

# **Plymouth Corinthian CC**

## **PCCC 10 Mile TT Held under CTT regulations - info Sheet**

**05/09/2021 07:00**

**S4/10**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

**Rattery Village Hall  
Rattery  
South Brent  
Devon  
Postcode  
TQ10 9LD**

**Open from 0600**

## Route from HQ to start

**Left out of the HQ and follow yellow signs**

## Course details

S4/10 - Start on the A38 approximately 1.3 miles South West of Buckfastleigh at a point level with the penultimate sink in the acceleration lane opposite Dean Prior Parish Church (GR SX730634). Proceed Northeastwards towards Exeter and take the second slip road signed "Ashburton" (Linhay), where filter left into slip road. At the give way line turn right and bear right in 50 yards to cross A38 and rejoin the A38 towards Plymouth. Retrace outward route passing Ashburton, Buckfastleigh and the slip road signed "Lower Dean". Finish at the drain cover level with the start of the taper at the western end of the lay-by and approximately 500 yards before Dean Prior Church (GR SX730640).

Intermediate mileage – Ashburton Town Sign 5.33miles.

***NB: After finishing continue along A38 past Dean Prior church (on left) then take the slip road for Rattery. Cross the A38 using the slip road and rejoin the carriageway direction Exeter.***

## **Local regulations**

**Do not Cross the carriageway to get to the start - you will be DQ if you do**

**A working flashing rear is required - no light no start**

**Please ensure that you sign back after your ride - failure to do so we will you will be DQ**

## **Organiser contact details**

Lisa Crawford  
Poppyfields Church Lane Saltash  
07557798621

[lisa65crawford@gmail.com](mailto:lisa65crawford@gmail.com)

## **Time keepers/officials**

Time Keepers

Lynn Marrish

Rob Barrow

Peter Foubister

Members and friends of PCCC

## **Course records**

### **Solo Male**

17:51

Marcin Bialoblocki

04-Jul-19 | Royal Navy & RMCA (90 riders)

### **Solo Female**

20:40

Tamsin Miller

30-Jun-21 | Royal Navy & RMCA (90 riders)

### **Solo Male (Junior)**

19:52

Harrison Wood

25-May-17

### **Solo Female (Junior)**

24:39

Hannah Rainger

16-Aug-20 | City Cycle Couriers RT

### **Team TT**

19:52

Rob Scott, Andrew Parnowski

13-Jul-19 | City Cycle Couriers RT (2-up TTT)(fee per rider)

### **Awards/prizes**

1st Male £20 2nd Male £15 3rd Male £10

1st Junior £15 1st Espior £15

1st Male Vet £20 2nd male Vet £15 3rd Male vet £10 - All on Standard

1st Female £15 2nd Female £10

### **NOTES TO COMPETITORS:**

#### **17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Plymouth Corinthian CC

Start Number	Start Time	Rider	Club	Gender	Category
1	07:01:00	Peter Pugh	Plymouth Corinthian CC	male	Espoir
2	07:02:00	Michael Buckley	Tavistock Whs CC	male	Senior
3	07:03:00	Terence Leonard	St Budeaux C C	male	Vet
4	07:04:00	Graeme Buckman	Plymouth Corinthian CC	male	Vet
5	07:05:00	Donald Brooks	Mid Devon Cycling Club	male	Vet
6	07:06:00	Sam Mitchell	Plymouth Corinthian CC	male	Senior
7	07:07:00	Kevin Weymouth	Mid Devon Cycling Club	male	Vet
8	07:08:00	Rob Scott	City Cycle Couriers RT	male	Senior
9	07:09:00	Andrew Parnowski	City Cycle Couriers RT	male	Vet
10	07:10:00	Robert Willcocks	Royal Air Force Cycling Association	male	Vet
11	07:11:00	Mark Szender	Exeter Whs CC	male	Senior
12	07:12:00	Cordelia Preece	Tavistock Whs CC	female	Vet
13	07:13:00	Malcolm Steer	Darlington Cycling Club	male	Vet
14	07:14:00	Nigel Potts	Mid Devon Cycling Club	male	Vet
15	07:15:00	Oscar Hutchings	Team Tor 2000   KALAS	male	Senior
16	07:16:00	Rose Willis	St Austell Whs CC	female	Vet
17	07:17:00	John Morse	Penzance Wheelers CC	male	Vet
18	07:18:00	Amber Harding	Exeter Triathlon Club	female	Senior
19	07:19:00	Anthony Everson	Plymouth Corinthian CC	male	Vet
20	07:20:00	Paul Walshe	Plymouth Corinthian CC	male	Vet
21	07:21:00	Martina Geraghty	Penzance Wheelers CC	female	Vet
22	07:22:00	Sam Hopton	Pure Endurance	male	Senior
23	07:23:00	Gregory Moss	North Devon Velo	male	Senior
24	07:24:00	Tara Grosvenor	VeloVitesse/ALLCAP/James Barry	female	Senior
25	07:25:00	Lubos Obornik	CS Dynamo	male	Vet
26	07:26:00	James Owen	Plymouth Corinthian CC	male	Senior
27	07:27:00	Bob Brabbins	VTTA West Group	male	Vet

Start Number	StartTime	Rider	Club	Gender	Category
28	07:28:00	Michael Smith	Plymouth Corinthian CC	male	Vet
29	07:29:00	Graham Lobb	www.giant-helston.co.uk	male	Vet
30	07:30:00	Gavin MacDougall	Royal Navy Cycling (RNC)	male	Vet
31	07:31:00	Andrew Ellis	www.giant-helston.co.uk	male	Vet
32	07:32:00	Simon Wharton	Royal Navy Cycling (RNC)	male	Senior
33	07:33:00	Christian Bird	North Devon Velo	male	Vet
34	07:34:00	Ian Deakin	Mid Devon Cycling Club	male	Vet
35	07:35:00	Tom Scorer	Royal Navy Cycling (RNC)	male	Vet
36	07:36:00	Paul Trudgian	Royal Navy Cycling (RNC)	male	Senior
37	07:37:00	Oliver Baylin	www.giant-helston.co.uk	male	Senior
38	07:38:00	Peter Norris	Cycle Sport South Hams	male	Vet
39	07:39:00	David Bartlett	www.giant-helston.co.uk	male	Senior
40	07:40:00	Travis Bramley		male	Senior
41	07:41:00	Simon Marshall	Exeter Whs CC	male	Senior
42	07:42:00	Harry Loader	Mid Devon Cycling Club	male	Senior
43	07:43:00	Tom Moran	Plymouth Corinthian CC	male	Vet
44	07:44:00	Ian Houvenaghel	Royal Navy Cycling (RNC)	male	Vet
45	07:45:00	Sam Beaton	Plymouth Corinthian CC	male	Espoir
46	07:46:00	Ollie Pennington	1st Chard Wheelers	male	Senior
47	07:47:00	Doug Parker	Sid Valley CC	male	Vet
48	07:48:00	James Percy	Mid Devon Cycling Club	male	Espoir
49	07:49:00	Chris Vellacott	Royal Navy Cycling (RNC)	male	Vet
50	07:50:00	Harrison Wood	SEG Racing Academy	male	Senior
51	07:51:00	Callum Start	Mid Devon Cycling Club	male	Espoir
52	07:52:00	Stephen Wright	Team DCP	male	Vet
53	07:53:00	Conrad Moss	Primera-Teamjobs	male	Vet