

East Anglian VTTA (Preference to 50 EAVTTA members)

**The START SHEET for the East Anglia VTTA 10 mile
Individual & Tandem Time Trials – 15th June 2022 -
STARTS AT 19:01**

15/06/2022 19:00

E2/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Westley Waterless Village Hall, CB8 0RH

Route from HQ to start

Right from Westley Waterless Village Hall to first left then right at cross roads and continue over level crossing to Six Mile Bottom. Turn left and proceed over railway again to start area on your left.

Course details

START (GR 573562) at paint mark in feeder road from West Wrating just before junction with A1304 (1 kerb joint before drain near 'Give Way' sign). Bear left onto A1304 and thence onto A11 southbound. Continue to take slip road to Four Went Ways interchange (A1307) and circle elevated roundabout (5.14m), taking fourth exit onto A11 northbound. Retrace to Six Mile Bottom, where take A1304 slip road to FINISH (GR 571560) at paint mark 5 yards past end of island between old road and slip road (at 6th kerb joint past plastic phone indicator post marked '85/0').

All dual carriageway. A bit rolling, but only one fast roundabout turn. A quick course.

Local regulations

Lights and helmets: Working front and rear lights are now compulsory, as is a cycling helmet. Without complying with these requirements, riders cannot start.

NOTES TO RIDERS - The following national and local regulations must be adhered to: -

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.
2. Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and slip road, but should be located at the start of the slip road.
3. NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the CTT District Committee.
4. No warming-up by competitors is allowed along any part of the designated course, after the event has started.
5. Numbers will be situated in the HQ.

Organiser contact details

Gary Boyd
3 Blundell Close London
07792 950305
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Time keepers/officials

Time Keepers:

Tim Groves

Wally Groves

Course records

Solo Male

00:17:20

Alex Dowsett

30-May-14 | ECCA 10

Solo Female

00:19:31

Joanna Patterson

23-Jun-21 | East Anglian VTTA (Preference to EA VTTA members)

Solo Male (Junior)

00:18:46

Thomas Day

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Solo Female (Junior)

00:20:40

Elynor Backstedt

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Tandem

00:18:06

Glenn Taylor, Mark Arnold

05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

East Anglian VTTA (Preference to 50 EAVTTA members)

