Lea Valley CC (Tandems)(fee per rider)

06/05/2023 14:00

F2A/25

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Information about Headquarters

Barton Sports & Social Pavillion, Barton. CB23 7BG.

Sign In / Out. All competitors must sign in at HQ and collect their number. Once finished you must

return your number to HQ and Sign out. If you do not sign out you will be DQ'd.

Conveniently located just 2km from the M11 and 6km from the start, we have chosen the Barton Sports & Social Pavillion to host our event this year. There is extensive off street parking available, a car

parking marshall will be onsite to help direct you. Please be considerate of local residents when parking. Please note bikes are not permitted into the pavilion or past the gate as seen in the photo

above.

Changing: The HQ has large and separate changing facilities for men & women.

Route from HQ to start

See PDF SAtart Sheet for details.

Please leave plenty of time to get to the start line, it is recommended that you leave your car at the Pavillion car park and ride to the start line. The ride should take less than 15 minutes and is straightforward to navigate.

There will be signs directing you to the start and also on the return to HQ. Signing

Course details

START (GR389596) on St Neots Road west of Madingley RAB about 626yds west of RAB at a point 6yds west of 'Comberton 2' sign and 95yds west of road leading to Comberton. Proceed eastwards to Madingley RAB where take 1st exit onto A428 westbound, past Hardwick and Cambourne flyover junctions to: TURN (6.56m) at Caxton Gibbet RAB (junction with A1198). Retrace A428 eastbound and about 1 mile past Hardwick flyover bear left onto A1303 sliproad, signed Cambridge, follow over A428 to: TURN (12.86m) at Madingley RAB taking 4th exit to rejoin A428 and retrace westbound to: TURN (19.13m) at Caxton Gibbet RAB. Retrace A428 eastbound and again bear left onto A1303 sliproad, signed Cambridge, to: FINISH on sliproad 15yds past 'Bend' sign.

Local regulations

see PDF start sheet for information

Organiser contact details

Mark Freeman 61 Lonsdale Avenue East Ham 07739214194 07739214194 markfreeman70@ymail.com

Time keepers/officials

See PDF Start Sheet for information

Course records

Solo Male

00:44:10 Christopher Fennell 25-Sep-21 | East Anglian VTTA (Pref to East Anglian Vets)

Solo Female

00:50:32 Kate Allan 06-Aug-22 | Finsbury Park CC

Solo Male (Junior)

00:48:11 Thomas Day 13-Sep-20 | Cambridge CC

Solo Female (Junior)

00:52:25 Isabel Sharp 25-Sep-21 | East Anglian VTTA (Pref to East Anglian Vets)

Tandem

00:47:39
Rachael Elliott, Ian Greenstreet
25-Sep-21 | East Anglian VTTA (Tandems)(fee per rider)

Awards/prizes

See PDF Start Sheet for Information

NOTES TO COMPETITORS:

- 17. Signing-on Sheet and Signing-out Sheet
- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Norman Harvey	Sotonia CC	male	Vet
1	14:01:00	Mary Corbett	Sotonia CC	female	Vet