## **Startsheet**

## **Hainault RC (Hilly)(SPOCO SE)**

Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	Antonio Paolino	Essex Roads CC	male	Vet
2	10:02:00	David Barrett	East London Triathletes	male	Vet
3	10:03:00	Laurence Bellamy	Shaftesbury CC	male	Vet
4	10:04:00	Matt Haigh	Essex Roads CC	male	Vet
5	10:05:00	Charlie Knowler	West Suffolk Wheelers	male	Espoir
6	10:06:00	Gill Carter	Essex Roads CC	female	Vet
7	10:07:00	Fazl Buchari	Brothers On Bikes	male	Senior
8	10:08:00	Gary Foster		male	Vet
9	10:09:00	John Loxley	Colchester Rovers CC	male	Vet
10	10:10:00	Gary Boyd	Hub Velo	male	Vet
11	10:11:00	David Smith	East London Velo	male	Senior
12	10:12:00	James Bromley	Becontree Wheelers CC	male	Vet
13	10:13:00	Duncan Coulter	Rapha Cycling Club	male	Senior
14	10:14:00	Peter Exton		male	Vet
15	10:15:00	Noah Knock	Victoria Cycling Club	male	Vet
16	10:16:00	Ciaran Hutchinson	Finsbury Park CC	male	Senior
17	10:17:00	Simon Mac	London Phoenix CC	male	Vet
18	10:18:00	John Smith	East London Triathletes	male	Vet
19	10:19:00	Ahmed Mangera	Islington Cycling Club	male	Senior
20	10:20:00	Mj (gosia) Cyganowska	Rapha Cycling Club	female	Vet
21	10:21:00	Anton Blackie	Rapha Cycling Club	male	Senior
22	10:22:00	Nick Taylor	Metropolitan Police Cycle Club	male	Vet
23	10:23:00	Steven Parrott		male	Senior
24	10:24:00	Kerry Marsh	Maldon & District CC	female	Senior
25	10:25:00	Panos Kakoullis	East London Triathletes	male	Vet
26	10:26:00	Graham Brant	Ciclos Uno	male	Vet
27	10:27:00	Adam Lowe	Metropolitan Police Cycle Club	male	Vet
28	10:28:00	Anthony Taylor	North Road CC	male	Vet
29	10:29:00	Michael Rolfe	East London Velo	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
30	10:30:00	Wolfgang Emmerich	London Phoenix CC	male	Vet
31	10:31:00	James Conway	Metropolitan Police Cycle Club	male	Vet
32	10:32:00	Graham Lawrenson	Hainault RC	male	Vet
33	10:33:00	Gareth Davies	London Phoenix CC	male	Vet
34	10:34:00	Ian Philp		male	Vet
35	10:35:00	Derrick Thirlwell	Kingston Wheelers CC	male	Vet
36	10:36:00	Geoff Bores	Ford CC	male	Vet
37	10:37:00	Vincent Christan	East London Velo	male	Senior
38	10:38:00	Colin Doe	Ford CC	male	Vet
39	10:39:00	lan Watson	Metropolitan Police Cycle Club	male	Vet
40	10:40:00	Paul Ruffy	Eat Plants Not Pigs CC	male	Vet
41	10:41:00	Michelle Sellars	London Phoenix CC	female	Vet
42	10:42:00	Junaid Ibrahim	Victoria Cycling Club	male	Senior
43	10:43:00	Karen Cole		female	Vet
44	10:44:00	Rebecca Hammond	Maldon & District CC	female	Senior
45	10:45:00	David Churchill	Direct Power Cycling Team	male	Vet
46	10:46:00	Daniel Sharp	Charlotteville Cycling Club	male	Vet
47	10:47:00	Chris Hartley	Ford CC	male	Vet
48	10:48:00	Richard Pimlott	Finsbury Park CC	male	Vet
49	10:49:00	Stephen Britz	Hainault RC	male	Senior
50	10:50:00	Rob Chaplin	East London Velo	male	Vet
