

VC Glasgow South (Tandems)(fee per rider)(entries close 06/06/21)

Open Tandem Event

12/06/2021 10:00

WW10/02

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Race HQ will be outdoors in the car park at Eastwood Golf Club, Muirsheld, Loganswell, Newton Mearns, Glasgow G77 6RX. <https://www.google.com/maps/@55.7488399,-4.3628184,15z>

Please note there are no toilets available at the Race HQ. The closest public toilets are at "The Avenue", Mearns Cross.

Route from HQ to start

Route to Start

<https://www.google.com/maps/dir/55.7531753,-4.3600503/Glasgow/@55.7483157,-4.3712121,15z/data=!3m1!4b1!4m9!4m8!1m0!1m5!1m1!1s0x48883795264a2599:0x1c35bed8912d3e99:4.3611704!2d55.7452166!3e1>

When cycling to and from the start please uses the cycle lane to avoid the race route.

Course details

Start on A77 West of junction with M77 Roundabout opposite entrance to East Renfrewshire Golf Club proceed on A77 to roundabout after Junction 6, Galston exit from M77 and retrace to finish at the entrance to the East Renfrewshire Golf Club near junction with M77 Roundabout

Local regulations

Covid 19 rules

You should not attend if you feel ill in ANY way especially if you or family members have any symptoms.

You should be aware that an elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and that you should DNS and leave immediately and not go to the start line if you feel this is the case.

All warm ups to be conducted independently and ideally competitors should not warm up in the Race HQ car park, please warm up on the road individually but please avoid the race route.

Turbo trainers can only be used if warming up is carried out independently away from the event HQ. It will be possible to warm up on Mearns Road between the entrance to Race HQ and the junction with the Glasgow Southern Orbital.

Competitors on finishing should not stop at the finish and should not loiter at the HQ/car park. Upon completion of their ride all competitors should sign out promptly and having done so then pack away and leave immediately.

Unless using a skinsuit with transparent pockets all competitors must bring their own safety pins to secure their number.

Organiser contact details

Allan Maxwell
26 Eaglesham Road Glasgow
07501 506775

allanmaxwell27@gmail.com

Time keepers/officials

Starter - Jim Smith

Finish - Linda & Geoff Smith

Course records

Solo Male

19:41

John Archibald

16-Jun-18 | vc glasgow south

Solo Female

25:47

Kate Richardson

24-Jun-18 | national youth championship (scotland dc)(glasgow united cc)(under 17 on 31 august)

Solo Male (Junior)

22:40

Alexander Dent

20-May-17 | national youth championship (scotland dc)(glasgow united cc)(under 17 on 31 august)

Solo Female (Junior)

25:47

Kate Richardson

24-Jun-18 | national youth championship (scotland dc)(glasgow united cc)(under 17 on 31 august)

Tandem

23:03

Jack Peasgood, Alison Patrick

16-Jun-18 | vc glasgow south (tandems)(fee per rider)

Awards/prizes

There will be no prize giving on the day.

Results will be published on the CTT website.

Prize winners will be contacted by email.

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

VC Glasgow South (Tandems)(fee per rider)(entries close 06/06/21)

Start Number	Start Time	Rider	Club	Gender	Category
6	10:12:00	Isobel Fletcher	VC Glasgow South	female	Vet
6	10:12:00	Allan MacLean	VC Glasgow South	male	Vet
7	10:14:00	Lorna Sloan	Ayrodynamic Triathlon Club	female	Vet
7	10:14:00	John Lumley	Ayrodynamic Triathlon Club	male	Vet