

# **Lea Valley CC (Tandems)(fee per rider)(150 riders)**

**10 Mile TT on the Newmarket E2 course.**

**02/07/2022 14:00**

**E2/10**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

**West Wratting Village Hall, 79 High Street , West Wratting. CB21 5LU**

**<https://www.google.co.uk/maps/@52.1458984,0.3421885,3a,75y,183.85h,94.05t/data=!3m6!1e1!3m5!1sWest+Wratting+Village+Hall,+79+High+Street,+West+Wratting,+Cambs+CB21+5LU!2m2!1sWest+Wratting!2m1!1sWest+Wratting>**

## Route from HQ to start

See attached documents

## Course details

START (GR 573562) at paint mark in feeder road from West Wratting just before junction with A1304 (1 kerb joint before drain near 'Give Way' sign). Bear left onto A1304 and thence onto A11 southbound. Continue to take slip road to Four Went Ways interchange (A1307) and circle elevated roundabout (5.14m), taking fourth exit onto A11 northbound. Retrace to Six Mile Bottom, where take A1304 slip road to FINISH (GR 571560) at paint mark 5 yards past end of island between old road and slip road (at 6th kerb joint past plastic phone indicator post marked '85/0').

All dual carriageway. A bit rolling, but only one fast roundabout turn. A quick course.

## **Local regulations**

**No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre may result in disqualification and disciplinary action.**

**No warming up on the course once the event has started.**

**Riders MUST NOT wait on the carriageway when waiting to start.**

**No vehicles to park or stop on slip road or verges at Start or Finish; the road is a Clearway and stopping is an offence.**

**Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.**

**Also note updated CTT Regulations 14(i+j) & 15 making both a front white light and red rear light compulsory, along with a Helmet. NO LIGHTS OR HELMET– NO RIDE**

**Parking is NOT provided by event organisers. All entrants parking is at own risk. Please be mindful when parking near the Race HQ as this is a residential area.**

**The Veterinary Surgery Near the start area has allowed parking in thier field adjacent to the start. Please see attatched docs for details.**

## **Organiser contact details**

Mark Freeman  
61 Lonsdale Avenue East Ham  
07739214194  
07739214194  
markfreeman70@ymail.com

## **Time keepers/officials**

<b>Event Secretary</b> <b>Mark Freeman</b>		<b>Time Keepers</b> <b>Mike Keen</b> <b>Freda Wezel</b> <b>Asst Time Keeper</b> <b>Ian Taylor</b>
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## Course records

### Solo Male

00:17:20

Alex Dowsett

30-May-14 | ECCA 10

### Solo Female

00:19:31

Joanna Patterson

23-Jun-21 | East Anglian VTTA (Preference to EA VTTA members)

### Solo Male (Junior)

00:18:46

Thomas Day

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

### Solo Female (Junior)

00:20:40

Elynor Backstedt

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

### Tandem

00:18:06

Glenn Taylor, Mark Arnold

05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

## Awards/prizes

See Attached Documents

## **NOTES TO COMPETITORS:**

### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Lea Valley CC (Tandems)(fee per rider)(150 riders)

Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Andrew Hutchison	Lowestoft Wheelers Cycling Club	male	Vet
1	14:01:00	Catherine Hutchison	Lowestoft Wheelers Cycling Club	female	Vet
2	14:02:00	Andy Newham (Trike)	Lincoln Wheelers CC	male	Vet
2	14:02:00	Dave Mason [Trike]	Lincoln Wheelers CC	male	Vet
3	14:03:00	Christopher York	Maldon & District CC	male	Vet
3	14:03:00	Joanne York	Maldon & District CC	female	Vet
4	14:04:00	Murray Kirton	A5 Rangers CC	male	Vet
4	14:04:00	David Stockley	A5 Rangers CC	male	Vet