

Startsheet

www.realteam.co.uk (chq to M Heritage-Owen)

Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	David Parry	Cwmcarn Paragon Cycling Club	male	Vet
2	14:02:00	Jack Ramsbottom		male	Espoir
3	14:03:00	Dorian Rees	Sarn Helen Club	male	Vet
4	14:04:00	Phillip Bradshaw	Cwmcarn Paragon Cycling Club	male	Vet
5	14:05:00	Scott Ramsey		male	Senior
6	14:06:00	Jonathan Heath		male	Senior
7	14:07:00	John Aspell		male	Vet
8	14:08:00	Lawrence Cronk	Team CRANC	male	Senior
9	14:09:00	David Thomas	Rhondda Triathlon Club	male	Senior
10	14:10:00	Colin Wallace	Merthyr CC	male	Vet
11	14:11:00	Morgan Lloyd	Towy Riders Cycle Club	male	Espoir
12	14:12:00	Hefin Evans	Bynea Cycling Club	male	Senior
13	14:13:00	Euan Hawkins	Maindy Flyers Cycling Club	male	Espoir
14	14:14:00	Rob Jones	Cardiff Ajax CC	male	Vet
15	14:15:00	Ed Laverack	JLT Condor	male	Senior