

# Startsheet

## Norwich ABC

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Nick Parvanni	CC Breckland	male	Vet
2	09:02:00	Patrick Ellis	Diss & District CC	male	Vet
3	09:03:00	Victoria Richardson	Giant Camden Team Liv	female	Senior
4	09:04:00	Gavin Mortlock	Colchester Rovers CC	male	Vet
5	09:05:00	Paul Hayward	VC Baracchi	male	Vet
6	09:06:00	Amy Pritchard	Giant Camden Team Liv	female	Vet
7	09:07:00	Paul Rooke	West Suffolk Wheelers	male	Senior
8	09:08:00	Simon Tate	Great Yarmouth C C	male	Senior
9	09:09:00	Damon Parker	Plomesgate CC	male	Vet
10	09:10:00	Pierre Scrase		male	Senior
11	09:11:00	Simon Daw	Schils - Doltcini RT	male	Vet
12	09:12:00	James Anderson	Iceni Velo	male	Vet
13	09:13:00	Simon Smith	Ride Harder	male	Vet
14	09:14:00	Denise Yeats	Giant Camden Team Liv	female	Vet
15	09:15:00	Chris Tye	Plomesgate CC	male	Vet
16	09:16:00	Denise Hurren	Sole Bay Cycle Sport	female	Vet
17	09:17:00	John Vidler	Plomesgate CC	male	Vet
18	09:18:00	Douglas Reilly	Godric CC	male	Vet
19	09:19:00	David Collins	Diss & District CC	male	Vet
20	09:20:00	Paul Vickers	West Suffolk Wheelers	male	Vet
21	09:21:00	Oliver Cozens	Norwich A B C	male	Senior
22	09:22:00	Jennifer Smart	VC Norwich	female	Vet
23	09:23:00	Mark Fairhead	CC Breckland	male	Vet
24	09:24:00	Mark Thompson	Rock Estate	male	Vet
25	09:25:00	Simon Scott	Anglia Velo	male	Vet
26	09:26:00	James Walsgrove	Ride Harder	male	Vet
27	09:27:00	Bob Quarton	Wolsey RC	male	Vet
28	09:28:00	Steve Dickens	Ride Harder	male	Vet
29	09:29:00	Tracy Youngman	Rock Estate	female	Vet
30	09:30:00	Matt O'brien	Plomesgate CC	male	Vet
31	09:31:00	Lee Garrod	Sole Bay Cycle Sport	male	Vet
32	09:32:00	Jim Hardwicke	Plomesgate CC	male	Vet
33	09:33:00	Gavin Lewis	Schils - Doltcini RT	male	Senior
34	09:34:00	Peter Beard	Stowmarket & District CC	male	Vet

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

<b>StartNumber</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
35	09:35:00	Steve Cave	Plomesgate CC	male	Vet
36	09:36:00	John Manlow	Ely & District CC/B&T Motor Repairs	male	Vet
37	09:37:00	Kay Burgess	Team Velovelocity	female	Vet
38	09:38:00	Emma Taylor	Stowmarket & District CC	female	Senior
39	09:39:00	Alan Mcguire	Ipswich BC	male	Vet
40	09:40:00	Stuart Fairweather	Team Velovelocity	male	Vet
41	09:41:00	John Swindells	Iceni Velo	male	Vet
42	09:42:00	Trevor Caley	Plomesgate CC	male	Vet
43	09:43:00	Patrick Charlton	Wolsey RC	male	Vet