

# CC Breckland

**29/06/2019 16:00**

**B50/20**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

### **Route from HQ to start**

### **Course details**

B50/20 (Attleborough – Snetterton – Wymondham – Attleborough Circuit) START at paint mark on road adjacent to A11 westbound slip road – Attleborough (B10/3B Start) join A11 via slip road. Proceed westbound onto A11. Cross Attleborough RAB and proceed on A11 to exit onto slip road signed 'Snetterton Circuit/Horse Welfare' (brown sign). Take slip road to first RAB and take first exit. At second RAB take first exit, continue over A11 (bridge) to third RAB where take first exit. At fourth RAB take first exit to slip road to join A11. Proceed eastbound to start of circuit 0.64 miles before RAB (6.12 miles). Start circuit: continue eastbound, crossing Attleborough RAB, passing all junctions, take slip road signed 'Mulbarton' and take slip road to RAB. Take third exit across bridge to second RAB. Take second exit (slip road to A11 westbound). Retrace on A11 passing all slip roads to Snetterton Circuit/Horse Welfare slip road. Exit and retrace over bridge and RABs to rejoin A11 eastbound. Proceed on A11 to complete circuit 0.64 miles before RAB (28.06 miles). Complete circuit to FINISH at paint mark 0.64 miles before RAB (50.00 miles).

## **Local regulations**

## **Organiser contact details**

Mark Fairhead  
19 Sawmill Close Wymondham  
01953 600497

markfairhead@btinternet.com

## **Time keepers/officials**

## **Course records**

## **Awards/prizes**

## **NOTES TO COMPETITORS:**

### **17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## CC Breckland

Start Number	Start Time	Rider	Club	Gender	Category
4	16:04:00	Mark Fairhead	CC Breckland	male	Vet
5	16:05:00	David Shepherd	...a3crg	male	Vet
6	16:06:00	Ian Turner	North Road CC	male	Vet
7	16:07:00	Tracy Rowlinson	Lyme Racing Club	female	Vet
8	16:08:00	Peter Horsnell	Chelmer CC	male	Vet
9	16:09:00	Jo Fisk	Ride Harder	female	Vet
10	16:10:00	Stephen Williamson	...a3crg	male	Vet
11	16:11:00	Steve Cotton	Iceni Velo	male	Vet
12	16:12:00	Kathryn Smith	Sleaford Wheelers Cycling Club	female	Vet
13	16:13:00	Barrie Whittaker	Lyme Racing Club	male	Vet
14	16:14:00	Brian Carr	Great Yarmouth C C	male	Vet
15	16:15:00	Jason Turner	Norwich A B C	male	Vet
16	16:16:00	Adam Fisher	Cambridge CC	male	Senior
17	16:17:00	Ann Shuttleworth	Cambridge CC	female	Vet
18	16:18:00	Phil Wright	Hartlepool CC	male	Vet
19	16:19:00	David Smith	Sleaford Wheelers Cycling Club	male	Vet
20	16:20:00	Leon West	CC Sudbury	male	Vet
21	16:21:00	Chris Nudds	CC Breckland	male	Vet
22	16:22:00	Murray Kirton	A5 Rangers CC	male	Vet
23	16:23:00	Ian Short	Team Salesengine.co.uk	male	Vet
24	16:24:00	Zena Palgrave	Ely & District CC/B&T Motor Repairs	female	Vet
25	16:25:00	Mark Smith	Crawley Wheelers	male	Vet
26	16:26:00	Paul Dennington	VC Baracchi	male	Vet
27	16:27:00	Simon Boyle	Orwell Velo	male	Vet
28	16:28:00	Jon Talbot	Wisbech Whs	male	Vet
29	16:29:00	Nick Parravani	CC Breckland	male	Vet
30	16:30:00	Robert Bullyment	Catford CC Ltd	male	Vet
31	16:31:00	Daniel Ryan	North Road CC	male	Senior
32	16:32:00	Paul Sexton	CC Breckland	male	Vet
33	16:33:00	Jonny Hawes	Great Yarmouth C C	male	Senior
34	16:34:00	Mark Smart	VC Norwich	male	Vet
35	16:35:00	Alex Lubbock	Bedfordshire Road CC	male	Senior

