

Sussex CA (Hardriders)(Road Bikes)

05/03/2023 08:30

GS/194

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Headquarters

Handcross Parish Hall, High Street, Handcross, RH17 6BJ (Open from 7.30am).

Route from HQ to start

- To get to the start, turn right out of the Headquarters and follow the B2114 to Staplefield, turn right at the Jolly Tanners Pub and proceed across Staplefield Green up Staplefield Lane to turn left and left onto the B2115. Follow arrows to the start. ALLOW A GOOD 10 MINS TO GET TO START!!!!

Course details

CTT LONDON SOUTH DC - 25 MILES COURSE GS/195

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STAPLEFIELD/HANDCROSS/COWFOLD/ANSTY/CUCKFIELD/WHITEMANS GREEN
JUNCTION WITH B2110/HANDCROSS - A281/A272/B2110/B2036

COURSE DETAILS

<u>OS REF</u>	<u>DETAILS</u>
	<u>DISTANCES</u>

274282	<u>START</u> at School warning sign on northern corner of Staplefield Village green 50 yards
0.00	0.00

Short of B2114

262298	Proceed to join and follow B2114 to junction with B2110 at Handcross
1.21	1.21

LEFT on B2110 and straight on at mini RBT (roundabout) and through Lower Beeding
to junction with A281. Bear LEFT and follow A281 to twin RBTs (roundabouts) at Cowfold

213226
(CHECK)
6.09 7.30

Straight on 1st exit at first of twin RBTs and pedestrian crossing. LEFT 1st exit at second mini RBT to join A272. Follow A272 eastwards via Bolney RBT to Ansty mini RBT

291233
(CHECK)
5.17 12.47

LEFT 1st exit and continue on A272 to RBT at western end of Cuckfield by-pass

Straight on 1st exit and follow B2036 through Cuckfield Village to junction with B2115

304255
Green 1.82 Whitemans
14.29

Straight on, still on B2036, to mini RBT in Balcombe. Straight on, 1st exit, and continue to

309332 follow B2036 to junction with B2110 just south of the Cowdray Arms PH (CHECK)
5.08 19.37

LEFT on B2110 and proceed to FINISH at second large natural lay-by about 150 yards

264303 before mini RBT at north end of Handcross
3.43 22.80

COURSE NOTES

Mini RBT in Balcombe added at Loc. 43 09/06; Mini RBT in Cuckfield added at Loc. 36, District Reg. revised 0607

Course designed and measured by Steve Dennis

GENERAL NOTES to be included on Start Sheets

London South District Regulation; No vehicles, except those of the timekeepers and event officials, shall be parked in the

vicinity of the start and finish areas.

Specific to this course please add:-

In Cowfold between the mini RBTs there are pedestrian crossing lights which must be obeyed.

SAFETY INSTRUCTIONS

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards will be displayed or advised at the Signing On Point. All Competitors must take note

of these details when they sign on.

Competitors must exercise extra care when joining the A281, when riding through Cuckfield Village and Whitemans Green

and when negotiating all roundabouts including mini roundabouts.

No times will be given at the Finish.

(A form) (Revised 11.06.07)
(CR/LSDC/COURSE GS/194)

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GUIDANCE NOTES for Event Promoters

Promoters should refer to the GENERIC Risk Assessment and check that all measures to reduce risk have been covered.

Promoters should also complete a SPECIFIC Risk Assessment to identify any additional risks shortly before the event,

Contacting the Highways Authority and briefing Competitors at the Signing On Point if necessary. On the day after the event,

The Specific Risk Assessment Sheet/s must be posted to the London South Assistant Secretary (Courses & Risk Assessment)

-see details in the CTT Handbook.

Promoters should be familiar with CTT Regulations and, in particular, the Sections "Duties of Promoting Secretaries" and

" Abandonment or Postponement of Events as published in the CTT Handbook.

Promoters should keep the Entry Forms, Signing On Sheets and Check Cards for one year after the event if there has been

no incident in connection with the event and for three years if there has been an incident.

