

Leicestershire Road Club (Road Bikes Only no Tri bars or T/T Machines)

Annual Hilly 27.2 Mile Time Trial For Road bikes Only

01/05/2022 09:00

AH/1

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Holland's Nurseries

Tilton Road

Twyford

Leicestershire, LE14 2HZ

Route from HQ to start

From the HQ turn left on the B6047 towards Twyford, the start is 1/2 mile down the Hill on the right by the field gate, opposite the last house in Twyford.

Course details

The route is on a mix of rolling unclassified lanes with many blind corners. Please ride on the Left hand side of the road and be prepared to stop at to give way. Extreme care must be taken on the 3 right turns and 3 cattlegrids in Baggrave park (as these caused several punctures in previous events). Start by the gate @ the bottom of Thimble Hill south west of Twyford B6047. Up Hill 3/4 mile turn Right with Care at top junction towards Queniborough, continue 1 miles and left into Baggrave park. Care undulating road with cattlegrids. Exit via lodge, right turn, Care at junction. Continue 1 mile and past Hungerton Black Boy pub then take left turn to Keyham. Left at junction onto Keyham Lane, continue to T junction at Billesdon Coplow. Left turn and continue on top road towards Tilton-on-the Hill. At t junction turn left and continue through Tilton village, turn right in filter lane at east end signed Halstead. Continue 100 yards then turn left onto Oakham Road. Continue 4 miles towards Braunston in Rutland. Sharp left at junction signpost Knossington. Continue 1.5 miles to Knossington village left turn at T junction. Continue on main street by Fox and Hound pub, Care narrow road with parked cars. Continue 1.5 miles towards Somerby, then left at T junction. Continue 2 miles through Somerby and Pickwell, 500 yards after Pickwell village turn left signed Little Dalby. Care on bends through woodlands. In 1 mile left turn at wooden bus shelter in Little Dalby. Continue 2 miles to Great Dalby. Left at junction up hill follow road right at top of hill into village. At junction with B6047 turn left towards Twyford. Continue 2.5 miles south through Thorpe Satchville on B6047 to finish at bottom of the hill at the end of lay-by. 27.2 miles total.

Local regulations

- 1) Promoted for & behalf of Cycling Time Trials under its Rules & Regulations
 - 2) **LIGHTS** - It is a CTT requirement that EVERY competitor must have a working front and rear light
 - 3) **HELMETS** - It is a CTT requirement that EVERY competitor must wear a properly affixed helmet which should conform to a recognised standard (see CTT website for clarification))
- Competitors should not attend if they feel ill in ANY way or if family members have any Covid symptoms.
 - An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.

Organiser contact details

Theresa Coltman/Chris Thompson
24 Dorian Rise Melton Mowbray
07969023143 (Theresa) 07546834545 (Chris)
01664482217
lrcsec22@gmail.com

Time keepers/officials

Time keepers/officials

Timekeeper (Startline) - Norman Portess (Assistant) Lucie Coltman

Timekeeper (Finishline) - Dave Binks (Assistant) Pete Lee

Unofficial Half Distance Split Time - Alice & Harry Thompson

Sign On & Result Board - Theresa Coltman

Course records

Solo Male

00:59:45

James Shaw

02-May-21 | Leicestershire Road Club (MEN)(road Bikes only, no Tri Bars)

Solo Female

1:14:07

Lou Bates

02-May-21 | Leicestershire Road Club (WOMEN, JUNIORS & VETS)(road Bikes only, no Tri Bars)

Solo Male (Junior)

1:09:01

Harrison Tacey

02-May-21 | Leicestershire Road Club (WOMEN, JUNIORS & VETS)(road Bikes only, no Tri Bars)

Awards/prizes

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First Rider awarded The Ivy Newton trophy

Women - 1st £50, 2nd £40, 3rd £30

Vet Women - 1st £15, 2nd £10, 3rd £5

Men - 1st £50, 2nd £40, 3rd £30, 4th £20, 5th £10

Vet Men - 1st £15, 2nd £10, 3rd £5

Team of 3 (comprising of 3 Women &/or Men) £15 each

One rider, one prize - except team prize

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be

nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Leicestershire Road Club (Road Bikes Only no Tri bars or T/T Machines)

