

# Paceline RT (Sporting)(Road Bikes)

# 15.4 mile sporting TT

09/05/2021 08:00

**GS/483** 

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

St John's Primary School

Goodwyns Road

Dorking

RH4 2LR

### Route from HQ to start

Turn left out of HQ on Goodwyns Road, Left on to Flint Hill. Straight on at roundabout to Spook Hill. Start is at far end of Spook Hill before junction with A24

HQ to start distance 0.6 miles

### **Course details**

CTT LONDON SOUTH DC - 15.38 MILES COURSE - GS/483

Page 1

NORTH HOLMWOOD /BEARE GREEN/RUSPER/NEWDIGATE/HOLMWOOD PARK - A24

GREEN/CLARK`S

### **COURSE DETAILS**

OS	REF	DETAILS	DISTANCES
167469 from	START in Spook Hill, North	Holmwood at PO Telephone In	
	Junction with a24		
	Proceed to A24 where LEFT into	acceleration lane to join A24. Prod	ceed south to Beate Green
177428		RBT	(roundabout) 2.67 2.67
171397 RBT	2nd exit and fo	ollow Capel by-pass 2.24 4.91	to Clark`s Green

205375 (CHECK)	LEFT	2nd	exit	and 3.42	follow 8.33	Rusper	Road	to	Rusper
196424		EFT and I.00	proceed	north t	o junction	with Henfo	old Lane	in N	ewdigate
179475 Lane	LEFT in	to Henfold 4.20 15.2		and	proceed	north to	junction	with	Inholms
	LEFT into In	nholms Lane	to FINIS	H opposit	e gate into l	Holmwood Pa	ark, about 1	50 yard	ds west
175473	of Russett wa	ay							

COURSE NOTES

(CR/LSDC/0198)

District Reg. revised 05/07.

Course measured by John Watts

### **GENERAL NOTES** to be displayed at Signing On Point

London South District regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the

vicinity of the start and finish areas.

### SAFETY INSTRUCTIONS

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards will be displayed or advised at the Signing On Point. All Competitors must take note

of these details when they sign on.

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Competitors must exercise extra care when joining the A24 just after the start, when turning Sharp Left in Rusper and at all

Roundabouts.

No times will be given at the Finish,

### **GUIDANCE NOTES** FOR Event Promoters

Promoters should refer to the GENERIC Risk Assessment and check that all measures to reduce risk have been covered.

Promoters should also complete a SPECIFIC Risk Assessment to identify any additional risks shortly before the event,

Contacting the Highways Authority and briefing Competitors at the Signing On Point if necessary. On the day after the event,

The Specific Risk Assessment Sheet/s must be posted to the London South Assistant Secretary (Courses & Risk Assessment)

-see details in the CTT Handbook.

Promoters should be familiar with CTT Regulations and, in particular, the Sections "Duties of Promoting Secretaries" and

" Abandonment or Postponement of Events" as published in the CTT Handbook.

Promoters should keep the Entry Forms, Signing On Sheets and Check Cards for one year after the event if there has been

no incident in connection with the event and for three years if there has been an incident.

Details of Safe Routes to the Start and from the Finish may be added to the Safety Instructions on the Start Sheet where

appropriate.

### **COURSE DETAILS** for submission on the Police Notification Form.

The Course details given below are in a format suitable for the Police Notification Form:-

**GS/483** START in Spook Hill, Noth holmwood, 30 yards from junction with A24. Proceed to A24 where LEFT into acceleration

lane to join A24. Proceed south to Beare Green RBT. 2nd exit and follow A24 to Clark's Green RBT. 2nd exit LEFT to Rusper.

SHARP LEFT to Newdigate. LEFT into Henfold Lane and proceed north via Henfold Hill and Blackbrook to turn LEFT into

Inholms Lane to FINISH opposite gate into Holmwood Park, 150 yards west of Russett Way

(A form) (Revised 26.05.07) (CR/LSDC/COURSE GS/483)

# CTT LONDON SOUTH DC - 15.38 MILES COURSE - GS/483

Page 1

### GENERIC RISK ASSESSMENT

Location	Details of Hazards	Risk	Measures to reduce Risk
		<u>H/N</u>	<u>1/L</u>
1.General Requirements	Road usage meets	L	Traffic counts
	CTT Traffic standards		Time restrictions on use of
Course			
2. Before START	Competitors riding from Event	L	Instruction on Start sheet
	Headquarters		
	Competitors warming up		
3. Area of START	Competitors waiting by side of road	L	Cycle Event Warning Sign on
ivenation	Timekeepers and event officials		A24 north of Spook hill
junction	L'alore de la Contraction		
	vehicles only in Start area		
4. <u>START</u>	Competitors and/or Holder Up	L	NAM (n0 additional measures)