51	10:51:00	Hugh Williams	Pro Vision RC	male	Vet
52	10:52:00	Simon Neatham	Finsbury Park CC	male	Vet
53	10:53:00	Colum Sharkey		male	Vet
54	10:54:00	Andrew Glessing	Crest CC	male	Vet
55	10:55:00	Michael Naulls	Velo Club Venta	male	Vet
56	10:56:00	Peter Tibbitts	Ford CC	male	Vet
57	10:57:00	Robert Jones	Cardiff 100 Miles RCC	male	Vet
58	10:58:00	Frank Mcgowan	Hainault RC	male	Vet
59	10:59:00	Paul Vriend	Onyx RT	male	Senior
60	11:00:00	Matt Steel	Shaftesbury CC	male	Vet
61	11:01:00	lan Braybrook	Basildon CC	male	Vet
62	11:02:00	Russell Hampton	Bioracer UK RT	male	Senior
63	11:03:00	Richard Stevens	Shaftesbury CC	male	Vet
64	11:04:00	Michael Parsons	Lea Valley CC	male	Senior
65	11:05:00	Stuart Weatherley	TPH Racing	male	Senior
66	11:06:00	Harry Wood	Maldon & District CC	male	Senior
67	11:07:00	Gregory Smith	Finsbury Park CC	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
68	11:08:00	Harry Moore	Cycling Club Hackney	male	Vet
69	11:09:00	Jeremy Parker	Metropolitan Police Cycle Club	male	Vet
70	11:10:00	Russell Kober	Hainault RC	male	Vet
71	11:11:00	Trevor Phillips	Essex Roads CC	male	Vet
72	11:12:00	Dominic Bray	Finsbury Park CC	male	Vet
73	11:13:00	James Hill	Forest Side Riders	male	Vet
74	11:14:00	Graham Galvin	East London Velo	male	Vet
75	11:15:00	Toby Cowell	Cambridge University CC	male	Senior
76	11:16:00	Michael Atkinson	North Road CC	male	Senior
77	11:17:00	Elizabeth Marvelly	Doltcini O'Shea Cycle Division	female	Senior
78	11:18:00	Kelvin Fleuty	Maldon & District CC	male	Vet
79	11:19:00	Ameer Ahmad	Brothers On Bikes	male	Senior
80	11:20:00	Nicholas Candy	North Road CC	male	Senior
81	11:21:00	Alex Elferink	East London Velo	male	Vet
82	11:22:00	Jamie Maidment	Eat Plants Not Pigs CC	male	Senior
83	11:23:00	Tom Elwood	Hutchinson - Brother UK	male	Senior
84	11:24:00	Brendan O'brien	Eagle Road Club	male	Vet
85	11:25:00	Lloyd Chapman	Plomesgate CC	male	Senior
86	11:26:00	Mark Mcgee	Maldon & District CC	male	Vet
87	11:27:00	Andrew Beaman	Victoria Cycling Club	male	Vet
88	11:28:00	Katharine Hibbert	Islington Cycling Club	female	Senior
89	11:29:00	Stuart Payne	Ford CC	male	Vet
90	11:30:00	John Mulvey	UpShift Nutrition Race Team	male	Senior
91	11:31:00	Christopher Smith	Eat Plants Not Pigs CC	male	Senior
92	11:32:00	John Watson	Hitchin Nomads CC	male	Vet
93	11:33:00	Adam Hardy	Crest CC	male	Senior
94	11:34:00	Jeremy Greenwood	Finsbury Park CC	male	Vet
95	11:35:00	Felix Barker	UpShift Nutrition Race Team	male	Senior
96	11:36:00	Lee Kennedy	Army Cycling	male	Senior
97	11:37:00	Daniel Ryan	North Road CC	male	Senior
98	11:38:00	Tom Haines	East London Velo	male	Vet
99	11:39:00	Timothy Chilvers	Maldon & District CC	male	Senior
100	11:40:00	Rhys Howells	Richardsons-Trek RT	male	Senior
101	11:41:00	Andy Stuart	Velo Club St Raphael	male	Vet
102	11:42:00	Paul Hart	Southend Wheelers	male	Senior