# FTP Racing (Tandems)(fee per rider)

09/04/2022 14:00

U7B

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



### **Headquarters**

The HQ this year is at Stone Cricket Club, its a excellent location close to the start, there is plenty of parking but please respect any areas taped off and do not park on the grass. This is the first time using this venue and we would like to make it possible for other clubs to use in the future.

when you enter the HQ please be aware the start is close by and cars might be overtaking riders so take extra care when entering and exiting the HQ by car or bike , do not come out of the HQ and turn right to warm up as you will be on the course.

You can warm up at the HQ or there are many surrounding laybys that are suitable, we will look to have a path way to the start that you can wheel your bike the short walk from HQ to the start along the grass verge if possible.

We have Stimulatte coffee on site serving top quality hot drinks

THE CLUB HOUSE Stone Cricket Club Swanley Berkeley Gloucestershire GL13 9JL

#### Route from HQ to start

start is a fe hundred yards away

#### Course details

Start on A38 in northern end of layby (GR695963) approximately half a mile South of Newport.

Proceed north on the A38 through Berkeley Road and over the railway bridges to the Slimbridge roundabout where turn (5.3 miles).

Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just South of Newport (GR698971) approx. ¼ mile before the start.

### **Local regulations**

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

## **Organiser contact details**

Billy Oliver 231 New Cheltenham Road Bristol 07487584188

ftpcyclecoaching@gmail.com

# Time keepers/officials

we are pleased to have the time keepers back for 2022 that did such a great job in 2021 at all the FTP events in

Dennis Davies and Andy Greatwood.

FTP points of contact for any issues / questions on the day are Steve Bray , Will Hamilton and BIlly Oliver one of which will be at the HQ all day

Marshalls will be allocated on the day, and we will thank them in the results, as everyone knows events cant run without the help and support of teh hostign clubs memebers so a huge thank you to those who give up there time and support the clubs efforts to put these races on

#### Course records

#### Solo Male

00:19:19 David Janes 29-Aug-20 | FTP Racing

#### **Solo Female**

00:21:34
Megan Dickerson
12-Jun-21 | The University of Bristol Cycling Club

#### **Solo Male (Junior)**

00:21:42
Euan Taylor
11-May-19 | Bristol South Cycling Club

#### **Solo Female (Junior)**

00:24:51 Freya Richardson 11-May-19 | Bristol South Cycling Club

#### **Tandem**

00:21:15
Jon Wiggins, Chris McDonald
31-Jul-21 | PDQ Cycle Coaching (Tandems) (fee per rider)

## Awards/prizes

#### **NOTES TO COMPETITORS:**

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# **Startsheet**

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Start Number	Start Time	Rider	Club	Gender	Category
1	14:02:00	Chris McDonald	PDQ Cycle Coaching	male	Para-cyclist
1	14:02:00	Malam I Juaglehy	ADDFORM Vive Le Velo	male	Senior