

Lea Valley CC (150 riders)

10 Mile TT on the Newmarket E2 course.

02/07/2022 14:00

E2/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

West Wratting Village Hall, 79 High Street , West Wratting. CB21 5LU

<https://www.google.co.uk/maps/@52.1458984,0.3421885,3a,75y,183.85h,94.05t/data=!3m6!1e1!3m5!1sWest+Wratting+Village+Hall,+79+High+Street,+West+Wratting,+Cambridgeshire+CB21+5LU>

Route from HQ to start

See attached Documents

Course details

START (GR 573562) at paint mark in feeder road from West Wratting just before junction with A1304 (1 kerb joint before drain near 'Give Way' sign). Bear left onto A1304 and thence onto A11 southbound. Continue to take slip road to Four Went Ways interchange (A1307) and circle elevated roundabout (5.14m), taking fourth exit onto A11 northbound. Retrace to Six Mile Bottom, where take A1304 slip road to FINISH (GR 571560) at paint mark 5 yards past end of island between old road and slip road (at 6th kerb joint past plastic phone indicator post marked '85/0').

All dual carriageway. A bit rolling, but only one fast roundabout turn. A quick course.

Local regulations

No U turns to be performed within sight of the START or FINISH. Performing this dangerous manoeuvre may result in disqualification and disciplinary action.

No warming up on the course once the event has started.

Riders MUST NOT wait on the carriageway when waiting to start.

No vehicles to park or stop on slip road or verges at Start or Finish; the road is a Clearway and stopping is an offence.

Marshals placed to direct competitors off the main carriageway MUST NOT stand at the apex between the carriageway and the slip road, but should be located at the start of the slip road.

Also note updated CTT Regulations 14(i+j) & 15 making both a front white light and red rear light compulsory, along with a Helmet. NO LIGHTS OR HELMET– NO RIDE

Parking is NOT provided by event organisers. All entrants parking is at own risk. Please be mindful when parking near the Race HQ as this is a residential area.

The Veterinary Surgery Near the start area has allowed parking in thier field adjacent to the start. Please see attatched docs for details.

Organiser contact details

Mark Freeman
61 Lonsdale Avenue East Ham
07739214194
07739214194
markfreeman70@ymail.com

Time keepers/officials

Event Secretary Mark Freeman		Time Keepers Mike Keen Freda Wezel Asst Time Keeper Ian Taylor
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Course records

Solo Male

00:17:20

Alex Dowsett

30-May-14 | ECCA 10

Solo Female

00:19:31

Joanna Patterson

23-Jun-21 | East Anglian VTTA (Preference to EA VTTA members)

Solo Male (Junior)

00:18:46

Thomas Day

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Solo Female (Junior)

00:20:40

Elynor Backstedt

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Tandem

00:18:06

Glenn Taylor, Mark Arnold

05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

Awards/prizes

See attached documents

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Lea Valley CC (150 riders)

