

# Valley Striders CC

06/07/2019 14:00

v235

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

Arkendale Village Hall.

<http://www.satich.org.uk/arken/hallmap.htm>

Hall open from midday. First rider off at 14:01.

Please do not park in the pub car park, please use the hall car park on the opposite side of the road.

No cleats in the hall please.

## Route from HQ to start

Leave the hall car park (opposite side of the road to the hall). Turn right and head towards the A168. Approx 1 mile to the A168 junction and turn right. Head south on the A168 for about half mile until reaching Rabbit Hill where the start is. Allow 15-20 minutes to ride there.

<https://www.strava.com/routes/5464087>

## Course details

start approx. 3.5 miles south of boroughbridge, in entrance to a168 from old a1 (now a long layby) at a point approx. 1 yard before "clearway" sign. turn left on to a168, and proceed south to walshford traffic island (4.72 mls). encircle island and retrace north along a168, past start, to boroughbridge south traffic island (12.27 mls) encircle island and retrace south on a168 to walshford ti (2nd time) (19.86 mls). encircle island and proceed north on a168, to finish at northern end of crash barrier protecting road direction sign, on west side of road, approx. 150yds south of arkendale road (25 miles).

## **Local regulations**

## **Organiser contact details**

Mike Furby  
7 Cricketers View Shadwell Leeds  
07833083567

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## **Time keepers/officials**

## **Course records**

## **Awards/prizes**

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Valley Striders CC

Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Liz Ball	Valley Striders Cycling Club	female	Vet
2	14:02:00	Ala Whitehead	Rockingham CC	female	Vet
3	14:03:00	Andrew Marr	Whitby Whs	male	Vet
4	14:04:00	Tony Boynton	City RC (Hull)	male	Vet
5	14:05:00	Claire Jessop	Otley CC	female	Vet
6	14:06:00	Jo Scott		female	Vet
7	14:07:00	Greg Jessop	Otley CC	male	Vet
8	14:08:00	Eleanor Stafford	Valley Striders Cycling Club	female	Vet
9	14:09:00	Mel Bentley	West Yorks Police CC	male	Vet
10	14:10:00	Sarah Lewthwaite	Team Sportslab	female	Vet
11	14:11:00	Roy Flanagan	Rossendale Cycling Club	male	Vet
12	14:12:00	Ian Ambler	Rockingham CC	male	Vet
13	14:13:00	Mike Cole	Huddersfield RC	male	Vet
14	14:14:00	Lee Hemmings	Rochdale Tri Club	male	Vet
15	14:15:00	Mark Walker		male	Senior
16	14:16:00	Melvin Blackford	Vive Le Velo	male	Vet
17	14:17:00	Martin Broadhead	Rockingham CC	male	Vet
18	14:18:00	James Bray	Hull Thursday RC	male	Senior
19	14:19:00	Lee Mitchell	Jackpot Racing	male	Vet
20	14:20:00	Steven Burke		male	Senior
21	14:21:00	Matthew Asquith	Team Sportslab	male	Vet
22	14:22:00	Paul Warrener	Rossendale Cycling Club	male	Vet
23	14:23:00	Jason Procter	Valley Striders Cycling Club	male	Vet
24	14:24:00	Frank Healy	Ravensthorpe CC	male	Vet
25	14:25:00	Jymmy Trevor	Hull Thursday RC	male	Vet
26	14:26:00	Mark Morris	Harrogate Nova CC	male	Vet
27	14:27:00	Colin Birchall	HD Revolutions	male	Vet
28	14:28:00	Alexander Broadhead	Rockingham CC	male	Senior
29	14:29:00	Sean O'halloran	Leeds & Bradford Tri Club	male	Senior
30	14:30:00	Anthony Ashworth	Wetherby Whs	male	Vet
31	14:31:00	Mark Johnson	Yorkshire Road Club	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
32	14:32:00	Anthony Mcnamara	Rockingham CC	male	Vet
33	14:33:00	David Morley	Valley Striders Cycling Club	male	Vet
34	14:34:00	Steven Scott	Albarosa CC	male	Vet
35	14:35:00	Robert Cooke	Rockingham CC	male	Vet
36	14:36:00	Chris Johnson	Valley Striders Cycling Club	male	Vet
37	14:37:00	Rich Banks	Calder Clarion	male	Vet
38	14:38:00	Neil Trench	Rockingham CC	male	Vet
39	14:39:00	Chris Dooley	Valley Striders Cycling Club	male	Vet
40	14:40:00	Steve Gibson	Peak Road Club	male	Vet
41	14:41:00	Oliver Potter	Rockingham CC	male	Vet
42	14:42:00	David Taylor	Ravensthorpe CC	male	Vet
43	14:43:00	Graham Barker	Rockingham CC	male	Vet
44	14:44:00	Andy Clark	Rutland Cycling Club	male	Vet
45	14:45:00	Daniel Shaw	Halifax Imperial Wheelers	male	Vet
46	14:46:00	Ciaran Pickering	Team Sportslab	male	Vet
47	14:47:00	David Lacy	Airedale Olympic	male	Vet
48	14:48:00	Neil Bisby	Rockingham CC	male	Vet
49	14:49:00	Simon Hunt	Calder Clarion	male	Vet
50	14:50:00	Richard Dean	Rockingham CC	male	Vet
51	14:51:00	Paul Mapletoft	Kiveton Park Cycling Club	male	Vet
52	14:52:00	Jost Mullenheim	Cleveland Wheelers CC	male	Vet
53	14:53:00	Alex Ingham	AIMS Cycling	male	Vet
54	14:54:00	Douglas Jaram	Hull Thursday RC	male	Vet
55	14:55:00	Richard Lilleker	Cleveland Wheelers CC	male	Senior
56	14:56:00	Patrick Beilby	Velo Club Long Eaton	male	Vet
57	14:57:00	Simon Hulme	Royal Air Force Cycling Association	male	Vet
58	14:58:00	Mark Stokes	Hambleton RC	male	Vet
59	14:59:00	Gareth Tupling	Whitby Whs	male	Senior
60	15:00:00	Philip Graves	VC York	male	Senior
61	15:01:00	Ross Burton	Calder Clarion	male	Vet
62	15:02:00	Mike Dalton	Stockton Wheelers CC	male	Senior