

East Anglian VTTA (70 riders)(Preference to 40 VTTA members)

VTTAEA 10TT 8th June 2023

08/06/2023 19:30

F2A/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Hardwick Sports & Social Club

12 Egremont Rd, Hardwick, Cambridge CB23 7XR

Please park responsibly. This is a new HQ for us so please respect the facilities, we do not have sole use. There will be no Result board and no refreshments. There will be a sign on and numbers in the entrance lobby, don't forget to sign out and return your number.

NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ

Route from HQ to start

Turn left out of HQ onto Hardwick Road, Turn left onto St Neots Road to start approx 1 mile from HQ

Course details

START (GR367598) on old A428 eastbound, about 120 yds east of Hardwick RAB, 40 yards west of western end of Armco barrier. Proceed to Hardwick RAB where 1st exit onto A428 westbound, under Cambourne flyover junction to:- TURN (4.63 mls.) at Caxton Gibbett RAB (junction with A1198). Retrace A428 eastbound, under Cambourne flyover and Hardwick flyover to:- FINISH (GR377597) in layby, about ¾ mile past Hardwick F/O, at a point 22 yards east of (past) P sign. Police Area(s) Cambridgeshire

The finish is on the Dual carriageway **DO NOT STOP AT THE FINISH take the next slip road to roundabout take the 2nd exit to Hardwick on the old road St Neot's Road.**

Local regulations

Please note that for 2018 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do will result in the competitor being recorded as DNF.

REGULATIONS

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 2 - Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points

All riders under the age of 18 must wear a safety-approved helmet. All other riders are advised to do so by the governing body

Please be aware that the A428 is a major dual carriageway trunk road. Exercise caution at all times, especially when negotiating turns. Marshalls will be at key locations along the course and looking out for potentially dangerous actions in particular, head down riding.

Cycle lights No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. No competitor shall be permitted to start either a Type A or Type B event unless such competitor has

affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

Helmets: All competitors must wear a properly affixed helmet which must be of hard/soft shell construction.

On finishing the race, riders should not stop at the finish and try to avoid loitering at the HQ or parking areas but sign out promptly and leave the race as soon as possible as the hall will be required immediately after our event.

Results will be published on the relevant websites once all are confirmed.

Organiser contact details

Keith Dorling

Willows Henham Road Debden Green Saffron Walden
07714937777

krd51@icloud.com

Time keepers/officials

Time keepers Tim & Wally Groves, Ian Taylor.

Course records

Solo Male

00:17:55

Michael Gill

24-Jul-21 | Chronos RT (cheques to David Creese)

Solo Female

00:21:10

Sophie Lankford

28-Jul-18 | Chronos RT (cheques to David Creese)

Solo Male (Junior)

00:18:25

Oscar Nilsson-Julien

25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

Solo Female (Junior)

00:21:49

Eva Callinan

25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

Tandem

00:20:54

Gary Pamment, Barry McDonald

28-Jul-18 | Chronos RT (Tandems)(cheques to David Creese)(Fee per rider)

Team TT

00:19:01

Paul Pardoe, Matthew Senter

27-Jul-19 | Chronos RT (2 up TTT)(fee per rider)(Cheques to David Creese)

Awards/prizes

As Per EA VTTA table of awards

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

East Anglian VTTA (70 riders)(Preference to 40 VTTA members)

