

# **Newmarket Cycling & Triathlon Club**

## **E33/25 Open Time Trial**

**12/09/2021 14:00**

**E33/25**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

The Ellesmere Centre,  
Ley Rd,  
Stetchworth,  
Newmarket  
CB8 9TS

## Route from HQ to start

The start is nearly 3 miles from the event HQ, allow plenty of time if you are riding from the HQ.

## Course details

**START** half way along lay-by on the A1303, situated 650 yards south-west of the Stetchworth roundabout, in line with 'No Dumping' sign. Proceed on the A1303 towards Cambridge, continuing to Dunsley Corner (5.18m) (M&C) **TAKE CARE SHARP CORNER** where left to follow lane to Six Mile Bottom (8.83m) (M) where left **TAKE CARE TRAFFIC FOM THE RIGHT** onto the A1304 towards Newmarket to Stetchworth roundabout (12.39m) (M&C) where left onto the A1303, to finish first circuit at the start point (12.76m). Proceed onto second circuit via A1303 to Dunsley Corner (17.94m) **TAKE CARE SHARP CORNER**, lane to Six Mile Bottom (21.59m) where left **TAKE CARE TRAFFIC FOM THE RIGHT** A1304 towards Newmarket to **FINISH** at 'White Direction Board' which is 70 yards north of lay-by and 300 yards south of Stetchworth roundabout. (25.00m).

## **Local regulations**

**IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARDSHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD**

**YOU MUST HAVE A REAR FACING RED LIGHT FITTED TO YOUR MACHINE. NO LIGHT, NO RIDE.**

### **NOTES TO RIDERS - The following local regulations must be adhered to: -**

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.
2. NO 'U' TURNS are allowed within sight of either the start or finish area.
3. Numbers will be situated at the HQ; sign in before and sign out after you have finished.
4. NO cars to stop or park at the start or finish areas.
5. No warming-up by competitors is allowed along any part of the designated course other than going to the start, after the event has started.
6. NO riders allowed in the start area more than 3 minutes before starting & no more than 4 at any one time.

### **Road Bike Rules:**

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
3. Wheels may have no more than 90mm depth and must have at least 12 spokes
4. Helmets must have no visor
5. Ears must not be covered by the helmet

## **COVID-19 REGULATIONS**

CTT has issued two PDF documents, a Covid-19 Risk Assessment and "Putting on a Cycling Time Trials Event during COVID19". If you haven't already read them please download them from the CTT website and read them carefully. However, the following points plus other instructions are of importance so are repeated here.

Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid19 symptoms.

Event Headquarters are at the Ellesmere Centre, Stetchworth, near Newmarket. The HQ will be open at 12:45pm. Please park sensibly and avoid blocking pathways by not parking on the verges. Obey the 30mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these headquarters

## **Organiser contact details**

Matt Meek  
35 Ellis Gardens Burwell  
07500 895559

matt.meek100@gmail.com

## **Time keepers/officials**

Neville Pettitt

Richard Newell

## **Course records**

### **Solo Male**

48:50

John Archibald

18-Oct-20 | RTTC National Circuit Championship (London East DC)(Men) (Entries close 29/09/20)

### **Solo Female**

55:02

Emily Meakin

18-Oct-20 | RTTC National Circuit Championship (London East DC)(Women) (Entries close 29/09/20)

## **Awards/prizes**

### **Overall:**

#### **Men:**

1st - £20

2nd - £15

3rd - £10

#### **Women:**

1st - £20

2nd - £15

3rd - £10

**Road Bikes:**

1st Man - £15

1st Woman - £15

**NOTES TO COMPETITORS:**

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Newmarket Cycling & Triathlon Club

Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Caroline Wyke	CC Sudbury	female	Vet
2	14:02:00	Mark Careless	Newmarket Cycling & Triathlon Club	male	Vet
3	14:03:00	Matt Hurles	Newmarket Cycling & Triathlon Club	male	Vet
4	14:04:00	Graham Painter	Chelmer CC	male	Vet
5	14:05:00	Michael Schofield	Bishop's Stortford CC	male	Vet
6	14:06:00	Sue Rogers	Crest CC	female	Vet
7	14:07:00	Judy Brown	Newmarket Cycling & Triathlon Club	female	Vet
8	14:08:00	Chris Lewis	London Fields Triathlon Club	male	Senior
9	14:09:00	Pip Jenkins	Southborough & Dist. Whs	female	Senior
10	14:10:00	Richard Harrison	DRAG2ZERO	male	Vet
11	14:11:00	Ros Blackmore	Newmarket Cycling & Triathlon Club	female	Vet
12	14:12:00	Paul Maltby	Newmarket Cycling & Triathlon Club	male	Vet
13	14:13:00	Simon Butteriss	Ely & District CC/B&T Motor Repairs	male	Vet
14	14:14:00	William Taylor	GFTL	male	Senior
15	14:15:00	Max Sahota	Team Bottrill	male	Senior
16	14:16:00	Kerry Brennand	Newmarket Cycling & Triathlon Club	female	Vet
17	14:17:00	Geoff Bores	Ford CC	male	Vet
18	14:18:00	Sophie Lankford	Jadan Vive Le Velo	female	Senior
19	14:19:00	Jordan Black	Loose Cannon's Conditioning	male	Senior
20	14:20:00	Matthew Smith	DRAG2ZERO	male	Vet
21	14:21:00	Sophie Lee	Team Catenary	female	Vet
22	14:22:00	Lucy Griffin	Histon & Impington Bicycle Club	female	Senior
23	14:23:00	Sam Wightman	Team Bottrill	male	Vet