

# Startsheet

## Bynea CC

Start Number	Start Time	Rider	Club	Gender	Category
7	09:07:00	Darren Conway	Bynea Cycling Club	male	Senior
8	09:08:00	Rhys Owen		male	Senior
9	09:09:00	David Hill	Team NBCC	male	Vet
10	09:10:00	Garry Shephard	Rhondda Triathlon Club	male	Vet
11	09:11:00	Karl Burnell	Rhondda Triathlon Club	male	Vet
12	09:12:00	Tomos Jones		male	Espoir
13	09:13:00	Mark Thomas	Rhondda Triathlon Club	male	Vet
14	09:14:00	brian russell	Velo Teifi	male	Vet
15	09:15:00	Mark Phillips	Rhondda Triathlon Club	male	Senior
16	09:16:00	EDWARD MALARCZYK	Cwmcarn Paragon Cycling Club	male	Vet
17	09:17:00	Nigel Pitt	Bynea Cycling Club	male	Vet
18	09:18:00	Richard Hallett	Velo Teifi	male	Vet
19	09:19:00	Andrew Martin	Port Talbot Whs CC	male	Vet
20	09:20:00	Dylan Evans	Velo Teifi	male	Vet
21	09:21:00	Graham Dunn	Velo Teifi	male	Vet
22	09:22:00	carol bridge	Rhondda Triathlon Club	female	Senior
23	09:23:00	Antony Dunham		male	Vet
24	09:24:00	Tim Strang	Sarn Helen Club	male	Vet
25	09:25:00	Richard Beech	Ogmore Valley Wheelers	male	Vet
26	09:26:00	Rhys Jones		male	Senior
27	09:27:00	steven jones	Bynea Cycling Club	male	Vet
28	09:28:00	Huw Morgan		male	Vet
29	09:29:00	Peter Hollins	Chester Triathlon Club	male	Vet
30	09:30:00	Paul Rees	Bynea Cycling Club	male	Vet
31	09:31:00	Geoff Thomas	Rhondda Triathlon Club	male	Vet
32	09:32:00	Andrew Rees		male	Vet
33	09:33:00	Stuart Howe	Rhondda Triathlon Club	male	Vet
34	09:34:00	Kevin Bessant	Bynea Cycling Club	male	Vet
35	09:35:00	Colin Wallace	Merthyr CC	male	Vet
36	09:36:00	John Williams	Bynea Cycling Club	male	Vet
37	09:37:00	phillip turner	Bynea Cycling Club	male	Vet
38	09:38:00	Philip Thomas	Rhondda Triathlon Club	male	Senior
39	09:39:00	dominic norcross	Team NBCC	male	Vet
40	09:40:00	Richard Coomer	Pembrokeshire Velo	male	Vet
41	09:41:00	Nathan Miles	Pembrokeshire Velo	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
42	09:42:00	Michelle Fishbourne	Team Backstedt Bike Performance	female	Vet
43	09:43:00	Stephen Landeg	Ogmore Valley Wheelers	male	Vet
44	09:44:00	Robert Lucas	Port Talbot Whs CC	male	Vet
45	09:45:00	Emyr Griffiths		male	Vet
46	09:46:00	Robert Jones	Cardiff 100 Miles RCC	male	Vet
47	09:47:00	Gareth Ryan	Rhondda Triathlon Club	male	Senior
48	09:48:00	Lawrence Cronk	Team CRANC	male	Senior
49	09:49:00	Danielle Flawn	Cycle Specific	female	Senior
50	09:50:00	john Regan	Pembrokeshire Velo	male	Vet
51	09:51:00	john shehan	Bynea Cycling Club	male	Vet
52	09:52:00	Jason Roberts	Bynea Cycling Club	male	Vet
53	09:53:00	Guy Rees	Bynea Cycling Club	male	Senior
54	09:54:00	Chris Jones	Elite Cycling	male	Vet
55	09:55:00	Joe Beech	Ogmore Valley Wheelers	male	Senior
56	09:56:00	Andrew Evans	Port Talbot Whs CC	male	Vet
57	09:57:00	Alex John	Cycle Specific	male	Senior
58	09:58:00	Robert Hall	Cycle Specific	male	Senior
59	09:59:00	Steven Madeley	Ogmore Valley Wheelers	male	Vet
60	10:00:00	Christopher Holman	Team Bottrill	male	Senior
61	10:01:00	Chris Fairclough	Cwmcarn Paragon Cycling Club	male	Senior
62	10:02:00	Terry Anthony	Ogmore Valley Wheelers	male	Vet
63	10:03:00	Kyle Wheeler	Pembrokeshire Velo	male	Senior
64	10:04:00	David Thomas	Rhondda Triathlon Club	male	Senior
65	10:05:00	Oliver Simon	Team NBCC	male	Senior
66	10:06:00	Tom Cox	Northover VT / Rudy Project / SCS	male	Vet
67	10:07:00	Simon Davies	Milford Tritons Cycling Club	male	Vet
68	10:08:00	Owain Roberts	Port Talbot Whs CC	male	Senior
69	10:09:00	Stephen Evans	Bynea Cycling Club	male	Senior
70	10:10:00	Philip Tucker	Cycle Specific	male	Senior
71	10:11:00	Jon Vickery	Cwmcarn Paragon Cycling Club	male	Vet
72	10:12:00	Gary Flower	Acme Whs (Rhondda) CC	male	Vet
73	10:13:00	Diccon Hill	Cardiff 100 Miles RCC	male	Vet
74	10:14:00	Neil Gregory	Port Talbot Whs CC	male	Vet
75	10:15:00	Luke Cornish	Cwmcarn Paragon Cycling Club	male	Senior
76	10:16:00	Chris Fishbourne	Team Backstedt Bike Performance	male	Vet

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77	10:17:00	David Brice	Bynea Cycling Club	male	Vet
78	10:18:00	Rod Hicks	Port Talbot Whs CC	male	Vet
79	10:19:00	Paul Winchcombe	Chippenham & District Wheelers	male	Vet
80	10:20:00	Kieron Davies	DRAG2ZERO	male	Senior