falling		
LEFT into acceleration lane to	L	Marshal at junction
join A24 southbound		Instruction on Start Sheet
Minor road on Left side	L	NAM
Minor road on Left side	L	NAM
Minor road on Left side	L	NAM
but traffic can cross dual		
carriageway here		
Event route has priority		
Minor road on Left side	L	NAM
Access and exit roads	L	NAM
Minor road on Left side	L	NAM
2 nd exit to stay on A24	L	Marshal at RBT
Capel by-pass		Direction sign for
		Instruction on start Sheet
Minor crossroads but traffic	L	NAM
can cross dual carriageway here		
	LEFT into acceleration lane to join A24 southbound  Minor road on Left side  Minor road on Left side  but traffic can cross dual carriageway here Event route has priority  Minor road on Left side  Access and exit roads Minor road on Left side  2 nd exit to stay on A24 Capel by-pass  Minor crossroads but traffic	LEFT into acceleration lane to join A24 southbound  Minor road on Left side  L  Minor road on Left side  L  L  Minor road on Left side  but traffic can cross dual carriageway here Event route has priority  Minor road on Left side  L  Access and exit roads  L  Minor road on Left side  L  2 nd exit to stay on A24  Capel by-pass  Minor crossroads but traffic  L

### Event route has priority

14. Coles Lane Minor crossroads but traffic can L NAM

crossroads cross dual carriageway here

Event route hs priority

15. Clark's Green RBT L LEFT 2 nd exit into Rusper Road Marshal at junction

> Which leads into Capel Road Direction sign for Competitors

> > Instruction on Start Sheet

16. Junction with SHARP LEFT into Newdigate L Marshal at junction

Newdigate Road Road Cycle event warning Sign in

> Traffic coming from Right High Street south of junction

> > Instruction on Start Sheet

(**A form**) (Revised 26.05.07) GS/483)

(CR/LSDC/COURSE

**CTT LONDON** Page 2 **SOUTH** DC

**MILES** 15.38

**COURSE** 

Gs/483

### GENERIC RISK ASSESSMENT

Details of Hazards Measures to reduce Risk Location Risk

H/M/L

Minor road on Left side NAM 17. Kingsland L

18. Junction with	LEFT into Henfold Lane	L	Marshal at junction
Henfold Lane Competitors			Direction Sign for
19. Mill Road	Minor road on Left side	L	NAM
20. Junction with Inholms  Lane competitors	LEFT into Inholms Lane	L	Marshal at junction  Direction sign for
21. FINISH  opposite gate into  Holmwood Park  150 yards west of  Russett way	Timekeepers and event officials vehicles only in Finish area	L	Chequered Board/Flag  Instruction on Start Sheet  -no times to be given to  Competitors at Finish
22. After FINISH	Competitors returning to event HQ	L	Safe Routes to Event HQ

### **NOTE**

Where "NAM" (no additional measures) is listed under the heading "Measures to Reduce Risk", the specified hazard is considered to be of no greater risk to the competitors than to any other road user

### NOTE FOR PROMOTERS OF CLUB EVENT

Items in italics in the final column of this GRA <u>may</u> omitted when the course is used for a club event.

## **Local regulations**

# **Organiser contact details**

Pat Wright

07729836871

pswright54@hotmail.com

# Time keepers/officials

Start - Robin Johnson

Finish - Paul Tunnel

### Course records

### Solo Male

35:22

Carl Ferri

01-May-16 | dulwich paragon cc (spoco se

### **Solo Female**

38:59

Mathilde Pauls

01-May-16 | dulwich paragon cc (spoco se

## Awards/prizes

### **MALE**

1st overall - £40 + £15 Aerocoach voucher

2nd - £30

3rd - £20

4th - £15

5th - £10

### **FEMALE**

#### 1st overall - £40 + £15 Aerocoach voucher

2nd - £30

3rd - £20

#### **VETS**

1st on standard - £30

2nd - £20

3rd - £10

#### **JUNIORS**

1st - £10

#### **TEAM**

1st Team of 3 - £10 per rider

...1 prize per rider (excluding TEAM prize)