Start Number	Start Time	Rider	Club	Gender	Category
36	16:36:00	Greg Melia	York Cycleworks	male	Senior
37	16:37:00	Liam Somerville		male	Senior
38	16:38:00	Jennifer Smart	Team Velovelocity	female	Vet
39	16:39:00	Philip Jones	Peterborough CC	male	Vet
40	16:40:00	Richard Carrington	West Suffolk Wheelers	male	Vet
41	16:41:00	Chris Tye	Plomesgate CC	male	Vet
42	16:42:00	Mandy Bunn	Parenesis - TotalVelo Cycling	female	Vet
43	16:43:00	Nick Esser	D A P Cycling Club	male	Vet
44	16:44:00	Jan Smith	Great Yarmouth C C	female	Vet
45	16:45:00	Chris Holmes	Twickenham CC	male	Vet
46	16:46:00	Andrew Knowles	North Norfolk Whs	male	Senior
47	16:47:00	Ian Pike (trike)	Lincoln Wheelers CC	male	Vet
48	16:48:00	Adam Bishop	Lea Valley CC	male	Vet
49	16:49:00	Jenny Anderson	Great Yarmouth C C	female	Vet
50	16:50:00	Dan Bromilow	Ely & District CC/B&T Motor Repairs	male	Vet
51	16:51:00	Philip Watkins	North Norfolk Whs	male	Vet
52	16:52:00	Denise Hurren	Team Velovelocity	female	Vet
53	16:53:00	Bob Quarton	Wolsey RC	male	Vet
54	16:54:00	Joy Payne	Amersham Road Cycling Club	female	Vet
55	16:55:00	John Swindells	Iceni Velo	male	Vet
56	16:56:00	Neil Allonby	Icknield RC	male	Vet
57	16:57:00	Mike Watson	CC Breckland	male	Vet
58	16:58:00	Keith Loveman	Verulam CC	male	Vet
59	16:59:00	Eddy Clutton	Kettering CC	male	Vet
60	17:00:00	Andrew Grant	Cambridge CC	male	Vet
61	17:01:00	Oliver Cozens	Norwich A B C	male	Senior
62	17:02:00	Nick Hickman	Team Salesengine.co.uk	male	Vet
63	17:03:00	Johnathan Lincoln	Great Yarmouth C C	male	Vet
64	17:04:00	Noel Toone	Kettering CC	male	Vet
65	17:05:00	Chris Lea	Buxton CC/Sett Valley Cycles	male	Vet
66	17:06:00	Dale Sturman	West Suffolk Wheelers	male	Vet
67	17:07:00	Geoff Perry	Born to Bike - Bridgtown Cycles	male	Vet
68	17:08:00	Ivan Carr	Team PedalRevolution.co.uk	male	Vet
69	17:09:00	Paul Bachini	Icknield RC	male	Senior
70	17:10:00	Gavin Hinxman (trike)	DRAG2ZERO	male	Vet
71	17:11:00	Neil Empson	Wisbech Whs	male	Senior
72	17:12:00	Katja Rietdorf	Born to Bike - Bridgtown Cycles	female	Vet

Start Number	Start Time	Rider	Club	Gender	Category
73	17:13:00	Chris Womack	VC Baracchi	male	Vet
74	17:14:00	Gerry McGarr	Gloucester City Cycling Club	male	Vet
75	17:15:00	Andrew Askwith	Vive Le Velo	male	Vet
76	17:16:00	John Golder	Chelmer CC	male	Vet
77	17:17:00	Lee Garrod	Sole Bay Cycle Sport	male	Vet
78	17:18:00	Rory French	Rock Estate	male	Vet
79	17:19:00	James Cheeseman	Lindfield Coffee Works	male	Senior
80	17:20:00	Kevin Baumber	Shaftesbury CC	male	Vet
81	17:21:00	Jackie Field	CC Ashwell	female	Vet
82	17:22:00	Phil Lee	Wisbech Whs	male	Vet
83	17:23:00	Ritchie Parkins	Diss & District CC	male	Vet
84	17:24:00	Mark Saunders	VC Baracchi	male	Vet
85	17:25:00	Dan Blackburn	VC Norwich	male	Vet
86	17:26:00	Becky Taylor	Wisbech Whs	female	Vet
87	17:27:00	Paul Hayward	VC Baracchi	male	Vet
88	17:28:00	Julian Claxton	Great Yarmouth C C	male	Senior
89	17:29:00	Kevin Hobbs	Peterborough CC	male	Vet
90	17:30:00	Dave Green	CC Breckland	male	Vet