Start Number	Start Time	Rider	Club	Gender	Category
1	19:31:00	Adrian Gower	Hitchin Nomads CC	male	Vet
2	19:32:00	Mike Sirett	Welland Valley CC	male	Vet
3	19:33:00	Paul Wright	Army Cycling	male	Vet
4	19:34:00	Andrew Porter	Welwyn Whs	male	Vet
5	19:35:00	Gillian Morgan	Westerley Cycling Club	female	Vet
6	19:36:00	Shay Giles	Thanet RC	male	Vet
7	19:37:00	Michael Allen	Team M.I. Racing Townsend Vehicle Hire	male	Vet
8	19:38:00	Brian Martin	Ciclos Uno	male	Vet
9	19:39:00	John Calvert	Walden Velo	male	Vet
10	19:40:00	Fred Carlton	Cambridge CC	male	Senior
11	19:41:00	Peter Walton	Hertfordshire Whs	male	Vet
12	19:42:00	Neil Dyson	Cambridge CC	male	Vet
13	19:43:00	Kevin Humphreys	Sherwood CC	male	Vet
14	19:44:00	Anthony Bye	Wisbech Whs	male	Vet
15	19:45:00	David Hodsman	Dulwich Paragon CC	male	Senior
16	19:46:00	Dominic Whitehead	Cambridge CC	male	Vet
17	19:47:00	John Golder	Chelmer CC	male	Vet
18	19:48:00	David Bennett	Ratae RC	male	Vet
19	19:49:00	Roger Hutchings	VC Merlin	male	Vet
20	19:50:00	Susan Triplow	CC Sudbury	female	Vet
21	19:51:00	Andrew Bright	Chronos RT	male	Vet
22	19:52:00	Alban Wales	Cambridge University CC	male	Senior
23	19:53:00	Peter Noble	Epsom CC	male	Vet
24	19:54:00	Andrew Nunn	CC Ashwell	male	Vet
25	19:55:00	Mark Welch	Oxted Cycle Club	male	Vet
26	19:56:00	Andy Grant	Chelmer CC	male	Vet
27	19:57:00	Simon Hunt	VéloElite RC	male	Vet
28	19:58:00	John Watson	Hitchin Nomads CC	male	Vet
29	19:59:00	Richard Mellor	Team Bottrill	male	Vet
30	20:00:00	Simon Inman	OVB	male	Vet
31	20:01:00	Louis Tate-Harris	Bedfordshire Road RT	male	Senior
32	20:02:00	Andy Poulton	Welland Valley CC	male	Vet
33	20:03:00	Michael Martin	CC Ashwell	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
34	20:04:00	John Swanbury	VC Baracchi	male	Vet
35	20:05:00	Will Shepherd	Ely & District CC/B&T Motor Repairs	male	Vet
36	20:06:00	Stuart Lemanski	Cambridge CC	male	Vet
37	20:07:00	Duncan Gilbert	North Essex Velo	male	Vet
38	20:08:00	Ian Cardy	Chelmer CC	male	Vet
39	20:09:00	Issy Zimmerman	Regents Park Rouleurs	male	Vet
40	20:10:00	Colin Lizieri	Cambridge CC	male	Vet
41	20:11:00	Jez Willows	Sherwood CC	male	Vet
42	20:12:00	Gary Pamment	CC Sudbury	male	Vet
43	20:13:00	Tom Wade	Cambridge University CC	male	Senior
44	20:14:00	Joe Adlam-Cook	Cambridge University CC	male	Senior
45	20:15:00	Robert Watson	Cambridge CC	male	Vet
46	20:16:00	Matthew Peck	Ipswich BC	male	Vet
47	20:17:00	Stephen Wilkinson	Vanelli-Project GO	male	Vet
48	20:18:00	Colin Currie	Ely & District CC/B&T Motor Repairs	male	Vet
49	20:19:00	Luca Morrone	Onyx RT	male	Senior
50	20:20:00	Andrew Grant	Cambridge CC	male	Vet
51	20:21:00	Peter Drabble	V C Meudon	male	Espoir
52	20:22:00	Adam Williams	St Neots CC	male	Senior
53	20:23:00	Terry Garlinge	Easterley Road Club	male	Vet
54	20:24:00	Grant Orsborn	Bedfordshire Road RT	male	Vet
55	20:25:00	David Glossy	Elysium Kalas Race Team	male	Vet
56	20:26:00	Alex Purcell	CC Sudbury	male	Senior
57	20:27:00	Matt Donovan	Bedfordshire Road RT	male	Vet
58	20:28:00	Colin McDermott	Festival Road Club	male	Vet
59	20:29:00	Ken Buckley	BPC FLOWBIO race team	male	Senior
60	20:30:00	Kevin Tye	VeloRefined Rule5 Aerosmiths	male	Vet
61	20:31:00	Sam Brown	6AM Cycling	male	Senior
62	20:32:00	Alex Pritchard	HUUB WattShop	male	Senior
63	20:33:00	Matthew Smith	DRAG2ZERO	male	Vet