Details of Safe Routes to the Start and from the Finish may be added to the Safety Instructions on the Start Sheet where

appropriate.

COURSE DETAILS for submission on the Police Notification Form.

The Course details given below are in a format suitable for the Police Notification Form:-

GS/194 START at School warning sign at Staplefield village green. Follow B2114, B2110 and A281 to Cowfold.
LEFT at

second mini RBT. Follow A272 via Bolney RBT and Ansty mini RBT to RBT at western end of Cuckfield by-pass.
LEFT on

B2036 through Cuckfield, Whitemans Green and Balcombe to junction with B2110. LEFT on B2110 to FINISH at lay-by

about 150 yards before mini RBT at northern end of Handcross.

(A form) (Revised 11.06.07)
(CR/LSDC/Course GS/194)

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GENERIC RISK ASSESSMENT

<u>Location</u> <u>Reduce Risk</u>	<u>Details of Hazards</u>	<u>RISK</u> <u>H/M/L</u>	<u>Measures to</u>
1 General requirements on use of Course	Road usage meets CTT Traffic Standards	L	Traffic Counts Time restrictions

2. Before START <i>start Sheet</i>	Competitors riding from Event Headquarters Competitors warming up	L	<i>Instruction/s on</i>
3. Area of START Warning Sign <i>Start Sheet re</i> <i>Start</i>	Competitors waiting by side of road Timekeepers and event officials vehicles only in Start area	L	Cycle Event south of Start <i>Instruction on</i> <i>conduct at</i>
4. <u>START</u> measures) at School warning sign 50 yards short of B2114 at Staplefield	Competitors and/or Holder Up falling	L	NAM (no additional
5. Junction with B2114	LEFT on B2114 Traffic coming from Right	L	NAM
6. Brighton Road	Road on Left connecting with A23 southbound Event route has priority	L	NAM
7. Junction with B2110 in Handcross Warning Sign on	LEFT on B2110 to cross A23 Traffic coming from Right	L	<i>Marshal at junction</i> Cycle Event

B2110 north

of Junction

8. Mini RBT <i>Sheet</i>	Straight on 2nd exit on B2110	L	<i>Instruction on Start</i>
(roundabout)	Traffic coming from Right		
linked to A23			
northbound			
9. Covert Mead	Minor road on Left side	L	NAM
10. Coos Lane	Minor road on Left side	L	NAM
11. Hamshire Hill/ Hammerpond Road	Minor crossroads Event route has priority	L	NAM
crossroads			
12. Warninglid Lane	B2115 on Left side	L	NAM
B2115	Event route has priority		
13. Kiln Close	Minor road on Left side	L	NAM
14. Church Close	Minor road on Left side	L	NAM
15. Junction with A281 <i>junction and/or</i>	LEFT onto A281	L	<i>Marshal at</i>
Long Hill <i>Competitors</i>	Traffic coming from Right		<i>Direction Sign for</i>

Warning Sign on
 junction

Cycle Event
 A281 north of

16. Mill Lane Minor road on Left side L NAM

(A form) (Revised 11.06.07) (CR/LSDC/GRA
 for GS/194-P1)

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GENERIC RISK ASSESSMENT

<u>Location</u> <u>Reduce Risk</u>	<u>Details of Hazards</u>	<u>RISK</u> <u>H/M/L</u>	<u>Measures to</u>
17. Road to Peppersgate	Minor road on Left side	L	NAM
18. Picts Lane	Minor road on Left side	L	NAM
19. Cowfold mini RBTs and pedestrian Warning Sign on crossing RBTs	Straight on 1st exit at first mini RBT Traffic coming from Right Straight on at pedestrian crossing LEFT 1st exit at second mini RBT	M	<i>Marshal at RBT</i> Cycle Event A272 west of mini <i>Instruction on</i>
20. Fairfield Cottages	Minor road on Left side	L	NAM

