

# VC Bristol

**10/07/2022 09:00**

**U102**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

Lamb Inn, Iron Acton, Bristol, BS37 9UZ

## **Route from HQ to start**

The start is approximately half a mile away from HQ, along the Wotton Road opposite Backfields Industrial Estate.

The Industrial Estate will need to be always kept clear, no urinating around this area. (We've had Complaints in the past.)

## **Course details**

Start on B4058 at sign for Backfields Industrial Estate, (gr 684844), north to roundabout (5.55 miles), turn and retrace to finish at 2nd gate way south of Rose and Crown Public House opposite Meadow View. (gr 689862).

## Local regulations

No warming up on the Course, please park respectfully and be considerate to the locals.

## Organiser contact details

Lee Francis  
11 Morley Road Staple Hill  
07859 826618

lee.t.francis@googlemail.com

## Time keepers/officials

Time Keeper - Sue Andrews

Assistant Time Keeper - Ken Dicker

## Course records

### Solo Male

00:19:37

Jake Sargent

11-Jul-21 | VC Bristol

### Solo Female

00:22:25

Megan Dickerson

11-Jul-21 | VC Bristol

### Solo Male (Junior)

00:21:46

Henry Higgins

11-Jul-21 | VC Bristol

### Tandem

00:23:55

Andrew Legge, Joanna Knight

24-Feb-18 | Salt and Sham (SAS) Cycling Club (tandems)(fee per rider)

## Awards/prizes

Medals -

1st - 3rd Overall winners

1st - 3rd Female

1st - 3rd Vets (Based on VTTA Vet Standards)

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## VC Bristol

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Mark Bishton	Velo Club Bristol	male	Vet
12	09:12:00	Paul Tutton	Velo Club Bristol	male	Vet
13	09:13:00	Paul Rogoll	PDQ Cycle Coaching	male	Vet
14	09:14:00	Aaron Pascovitch	Bristol South Cycling Club	male	Senior
15	09:15:00	Lee Francis	Velo Club Bristol	male	Vet
16	09:16:00	Simon Cox	Chippenham & District Wheelers	male	Vet
17	09:17:00	Chris Francis	Velo Club Bristol	male	Vet
18	09:18:00	Nigel Gleeson	VTTA (Merseyside)	male	Vet
19	09:19:00	Darren Vine	Clevedon & District Road Club	male	Vet
20	09:20:00	Andrew Legge	Bristol South Cycling Club	male	Vet
21	09:21:00	Arran Armstrong		male	Vet
22	09:22:00	Jayne Fraioli	PDQ Cycle Coaching	female	Senior
23	09:23:00	Ellie Armstrong	Bristol South Cycling Club	female	Senior
24	09:24:00	Matthew Grimm	Sodbury Cycle Sport	male	Vet
25	09:25:00	David Leighton	Severn Road Club	male	Vet
26	09:26:00	Kevin Garland	PDQ Cycle Coaching	male	Vet
27	09:27:00	Owen Burgess	Chippenham & District Wheelers	male	Senior
28	09:28:00	Sheldon White	Backpedal	male	Senior
29	09:29:00	Nick Hill	Bristol Mile Monkeys	male	Vet
30	09:30:00	Nick English	AeroCoach	male	Vet