#### **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must

# **Startsheet**

# Paceline RT (Sporting)(Road Bikes)

Start Number	Start Time	Rider	Club	Gender	Category
1	08:01:00	Pat Wright	Paceline RT	male	Senior
2	08:02:00	Anna Harborow	Brixton Cycles Club	female	Senior
3	08:03:00	Alyson Whyatt		female	Vet
4	08:04:00	Kate Voller Browning	Paceline RT	female	Senior
5	08:05:00	Emma Naylor	Brixton Cycles Club	female	Senior
6	08:06:00	Jonna De Vries	Grinta Coaching	female	Senior
7	08:07:00	Maria Victoria Vazquez-Tojeiro	Crawley Wheelers	female	Vet
8	08:08:00	Tracy Wilkinson- Begg	TWB - On Time Race Team	female	Vet
9	08:09:00	Kasia Madej	Paceline RT	female	Senior
10	08:10:00	Madeleine Nutt		female	Senior
11	08:11:00	Helen Ralston	Paceline RT	female	Senior
12	08:12:00	Tim Tawse		male	Vet
13	08:13:00	Samuel Brealey	Rue Morgue CC	male	Senior
14	08:14:00	Henry Jarvis		male	Senior
15	08:15:00	Harold Evans	Kingston Wheelers CC	male	Senior
16	08:16:00	Graeme Smith	Onyx RT	male	Vet
17	08:17:00	Alex Sims		male	Senior
18	08:18:00	Tom Coles		male	Senior
19	08:19:00	Sam Barnett	Onyx RT	male	Vet
20	08:20:00	Daniel Huxley		male	Senior
21	08:21:00	Seb Balch	Blackspokes RT	male	Senior
22	08:22:00	Tristram Kelly	Onyx RT	male	Vet
23	08:23:00	Oliver Mills	Clapham Chasers	male	Senior
24	08:24:00	Paul Mordue	VELOSPORT CC	male	Vet
25	08:25:00	Alex Kelly	Onyx RT	male	Vet
26	08:26:00	David Wilson	Rapha Cycling Club	male	Senior
27	08:27:00	Simon Lowe	VELOSPORT CC	male	Vet
28	08:28:00	Alexander Moody	Onyx RT	male	Senior
29	08:29:00	Danny Roberts- Clarke		male	Senior
30	08:30:00	Kiril Piskunov		male	Senior
31	08:31:00	Danny Halpin	Bristol CX	male	Vet
32	08:32:00	Sam Gregson	VELOSPORT CC	male	Senior

Start Number	Start Time	Rider	Club	Gender	Category
33	08:33:00	Ed Jamieson		male	Senior
34	08:34:00	David Scrivener		male	Senior
35	08:35:00	Daniel Di Principe	Kingston Wheelers CC	male	Vet
36	08:36:00	Dylan Green	Bigfoot CC	male	Senior
37	08:37:00	David Rumm	Southborough & Dist. Whs	male	Vet
38	08:38:00	Ivan Newsome		male	Senior
39	08:39:00	Richard Walsh	VELOSPORT CC	male	Vet
40	08:40:00	Laura Haydon	Paceline RT	female	Senior
41	08:41:00	Jack Hartrey	Kingston Wheelers CC	male	Espoir
42	08:42:00	Stephen Wilkinson	TWB - On Time Race Team	male	Vet
43	08:43:00	Alastair Bownas	London Dynamo	male	Senior
44	08:44:00	Paul Barnard		male	Senior
45	08:45:00	Simon Mumme	Paceline RT	male	Senior
46	08:46:00	Thomas Smith	Ex Machina	male	Senior
47	08:47:00	Richard Cartland	HuntBikeWheels.com	male	Vet
48	08:48:00	James Bradley Ross	Ex Machina	male	Senior
49	08:49:00	Richard Pearce	Paceline RT	male	Vet
50	08:50:00	Milo Purvis	Kingston Wheelers CC	male	Senior
51	08:51:00	Ben Voller	Ex Machina	male	Senior
52	08:52:00	Tom Fee	Paceline RT	male	Senior
53	08:53:00	Thomas Mason	Sunday Echappée	male	Senior
54	08:54:00	Tobias Nilsson	Velo 1860	male	Vet
55	08:55:00	Duncan Jensen	Paceline RT	male	Vet
56	08:56:00	Ryan Peirce		male	Senior
57	08:57:00	Ben Leach	Onyx RT	male	Vet
58	08:58:00	Stuart Biesheuvel	Exeter Whs CC	male	Senior
59	08:59:00	Richard Down	Paceline RT	male	Senior
60	09:00:00	Piers Curle	Onyx RT	male	Vet
61	09:01:00	Matt Phipps-Taylor	VELOSPORT CC	male	Senior
62	09:02:00	Edmond Long	London Dynamo	male	Senior
63	09:03:00	James Muir	Onyx RT	male	Vet
64	09:04:00	James Bonham	Paceline RT	male	Vet
65	09:05:00	Harry MacFarlane		male	Senior
66	09:06:00	Gareth Thomas	Paceline RT	male	Senior
67	09:07:00	Nick Tyrie	Primera-Teamjobs	male	Senior
68	09:08:00	Danylo Riwnyj	Paceline RT	male	Senior
69	09:09:00	Barnabas Purbrook	Sigma Sports Race Team	male	Senior
70	09:10:00	Michael Cunliffe	Paceline RT	male	Senior
71		Mark Aldred	Kingston Wheelers CC	male	Senior
72	09:12:00	Richard Todd	Onyx RT	male	Vet

Startsheet for: Paceline RT (Sporting)(Road Bikes)
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Start Number	Start Time	Rider	Club	Gender	Category
74	09:14:00	IIVIARIA I JAVIN	Serpentine Running and Triathlon Club	female	Vet
77	09:17:00	Lewis Phillips	Dulwich Paragon CC	male	Senior
92	09:32:00	Craig Jackson	London Dynamo	male	Senior