Start Sheet

21. Kentstreet Lane crossroads	Minor crossroads Event route has Priority	L	NAM
22. Spronkett`s Lane/ Wineham Lane crossroads	Minor crossroads Event route has priority	L	NAM
23. Foxhole Lane/ Bolney chapel Road crossroads	Minor crossroads Event route has priority	L	NAM
24. Bolney Street	Minor road on Left side	L	NAM
25. Main Road	Main road feeder to/from A23 on Left side Event route has priority	L	NAM

For rest of GRA, too large to be input here, please contact Robin Johnson, Asst. Secretary (Courses

+ Risk Assessments) for a full copy on mr_rjohnson@outlook.com

Local regulations

Safety Notes

- A REAR LIGHT MUST BE IN PLACE AND FUNCTIONING OR NO RIDE
- Details of any additional hazards not listed on the Start Sheet will be displayed at the signing on point. All competitors MUST read these details when they sign on.
- Competitors are requested not to warm up on the course after the first competitor has started.
- Competitors must exercise extra care when joining the A281, when riding through Cuckfield Village and Whitemans Green, and when negotiating all roundabouts
- In Cowfold take extra care on approach to mini roundabouts as traffic on the A272 has priority. Additionally, be aware of Co-op store car park entrance prior to first mini roundabout here.
- NOTE: Cowfold has pedestrian crossing lights which must be obeyed.

London South District Regulation:

No Vehicles, except those of the timekeepers and race officials shall be parked in the vicinity of the start and finish areas.

- To get to the start, turn right out of the Headquarters and follow the B2114 to Staplefield, turn right at the Jolly Tanners Pub and proceed across Staplefield Green up Staplefield Lane to turn left and left onto the B2115. Follow arrows to the start. ALLOW A GOOD 10 MINS TO GET TO START!!!!
- After finishing, continue along the B2110 to mini roundabout where the Headquarters can be seen to the left.
- No times will be given at the finish line.

Organiser contact details

Clive Jackson
Ashfold Barn Horsham Road Handcross
07885 284628

jackocycling@hotmail.co.uk

Time keepers/officials

Mr Richare Meed

Course records

Solo Male

00:53:24

Chris McNamara

01-Mar-15 | Sussex CA (Hard-Shell Helmets Compulsory)

Solo Female

1:12:18

Sarah Phelps

05-Mar-17 | sussex ca

Awards/prizes

Awards

~~TEAMS~~ OF THREE Combined

1ST £40 each 2ND £30 3RD £20

~~FASTEST~~ AGE 40 – 44yrs

1ST £40 2ND £30 3RD £20

~~ROADEBIKES (MEN)~~ 49yrs

1ST £30 2ND £20 3RD £10

~~ROADEBIKES (WOMEN)~~ 49yrs

1ST £30 2ND £20 3RD £10

FASTEST AGE 55 – 60 yrs

1ST £15

FASTEST AGE 61 – 65 yrs

NOTES TO COMPETITORS:

1ST £15

17. Signing-on Sheet and Signing-out Sheet

FASTEST AGE 66 – 70 yrs

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

1ST £15

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race

~~FASTEST AGE 71 YRS +~~ the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

1ST £15

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Sussex CA (Hardriders)(Road Bikes)

Start Number	Start Time	Rider	Club	Gender	Category
1	08:31:00	Olly Thomas	Sussex Revolution Velo Club	male	Senior
2	08:32:00	Richard Keevil	GS Stella	male	Vet
3	08:33:00	Thomas Willan	Elevate RT	male	Senior
4	08:34:00	John Blight	Rapha Cycling Club	male	Senior
5	08:35:00	Tony Reeves	GS Stella	male	Vet
6	08:36:00	Sarah Matthews	...a3crg	female	Vet
7	08:37:00	Jonathan Smith	Onyx RT	male	Vet
8	08:38:00	David Ross	Elevate RT	male	Senior
9	08:39:00	Richard Cartland	HuntBikeWheels.com	male	Vet
10	08:40:00	Ray Sullivan	Metropolitan Police Cycle Club	male	Vet
11	08:41:00	Simon McNamara	Sigma Sports Race Team	male	Vet