

# Startsheet

## Bynea CC

Start Number	Start Time	Rider	Club	Gender	Category
11	09:11:00	Paul Rees	Bynea Cycling Club	male	Vet
12	09:12:00	Alex John	Cycle Specific	male	Senior
13	09:13:00	David Brice	Bynea Cycling Club	male	Vet
14	09:14:00	Celia Boothman	Pembrokeshire Velo	female	Vet
15	09:15:00	Colin Wallace	Merthyr CC	male	Vet
16	09:16:00	Chris Jones	Elite Cycling	male	Vet
17	09:17:00	andy kelly	Bristol South Cycling Club	male	Vet
18	09:18:00	Richard Goddard	Newport (Shropshire) CC	male	Vet
19	09:19:00	Diane Hynam	Bynea Cycling Club	female	Vet
20	09:20:00	anthony jones		male	Vet
21	09:21:00	Will Bjergfelt	AeroCoach	male	Para-cyclist
22	09:22:00	Lawrence Cronk	Team CRANC	male	Senior
23	09:23:00	Nathan Miles	Pembrokeshire Velo	male	Vet
24	09:24:00	AUSTIN HEATH	Bynea Cycling Club	male	Vet
25	09:25:00	paul colman	Pembrokeshire Velo	male	Vet
26	09:26:00	Diccon Hill	Cardiff 100 Miles RCC	male	Vet
27	09:27:00	Michelle Fishbourne	Team Backstedt Bike Performance	female	Vet
28	09:28:00	Geoff Thomas	Rhondda Triathlon Club	male	Vet
29	09:29:00	Shirley Howell	Port Talbot Whs CC	female	Vet
30	09:30:00	Luke Cornish	Cwmcarn Paragon Cycling Club	male	Senior
31	09:31:00	Alexander Jenkins		male	Vet
32	09:32:00	Ross Morgan	Port Talbot Whs CC	male	Senior
33	09:33:00	Danielle Flawn	Cycle Specific	female	Senior
34	09:34:00	Caryl Williams-Ford	Bynea Cycling Club	female	Vet
35	09:35:00	Peter Watson	Harrogate Nova CC	male	Senior
36	09:36:00	Luke Smith	Bristol South Cycling Club	male	Vet
37	09:37:00	Andrew Rees		male	Vet
38	09:38:00	Kevin Bessant	Bynea Cycling Club	male	Vet
39	09:39:00	Tomos Perkins	Towy Riders Cycle Club	male	Espoir
40	09:40:00	Christopher Gibbard	Bynea Cycling Club	male	Senior
41	09:41:00	Ed Tarelli	Race Hub	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
42	09:42:00	Josh Townsend	Bynea Cycling Club	male	Senior
43	09:43:00	Colin Barrett	Tenby Aces CC	male	Vet
44	09:44:00	Peter Hollins	Chester Triathlon Club	male	Vet
45	09:45:00	Emyr Griffiths		male	Vet
46	09:46:00	Robert Hughes	Rhondda Triathlon Club	male	Vet
47	09:47:00	Steve Bray	Salt and Sham Cycle Club	male	Vet
48	09:48:00	David Astins	Pembrokeshire Velo	male	Vet
49	09:49:00	Paul Griffiths	Cardiff Ajax CC	male	Vet
50	09:50:00	ioan smallwood	Cardiff Ajax CC	male	Senior
51	09:51:00	Chris Fishbourne	Team Backstedt Bike Performance	male	Vet
52	09:52:00	David Thomas	Rhondda Triathlon Club	male	Senior
53	09:53:00	john shehan	Bynea Cycling Club	male	Vet
54	09:54:00	Mark Rooke	Rhondda Triathlon Club	male	Vet
55	09:55:00	Michael Portlock	Merthyr CC	male	Vet
56	09:56:00	Neil Gregory	Port Talbot Whs CC	male	Vet
57	09:57:00	John Williams	Bynea Cycling Club	male	Vet
58	09:58:00	Antony Howell	Port Talbot Whs CC	male	Vet
59	09:59:00	Huw MORGAN		male	Vet
60	10:00:00	Kieron Davies	DRAG2ZERO	male	Senior