Start Number	Start Time	Rider	Club	Gender	Category
1	19:01:00	John Shellard	VTTA (East Anglia Group)	male	Vet
2	19:02:00	Denese Hallahan	Wisbech Whs	female	Vet
3	19:03:00	Peter Horsnell	Chelmer CC	male	Vet
4	19:04:00	Andrew Porter	Welwyn Whs	male	Vet
5	19:05:00	Brian Martin	Ciclos Uno	male	Vet
6	19:06:00	Stewart Harrison	Kings Lynn CC	male	Vet
7	19:07:00	Stephen Watson	Hertfordshire Whs	male	Vet
8	19:08:00	Shay Giles	VC Elan - Harry Perry Cycles	male	Vet
9	19:09:00	Glen Clark	Ely & District CC/B&T Motor Repairs	male	Vet
10	19:10:00	John Royle	Fenland Clarion CC	male	Vet
11	19:11:00	Ann Shuttleworth	Cambridge CC	female	Vet
12	19:12:00	Anthony Bye	Wisbech Whs	male	Vet
13	19:13:00	David Hodsman	Dulwich Paragon CC	male	Senior
14	19:14:00	Nathan Franklin	Stowmarket & District CC	male	Senior
15	19:15:00	Dominic Whitehead	Cambridge CC	male	Vet
16	19:16:00	Graham Lawrenson	Hainault RC	male	Vet
17	19:17:00	Mark Vowells (Tricycle)	San Fairy Ann CC	male	Vet
18	19:18:00	Bob Quarton	Wolsey RC	male	Vet
19	19:19:00	Roger Sewell	Wisbech Whs	male	Vet
20	19:20:00	Susan Triplow	CC Sudbury	female	Vet
21	19:21:00	Adam Fisher	Cambridge CC	male	Senior
22	19:22:00	Paul Schofield	Ely & District CC/B&T Motor Repairs	male	Vet
23	19:23:00	Richard Mellor	Team Bottrill	male	Vet
24	19:24:00	Andrew Grant	Chelmer CC	male	Vet
25	19:25:00	Roy Rowland	Loose Cannon's Conditioning	male	Senior
26	19:26:00	Patrick Charlton	Wolsey RC	male	Vet
27	19:27:00	Chris Nudds	CC Breckland	male	Vet
28	19:28:00	John Golder	Chelmer CC	male	Vet
29	19:29:00	Michael Allen	Team M.I. Racing Townsend Vehicle Hire	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
30	19:30:00	Antony Stapleton	North Essex Velo	male	Vet
31	19:31:00	Graham Pepperdine	Verulam CC	male	Vet
32	19:32:00	Kevin Humphreys	Sherwood CC	male	Vet
33	19:33:00	Roger Porter	Verulam CC	male	Vet
34	19:34:00	Chris Dyason	Cambridge CC	male	Vet
35	19:35:00	Simon Butteriss	Ely & District CC/B&T Motor Repairs	male	Vet
36	19:36:00	Mark Halliday	North Bucks RC	male	Vet
37	19:37:00	Will Shepherd	Ely & District CC/B&T Motor Repairs	male	Vet
38	19:38:00	Jackie Field	CC Ashwell	female	Vet
39	19:39:00	Chris Tye	Plomesgate CC	male	Vet
40	19:40:00	Derek Ricketts	Ely & District CC/B&T Motor Repairs	male	Vet
41	19:41:00	Gerrard Rafferty	Bedfordshire Road CC	male	Vet
42	19:42:00	Karl Read	North Norfolk Whs	male	Vet
43	19:43:00	Gary Pamment	CC Sudbury	male	Vet
44	19:44:00	Michael Martin	CC Ashwell	male	Vet
45	19:45:00	Robert Watson	Cambridge CC	male	Vet
46	19:46:00	Glenn Taylor	Shorter Rochford RT	male	Vet
47	19:47:00	Matthew Peck	Ipswich BC	male	Vet
48	19:48:00	Paul Newman	Shorter Rochford RT	male	Vet
49	19:49:00	Iain Boardman	Dulwich Paragon CC	male	Vet
50	19:50:00	Ian Short	Team Salesengine.co.uk	male	Vet
51	19:51:00	Murat Ozdenya	Team Vision Racing - Silverhook	male	Vet
52	19:52:00	Jason Davies	Royal Air Force Cycling Association	male	Vet
53	19:53:00	Rory Havis	Ely & District CC/B&T Motor Repairs	male	Vet
54	19:54:00	Andrew Grant	Cambridge CC	male	Vet
55	19:55:00	Grant Orsborn	Bedfordshire Road RT	male	Vet
56	19:56:00	Terry Garlinge	Easterley Road Club	male	Vet
57	19:57:00	Stuart Fairweather	Loose Cannon's Conditioning	male	Vet
58	19:58:00	Robert Golding	Ely & District CC/B&T Motor Repairs	male	Vet
59	19:59:00	Max Sahota	Team Bottrill	male	Senior
60	20:00:00	Antony Brown	George Fox Cycling Solutions	male	Vet
61	20:01:00	Keith Dorling	Team Bottrill	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
62	20:02:00	Richard O'Rourke	Team Vision Racing - Silverhook	male	Vet
63	20:03:00	Mark Ellis	Mercedes AMG Petronas CC	male	Vet
64	20:04:00	Martin Reynolds	Cambridge CC	male	Vet
65	20:05:00	Richard Harrison	DRAG2ZERO	male	Vet
66	20:06:00	Alan Chorley	Seamons CC	male	Vet
67	20:07:00	Paul Jay	DRAG2ZERO	male	Vet
68	20:08:00	Matt O'Brien	Loose Cannon's Conditioning	male	Vet
69	20:09:00	Kevin Tye	VeloRefined Rule5 Aerosmiths	male	Vet
70	20:10:00	Mark Jones	DRAG2ZERO	male	Vet
71	20:11:00	Sam Brown	6AM Cycling	male	Senior
72	20:12:00	Alan Murchison	HUUB WattShop	male	Vet
73	20:13:00	Richard Oakes	Team Ohten Aveas	male	Vet