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Smudge Smith	Ilkeston Cycle Club	female	Vet
2	09:02:00	Gretchen Zoeller	Ilkeston Cycle Club	female	Para-cyclist
3	09:03:00	Catherine Hughes	Ilkeston Cycle Club	female	Vet
4	09:04:00	Andrea Winkless	Coalville Whs	female	Vet
5	09:05:00	Pamela Moore	Coalville Whs	female	Vet
6	09:06:00	Elizabeth Bridgen	Ilkeston Cycle Club	female	Vet
7	09:07:00	Sally Maitland	Beeston Cycling Club	female	Vet
8	09:08:00	Hannah Wibberley	Ilkeston Cycle Club	female	Senior
9	09:09:00	Larissa Alexander	Coalville Whs	female	Vet
10	09:10:00	Hayley Moore	Ilkeston Cycle Club	female	Senior
11	09:11:00	Melissa Denman	Ilkeston Cycle Club	female	Senior
12	09:12:00	Tony Grassby	Peak Road Club	male	Vet
13	09:13:00	Gavin Jones	Nottingham Clarion CC	male	Senior
14	09:14:00	Gareth Haines	Race Hub	male	Senior
15	09:15:00	Stephen Ball	Coalville Whs	male	Senior
16	09:16:00	Austin Smith	Welland Valley CC	male	Vet
17	09:17:00	Ryan Williams	Beeston Cycling Club	male	Espoir
18	09:18:00	Steve Price	Retro Racing	male	Vet
19	09:19:00	Victor Barnett	Welland Valley CC	male	Vet
20	09:20:00	Matthew Uttley	Nottingham Clarion CC	male	Vet
21	09:21:00	Chris Schofield	Melton Olympic CC	male	Vet
22	09:22:00	Euan Bell	Ilkeston Cycle Club	male	Senior
23	09:23:00	Alex Whitmore	Ratae RC	male	Senior
24	09:24:00	Gary Ashwell	Welland Valley CC	male	Vet
25	09:25:00	Richard Ferguson	Beeston Cycling Club	male	Vet
26	09:26:00	Chris Ward	Syston Sycylers	male	Senior
27	09:27:00	Gary Kondor	Sherwood CC	male	Vet
28	09:28:00	Simon Hale	Ilkeston Cycle Club	male	Vet
29	09:29:00	Richard Smith	Stoney Stanton Velo Club	male	Vet
30	09:30:00	Paul Shaw	Ilkeston Cycle Club	male	Vet
31	09:31:00	Mervyn Sperry	Coalville Whs	male	Vet
32	09:32:00	Chris Sidney	Coalville Whs	male	Senior
33	09:33:00	Nick Cook	Race Hub	male	Vet
34	09:34:00	Tony Donaldson	Ilkeston Cycle Club	male	Vet

StartNumber	Start Time	Rider	Club	Gender	Category
35	09:35:00	Oliver Billing	Rugby Racing Cycling Club	male	Senior
36	09:36:00	Lawrence Cox	Welland Valley CC	male	Vet
37	09:37:00	Robert Rusch	The Dead Parrots	male	Senior
38	09:38:00	Adam Burrows	The Dead Parrots	male	Senior
39	09:39:00	Mark Stock	Velo Club Long Eaton	male	Vet
40	09:40:00	Alan Nicolson	Race Hub	male	Vet
41	09:41:00	Matthew Lebelinski	Ilkeston Cycle Club	male	Senior
42	09:42:00	Julian Freeman	Rockingham Forest Wheelers	male	Vet
43	09:43:00	Steven Perks	Witham Wheelers / Grantham	male	Vet
44	09:44:00	Oliver Saunders	Newark Castle C C	male	Senior
45	09:45:00	Christopher Garner	Coalville Whs	male	Vet
46	09:46:00	Karl Moseley	Bridgnorth Cycling Club	male	Vet
47	09:47:00	Matt Ryder	Leicestershire RC	male	Senior
48	09:48:00	Jake Wade	COBL Cycling Club	male	Senior
49	09:49:00	Simon Askham	Welland Valley CC	male	Vet
50	09:50:00	Michael Cooke	Nottingham Clarion CC	male	Senior
51	09:51:00	Mick Stevens	Melton Olympic CC	male	Vet
52	09:52:00	Ian King	Velo Club Long Eaton	male	Vet
53	09:53:00	Richard Golding	Equipe Velo	male	Vet
54	09:54:00	Stuart Reeves	Coalville Whs	male	Vet
55	09:55:00	Nick Giles	Pocomotion Road Club	male	Vet
56	09:56:00	Chris Spray	Ratae RC	male	Vet
57	09:57:00	Malcolm Giles	Pocomotion Road Club	male	Vet
58	09:58:00	Simon Maddox	Race Hub	male	Senior
59	09:59:00	Nathan Higgs	Leicester Forest CC	male	Senior
60	10:00:00	Adam Kenway	Team Brother UK	male	Senior
61	10:01:00	Simon Inman	OVB	male	Vet
62	10:02:00	Samuel Hillen	Velo Bavarian	male	Senior
63	10:03:00	David Adcock	Mercedes AMG Petronas CC	male	Vet
64	10:04:00	Will Blythe	Melton Olympic CC	male	Vet