



Team Milton Keynes (London North Millennium 6 of 9)

**A 20.1 mile time trial of two laps of the 10 mile Astwood
course starting at the Bikebus**

24/04/2022 10:00

F5V/20

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Sign on and parking will be at the Bikebus cyclists cafe on the Astwood/ Cranfield Road. If arriving by car please drive into the Bikebus entrance through the yard and follow the signs to the parking area in the field behind. Please do not park on the grass verge near the Bikebus.

Route from HQ to start

The start and finish will be from near the entrance to the Bikebus

Course details

20 miles - Two circuits of the 10 Mile Astwood course. From the Bikebus to Astwood then left turn on to the A422 and continue all the way to Chicheley for the next left turn. Do not turn left before Chicheley. Then to North Crawley, left through the village then turn left before Cranfield to the finish near the Bikebus.

Local regulations

1. At 1.8 Astwood village you will turn left on to Main St – you must give way to the right
2. There will be residents' cars parked on the road in the village and a popular pub so adjust your speed accordingly
3. At 2.0 you are entering the A422 via a T junction – you must give way and be prepared to stop. There is occasional large commercial traffic on this road
4. At 5.4 Chicheley you will turn off the A422 on to Chicheley Road – the bend is quite sharp
5. At 7.2 North Crawley you must give way to the right at the T junction
6. At 9.1 there is a staggered crossroad where you will turn left

Organiser contact details

Alun Duncan-Jones
5 Pitchford Avenue Buckingham
07745 407032

volunteers@teammk.com

Time keepers/officials

Timekeepers - Michael Bannister, Jon Hunt

Marshals - Dave Young, Barry Robertson, Clive Faine, Alun Duncan-Jones, James Weedon

Course records

Solo Male

00:40:57

Ashley Cox

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Awards/prizes

Awards being provided by the Bikebus and Team MK to be confirmed.

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within

a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Team Milton Keynes (London North Millennium 6 of 9)

Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	Lucie Gallen	Team Milton Keynes	female	Vet
2	10:02:00	Roy Chamberlain	Corley Cycles RC	male	Vet
3	10:03:00	Rob Riekie	Team Milton Keynes	male	Vet
4	10:04:00	Robert Saunders	North Bucks RC	male	Vet
5	10:05:00	Richard Ruffell		male	Vet
6	10:06:00	Neill Timmins	GreenlightPT	male	Vet
7	10:07:00	Bart Rienties	Team Milton Keynes	male	Vet
8	10:08:00	Peter Redshaw	CC London	male	Vet
9	10:09:00	Sean McDougall	Icknield RC	male	Vet
10	10:10:00	Tim Davies	CC Luton	male	Vet
11	10:11:00	Chris Ciliberti	Team Milton Keynes	male	Senior
12	10:12:00	Trevor Hook	Team Milton Keynes	male	Vet
13	10:13:00	Michael Burke	Welland Valley CC	male	Senior
14	10:14:00	Linda Dewhurst	Team Milton Keynes	female	Vet
15	10:15:00	Adrian Cox	Team Milton Keynes	male	Vet
16	10:16:00	Glenn Utteridge	Team Milton Keynes	male	Vet
17	10:17:00	Luke Marshall	Corley Cycles RC	male	Espoir
18	10:18:00	James Wooldridge	Team Milton Keynes	male	Vet
19	10:19:00	Alan Crane	Chronos RT	male	Vet
20	10:20:00	Andy Sharman	Team Bottrill	male	Vet
21	10:21:00	Geoff Taylor	Icknield RC	male	Vet
22	10:22:00	Harry Weedon	Corley Cycles RC	male	Espoir
23	10:23:00	Lewis Muncaster	Team Milton Keynes	male	Senior
24	10:24:00	Joe Gorman	Arctic Aircon RT	male	Senior
25	10:25:00	Matt Donovan	Bedfordshire Road RT	male	Senior
26	10:26:00	Maddy Pope	GreenlightPT	female	Senior
27	10:27:00	Zachary Metherringham	Team Milton Keynes	male	Espoir
28	10:28:00	Oswin Grady	Bedfordshire Road CC	male	Vet
29	10:29:00	Dave Johnson	VC 10	male	Vet
30	10:30:00	Adam Fisher	Cambridge CC	male	Senior
31	10:31:00	Alan Scott	Clapham Chasers	male	Vet
32	10:32:00	Simon Cannings	Equipe Velo	male	Vet
33	10:33:00	Richard Clark	Team Milton Keynes	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
34	10:34:00	Peter Shaw	Bedfordshire Road RT	male	Senior
35	10:35:00	Andrew Bradley	Hemel Hempstead CC	male	Vet
36	10:36:00	John Wingfield	Team HUUB	male	Senior