

FCA / Kennoway RC

10 mile Time Trial, Freuchie

01/08/2021 09:00

WE10/02

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Freuchie Cricket Club,

Freuchie

KY15 7HW

Open from 8:00 am

Route from HQ to start

From HQ - Out to A92 and South for approx 1/2 mile to Start heading North just off New Inn Roundabout.

Do NOT turn in road adjacent to start, but proceed to New Inn and turn on the Roundabout.

Course details

WE10/02 Start on A92 on opposite side of road from signpost showing New Inn roundabout approx 400 metres north of New Inn roundabout. Proceed north to Melville Lodges Roundabout (4.8 miles). Turn left onto A91 and proceed to Trafalgar Junction (5.8 miles). Turn left onto B937 to junction with unclassified road at Heather Hall woods. Turn right to Shiels Triangle. At triangle turn left onto unclassified road to finish approx 60 metres short of Chalk Road (crossroads).

NOTE: At right turn, cutting corner will result in a DQ

Local regulations

Guidance if you are not well, or are showing any signs/symptoms of COVID, do NOT come to this event

Event HQ - We will have access to parking and toilets (1 in / 1 out) at HQ. There will be no changing rooms and toilets should NOT be used for this purpose. You are asked to be discreet when changing and not to change in full view of local residents.

There should be no gatherings permitted and any warm up on turbo trainers should be directly in front of, or behind, your vehicle.

Please park using common sense (remembering not to block access gates from neighbouring gardens, and also keep off the cricket pitch.

Registration will open at 8:00 am and make sure you get your correct race number. There will be NO Pins given out with numbers, so if you require pins, you must bring your own.

Once finished, please return your number and place it in the highlighted box before leaving.

Please wear a face mask when you come to registration desk.

There should be no social gatherings at the HQ before or after the event..

You are advised not to bring spectators to the event

DO NOT warm up on the course

There is very limited space at the start area to meet social distancing therefore please do not arrive at the start more than 4 minutes before your start time.

There will be NO PUSHER OFF / Holder. ALL riders will start with one foot on the ground.

Start timekeeper will NOT be able to bring jackets etc back to the HQ and no jackets will be allowed to be left at the start area

ALL riders MUST have a working rear light fitted to their bike. No Light - No Start. A front light is also advised.

On finishing, if riders can shout their number as they pass this is a valuable help to the timekeepers.

On finishing, please do not stop, but continue to the HQ where they should place their race number in the allocated box and leave promptly..

RESULTS - There will be no results available at the event so please do not ask. Results will be

sent out to each rider as soon as possible after the event and also posted on Fife CA / Midweek Social media pages (Facebook).

Prizewinners will be contacted directly for details to make the necessary arrangements.

Organiser contact details

Dave Bean
24 Prestonhall Avenue Glenrothes
07811463640
01592758516
dave_bean@btinternet.com

Time keepers/officials

To be confirmed

Course records

To be added later

Awards/prizes

Prizes

1st / 2nd / 3rd

Ladies

1st / 2nd

Vet

1st / 2nd

One Rider, One Prize

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race

number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

FCA / Kennoway RC

Start Number	Start Time	Rider	Club	Gender	Category
2	09:02:00	Phillip Jurczyk	West Lothian Clarion	male	Vet
3	09:03:00	Isobel Fletcher	VC Glasgow South	female	Vet
4	09:04:00	Andrew Wilson	St Christopher's CC	male	Vet
5	09:05:00	John Leonard	Saints Ciclista	male	Vet
6	09:06:00	Claire Faddel	Vanelli-Project GO	female	Senior
7	09:07:00	Anne Mitchell	Ross-shire Roads Cycle Club	female	Vet
8	09:08:00	Kevin Kelly	VO2 Maximum RT	male	Vet
9	09:09:00	Miriam Rennet	Kinross CC	female	Vet
10	09:10:00	Innis Mitchell	Ross-shire Roads Cycle Club	male	Vet
11	09:11:00	Scott McCord	Carnoustie Cycling Club 1979	male	Senior
12	09:12:00	Robert Brown	EH Star Cycling	male	Vet
13	09:13:00	Alistair Bean	St Christopher's CC	male	Vet
14	09:14:00	George Skinner	Royal Albert Cycling Club	male	Vet
15	09:15:00	Sonya Drummond	Dundee Thistle	female	Vet
16	09:16:00	Martin Kane	Livingston Cycling Club	male	Vet
17	09:17:00	Steve Wallace	Dunfermline CC	male	Vet
18	09:18:00	Fiona Davidson	Dundee Wheelers CC	female	Vet
19	09:19:00	Neil McLeod	SVTTA	male	Vet
20	09:20:00	Jonny May	Dundee Thistle	male	Vet
21	09:21:00	Alexander Munro	SVTTA	male	Vet
22	09:22:00	Jim Petrie	Dundee Wheelers CC	male	Vet
23	09:23:00	Alastair Pell	Glasgow Nightingale CC	male	Vet
24	09:24:00	Fraser Caldwell	Cromarty Firth CC	male	Vet
25	09:25:00	Gavin Laffoley	Fife Century Road Club	male	Senior
26	09:26:00	Charlie Gaimster	Dulwich Paragon CC	male	Senior
27	09:27:00	Andrew Gallacher	SVTTA	male	Vet
28	09:28:00	Gordon Graham	Fullarton Wheelers	male	Vet
29	09:29:00	Craig Duncan	Team Andrew Allan Architecture	male	Senior
30	09:30:00	Sean Quinn	Law Wheelers	male	Vet
31	09:31:00	John MacArthur	Glasgow Nightingale CC	male	Senior
32	09:32:00	Graham Jones	Edinburgh Road Club	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
33	09:33:00	Thomas Fraser	Royal Navy Cycling(RNC)	male	Vet
34	09:34:00	Murray Doyle	Bute Wheelers	male	Vet
35	09:35:00	Alan Davidson	Dundee Thistle	male	Vet
36	09:36:00	Duncan Buchanan	Fife Century Road Club	male	Vet
37	09:37:00	Nico Anelli	Dundee Thistle	male	Senior
38	09:38:00	Jamie Davidson	Kelpie Racing	male	Senior
39	09:39:00	Silas Goldsworthy	Ryan's Bike Surgery - Thomson Homes	male	Senior
40	09:40:00	Kyle Gordon	RT 23	male	Senior