velo	male	Senior
111	19:24:00	Daniel Colman	Pembrokeshire Velo	male	Senior
112	19:24:00	Rob Dyde	Pembrokeshire Velo	male	Senior
113	19:27:00	Tristian Manning	ATAC - Ammanford Triathlon And Cycling	male	Senior
114	19:27:00	Jason Murphy	ATAC - Ammanford Triathlon And Cycling	male	Vet
115	19:27:00	Mark Williams	ATAC - Ammanford Triathlon And Cycling	male	Vet
116	19:27:00	Dean Williams	ATAC - Ammanford Triathlon And Cycling	male	Senior
117	19:30:00	Arwel Davies		male	Vet
118	19:30:00	Alexander Jenkins		male	Vet
119	19:30:00	Phil Willoughby		male	Senior
120	19:30:00	Emyr Griffiths		male	Vet
121	19:33:00	paul colman	Pembrokeshire Velo	male	Vet
122	19:33:00	Scott Nash	Pembrokeshire Velo	male	Vet
123	19:33:00	Daryl John	Pembrokeshire Velo	male	Vet
124	19:33:00	Robert Smith	Pembrokeshire Velo	male	Vet
125	19:36:00	Chris Smith	Cwmcarn Paragon Cycling Club	male	Senior
126	19:36:00	Luke Cornish	Cwmcarn Paragon Cycling Club	male	Senior
127	19:36:00	David Povall	Cwmcarn Paragon Cycling Club	male	Vet
128	19:36:00	Carwyn Davies	Cwmcarn Paragon Cycling Club	male	Vet
129	19:39:00	Nigel Williams	Ogmore Valley Wheelers	male	Vet
130	19:39:00	Anthony Mansell	Ogmore Valley Wheelers	male	Vet
131	19:39:00	Reece Adams	Ogmore Valley Wheelers	male	Vet
132	19:39:00	Steven Madeley	Ogmore Valley Wheelers	male	Vet
133	19:42:00	Christopher Gibbard	Bynea Cycling Club	male	Senior
134	19:42:00	Craig Seaman	Bynea Cycling Club	male	Senior
135	19:42:00	Stephen Evans	Bynea Cycling Club	male	Senior
136	19:42:00	Matthew Hanford	Bynea Cycling Club	male	Senior

Start Number	Start Time	Rider	Club	Gender	Category
137	19:45:00	Terry Anthony	Ogmore Valley Wheelers	male	Vet
138	19:45:00	Mark Rosser	Ogmore Valley Wheelers	male	Vet
139	19:45:00	Mark Bryant	Ogmore Valley Wheelers	male	Vet
140	19:45:00	Steve Curry	Ogmore Valley Wheelers	male	Vet
141	19:48:00	anthony jones		male	Vet
142	19:48:00	Philip Tucker	Cycle Specific	male	Senior
143	19:48:00	Dylan Morris	Cycle Specific	male	Vet
144	19:48:00	Lee Perrott	Cycle Specific	male	Senior
145	19:51:00	Rod Hicks	Port Talbot Whs CC	male	Vet
146	19:51:00	Andrew Martin	Port Talbot Whs CC	male	Vet
147	19:51:00	Neil Seaward	Port Talbot Whs CC	male	Senior
148	19:51:00	Owain Roberts	Port Talbot Whs CC	male	Senior
149	19:54:00	dean ware	Team Backstedt Bike Performance	male	Senior
150	19:54:00	joshua SANDMAN	Team Backstedt Bike Performance	male	Senior
151	19:54:00	Richard Gambling	Team Backstedt Bike Performance	male	Vet
152	19:54:00	Joshua Tarling		male	Espoir
153	19:57:00	Michael Portlock	Merthyr CC	male	Vet
154	19:57:00	Colin Wallace	Merthyr CC	male	Vet
155	19:57:00	Rich Long	Merthyr CC	male	Senior
156	19:57:00	Mark Prosser	Merthyr CC	male	Senior
157	20:00:00	Matthew Rowe	Veloflow - Traker Engineering CC	male	Senior
158	20:00:00	Andy Turner		male	Senior
159	20:00:00	Will Bjergfelt	AeroCoach	male	Para-cyclist
160	20:00:00	ioan smallwood	Cardiff Ajax CC	male	Senior