Start Number	Start Time	Rider	Club	Gender	Category
40	14:40:00	Mark Jones	DRAG2ZERO	male	Vet
41	14:41:00	Paul Smith	VeloRefined Rule5 Aerosmiths	male	Vet
42	14:42:00	Peter Oliver	ZeroBC Race Team	male	Vet
43	14:43:00	Geoff Platts	Team Bottrill	male	Vet
44	14:44:00	Martin Reynolds	Cambridge CC	male	Vet
45	14:45:00	Kirsty McSeveney	...a3crg	female	Vet
46	14:46:00	Becky Ridge	TPH Racing	female	Vet
47	14:47:00	Julia Freeman	Easterley Road Club	female	Vet
48	14:48:00	Patrick Charlton	Wolsey RC	male	Vet
49	14:49:00	Neil Barford	45 RC	male	Vet
50	14:50:00	Richard Knight	CC London	male	Vet
51	14:51:00	John Golder	Chelmer CC	male	Vet
52	14:52:00	Michael Allen	Team M.I. Racing Townsend Vehicle Hire	male	Vet
53	14:53:00	Karl Read	North Norfolk Whs	male	Vet
54	14:54:00	Roger Porter	Verulam CC	male	Vet
55	14:55:00	Hans Nilsson	London Phoenix CC	male	Vet
56	14:56:00	Marek Sasura	GS Avanti	male	Vet
57	14:57:00	Will Shepherd	Ely & District CC/B&T Motor Repairs	male	Vet
58	14:58:00	Alex Warburton	Schils - Doltcini RT	male	Senior
59	14:59:00	Sam Straw	Albarosa CC	male	Senior
60	15:00:00	Stephen Murphy	Shaftesbury CC	male	Vet
61	15:01:00	Gary Johnson	CC Sudbury	male	Vet
62	15:02:00	Simon Inman	OVB	male	Vet
63	15:03:00	Joseph Costello	Legato Racing Team (LRT)	male	Vet
64	15:04:00	Matthew Peck	Ipswich BC	male	Vet
65	15:05:00	Andy Kennedy	Ipswich BC	male	Vet
66	15:06:00	Gary Record	West Kent RC	male	Senior
67	15:07:00	Martin Stanley	Droitwich Cycling Club	male	Vet
68	15:08:00	Daniel Homer	London Phoenix CC	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
69	15:09:00	Gary Pamment	CC Sudbury	male	Vet
70	15:10:00	Wolfgang Emmerich	London Phoenix CC	male	Vet
71	15:11:00	Michael Martin	CC Ashwell	male	Vet
72	15:12:00	Simon Hall	Stourbridge CC	male	Vet
73	15:13:00	Antony Bee	Wigmore CC	male	Vet
74	15:14:00	Robert Watson	Cambridge CC	male	Vet
75	15:15:00	Dan Jenkins	Southend Wheelers	male	Vet
76	15:16:00	Mark Woolford		male	Vet
77	15:17:00	Richard Gifford	trainSharp	male	Vet
78	15:18:00	Thomas Carroll	CC Breckland	male	Vet
79	15:19:00	Kevin Plummer	Team TMC	male	Vet
80	15:20:00	Alexander Ballinger	George Fox Cycling Solutions	male	Senior
81	15:21:00	Matthew Reader	Verulam CC	male	Vet
82	15:22:00	Matthew Saunders	Team Vision Racing - Silverhook	male	Vet
83	15:23:00	Andrew Grant	Cambridge CC	male	Vet
84	15:24:00	Stu Wright	QN Racing	male	Vet
85	15:25:00	Terry Garlinge	Easterley Road Club	male	Vet
86	15:26:00	Edward Mellor	Mapperley CC	male	Vet
87	15:27:00	Peter Robertson	Backpedal	male	Senior
88	15:28:00	Nicholas Knight	Hart Performance Coaching	male	Vet
89	15:29:00	Simon Smart	DRAG2ZERO	male	Vet
90	15:30:00	Julian Bosley	Stowmarket & District CC	male	Vet
91	15:31:00	Paul Schofield	Ely & District CC/B&T Motor Repairs	male	Vet
92	15:32:00	Lee Kennedy	Army Cycling	male	Vet
93	15:33:00	Benedict Thompson	Hutchinson - Brother UK	male	Senior
94	15:34:00	Graeme Garner	Essex Roads CC	male	Vet
95	15:35:00	Richard Harrison	DRAG2ZERO	male	Vet
96	15:36:00	Nic Pillinger	St Neots CC	male	Vet
97	15:37:00	Chris Symonds	North Road CC	male	Vet
98	15:38:00	Graham Winstone	ZeroBC Race Team	male	Vet
99	15:39:00	Sean O'Sullivan	Hart Performance Coaching	male	Senior
101	15:41:00	James Richards	WardPerformanceUK.com	male	Senior

Start Number	Start Time	Rider	Club	Gender	Category
102	15:42:00	Gaz Poulson	Royal Air Force Cycling Association	male	Vet
103	15:43:00	Paul Jay	DRAG2ZERO	male	Vet
104	15:44:00	Matt Steel	Pronto Bikes	male	Vet
105	15:45:00	Jason Bateman	VTTA North Lancs and Lakes Group	male	Vet
106	15:46:00	Mark Smith	Crawley Wheelers	male	Vet
107	15:47:00	Liam Maybank	Twickenham CC	male	Vet
108	15:48:00	Alex Doherty	DRAG2ZERO	male	Senior
109	15:49:00	Andrew Hastings	Haste CC	male	Vet
110	15:50:00	Alan Murchison	HUUB WattShop	male	Vet
111	15:51:00	Roger Chappell	Team Vision Racing - Silverhook	male	Vet