# **Newmarket Cycling & Triathlon Club**

27/03/2022 10:00

B10/48

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



#### **Headquarters**

Cheveley Pavilion,

Cheveley,

Cambridgeshire

HQ will open at 09:00

#### Route from HQ to start

Turn left out of Cheveley Pavilion onto High Street. Bear left onto Coach Lane to arrive at the start. (0.7 miles)

#### **Course details**

Start in Cheveley at the bus shelter beside the Red Lion pub.

Proceed north until left turn at Cheveley School onto Park Road (0.54 miles)

Proceed west until T junction with Duchess Drive (1.48 miles). Turn left onto Duchess Drive.

Continue on un-numbered road through Saxon Street and Kirtling. Turn left onto The Belt towards Lidgate (6.09 miles).

Turn left at T junction onto B1063 (7.13 miles).

Continue along B1063 through Lidgate and Ashley until FINISH 30 metres beyond last warning sign in Ashley.

## **Local regulations**

YOU MUST HAVE A REAR AND FRONT LIGHT, AND HELMET.

NOTES TO RIDERS - The following local regulations must be adhered to: -

- 1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.
- 2. NO 'U' TURNS are allowed within sight of either the start or finish area.
- 3. Numbers will be situated at the HQ; sign in before and sign out after you have finished.
- 4. NO cars to stop or park at the start or finish areas.
- 5. No warming-up by competitors is allowed along any part of the designated course other than going to the start, after the event has started.
- 6. NO riders allowed in the start area more than 3 minutes before starting & no more than 4 at any one time.

#### Road Bike Rules:

- 1. No aerobars, clip on aerobars or aero extensions can be used
- 2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)
- 3. Wheels may have no more than 90mm depth and must have at least 12 spokes
- 4. Helmets must have no visor
- 5. Ears must not be covered by the helmet

## **Organiser contact details**

Matt Meek 35 Ellis Gardens Burwell 07500 895559

matt.meek100@gmail.com

## Time keepers/officials

**Neville Pettitt** 

Wally Groves

#### Course records

N/A - new course

### Awards/prizes

Overall:

Men:

1st - £20

2nd - £15

3rd - £10

Women:

1st - £20

2nd - £15

3rd - £10

Road Bikes: 1st Man - £15 1st Woman - £15

#### **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

## **Startsheet**

## **Newmarket Cycling & Triathlon Club**

Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	David Young	West Suffolk Wheelers	male	Senior
2	10:02:00	Shaun Woodley	Newmarket Cycling & Triathlon Club	male	Vet
3	10:03:00	Amy Sole	Full Moo Cycling	female	Vet
4	10:04:00	Caroline Wyke	CC Sudbury	female	Vet
5	10:05:00	Alex Purcell	CC Sudbury	male	Senior
6	10:06:00	John Swanbury	VC Baracchi	male	Vet
7	10:07:00	Mark Careless	Loose Cannon's Conditioning	male	Vet
8	10:08:00	Kerry Brennand	Newmarket Cycling & Triathlon Club	female	Vet
9	10:09:00	Emily Young	Willesden Triathlon Club	female	Senior
10	10:10:00	Dan Blackburn	Epic Orange Race Team	male	Vet
11	10:11:00	James Wood	West Suffolk Wheelers	male	Vet
12	10:12:00	Peter Tibbitts	Ford CC	male	Vet
13	10:13:00	Lisa Hall	Ride Harder	female	Vet
14	10:14:00	David Shepherd	Willesden Triathlon Club	male	Senior
15	10:15:00	Andy Kennedy	Ipswich BC	male	Vet
16	10:16:00	lan Aunger	Fenland Clarion CC	male	Vet
17	10:17:00	Steve Foster	Newmarket Cycling & Triathlon Club	male	Vet
18	10:18:00	Gerry Barton	West Suffolk Wheelers	male	Vet
19	10:19:00	Nigel Burch	TriSquad	male	Vet
20	10:20:00	Timothy Torrie	TBW23 Stuart Hall Cycling P/b Trainsharp	male	Senior
21	10:21:00	Nicholas Webber	CC Sudbury	male	Vet
22	10:22:00	Nathan Franklin	Stowmarket & District CC	male	Senior
23	10:23:00	Simon Bond	Cambridge CC	male	Vet
24	10:24:00	Oliver Clark	West Suffolk Wheelers	male	Senior
25	10:25:00	Patrick Elwood	Cambridge University CC	male	Senior
26	10:26:00	Adam Baker	West Suffolk Wheelers	male	Vet
27	10:27:00	Ben Dean	Loose Cannon's Conditioning	male	Senior
28	10:28:00	Josephine Rosier	lpswich BC	female	Vet

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Start Number	Start Time	Rider	Club	Gender	Category
29	10:29:00	TraceyHolbrook	lpswich BC	female	Vet
30	10:30:00	Jordan Black	West Suffolk Wheelers	male	Senior
31	10:31:00	George Wallace	Magdalene Boat Club CC	male	Senior
32	10:32:00	Richard Farrow	West Suffolk Wheelers	male	Vet
33	10:33:00	James Quigley	Cambridge University CC	male	Senior