# **GTR Return to Life (Juveniles only)**

28/09/2019 10:00

ww1/04

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

#### Route from HQ to start

#### **Course details**

Start under the Fort Matilda train bridge at the bottom of the Lyle Hill and finishes just beyond the car parking bays at the top.

Please do not warm up on the course after 09:50. Helmets are compulsory for the race and a rear light is recommended.

#### **Local regulations**

#### Organiser contact details

Matt Hennon 2 Kincaid Court, Flat 2/1 Greenock 07795672520

matt.hennon@sky.com

### Time keepers/officials

#### Course records

As far as we know the record is 3:56 and was set by Jason MacIntyre in October 2006.

### Awards/prizes

#### **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

## **Startsheet**

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Start Number	Start Time	Rider	Club	Gender	Category
30	10:30:00	James Ross	Johnstone Wheelers	male	Espoir
31	10:31:00	Shaun Wiseman	Inverclyde Velo	male	Espoir
32	10:32:00	(Conal Davidson	Johnstone Wheelers	male	Espoir
33	10:33:00	Louie Urquhart- dixon	Johnstone Wheelers	male	Espoir