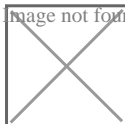


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# **Giant Helston S101/25**

## **S101/25 25 Mile TimeTrial**

**28/07/2024 07:00**

**S101/25**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

Sign on is at Lanivet Parish Community Centre, Carters Parc, Rectory Rd, Lanivet, Bodmin PL30 5HG

What3Words: <https://w3w.co/pitchers.practical.climber>

HQ will open at 6:00am so please don't get there beforehand.

A note from the Hall Manager is to reiterate that there is NO overnight parking/camping in the carpark so please use somewhere else if you intend to do so.

## Route from HQ to start

Please see the link for direction from the HQ to the start, approx. 1.6 mile.

Allow 10/15 minutes to get there as there is a nice hill to get there.

<https://maps.app.goo.gl/XWXhj8Fks943JLSX6>

Alternatively follow the instructions:

Head north on Rectory Rd towards Woodland View

0.1 mi



Continue onto Church Rd

482 ft



Turn left onto Truro Rd/A389

1.0 mi



At Innis Downs Jct, take the 2nd exit onto A391



At Innis Downs Jct, take the 3rd exit onto the A30 slip road to Redruth/Newquay/Airport

## Course details

Start on the 'No Through' road (Grid Ref SX031 629), at the first lamppost on the right from the roundabout. Proceed to roundabout, take 1st exit marked A30 West, Newquay, Redruth to join the A30 (with care). Continue until slip road off, sign to Newquay, Indian Queens, at bottom of slip road join underpass (with care). Pass under A30 and take the 4th exit marked Bodmin to rejoin A30 east bound (with care). Continue until Victoria interchanges. Take slip road off signed Victoria, Roche, to roundabout, take 3rd exit to cross over A30 to next roundabout. Take 2nd exit to rejoin A30 going west (with care). and repeat 1st lap. On completion of 2nd lap at Victoria interchange, take slip road signed Victoria, Roche to roundabout, take 1st exit onto the old A30 to the finish at the gate at the bottom of the dip just before road opposite under the new A 30.(Grid Ref SX013 627)

## Local regulations

## Organiser contact details

James Grogan  
22 Connor Hill Connor Downs Hayle  
07964426711

groggas@live.co.uk

## Time keepers/officials

Time keepers and marshall positions filled by freinds and family of promoting club.

## Course records

### Solo Open

00:48:30

Steve Lampier

13-Sep-20 | Giant Helston (LMTF 09:30)

### Solo Female

00:57:50

Erica Booth

13-Sep-20 | Giant Helston (LMTF 09:30)

### Solo Open (Junior)

00:53:23

Harry Jukes

01-Aug-21 | Giant Helston (LMTF 09:30)

### Solo Female (Junior)

1:02:04

Hannah Rainger

01-Aug-21 | Giant Helston (LMTF 09:30)

### Team TT

00:50:25

James Grogan, Tim Mcevoy, James Hadfield, Jason Mcgowan

15-Sep-19 | Giant Helston (4up TTT) (Entry fee per rider)(inc. SW DC Championships)(LMTF 09:30)

## Awards/prizes

Prizes kindly given by Muc-Off, Styrkr and Giant UK.

Coffee and Refreshments available from Coffee and Cadence at the HQ.

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Giant Helston S101/25

| Start Number | Start Time | Rider                    | Club                             | Gender | Category |
|--------------|------------|--------------------------|----------------------------------|--------|----------|
| 1            | 07:01:00   | Holly Tregear            | Kernow Racing Team               | Female | Youth    |
| 2            | 07:02:00   | Anthony Green            | Kernow Racing Team               | Open   | Vet      |
| 3            | 07:03:00   | Lindsay Philp            | Kernow Racing Team               | Female | Vet      |
| 4            | 07:04:00   | Graham Lobb              | www.giant-helston.co.uk          | Open   | Vet      |
| 5            | 07:05:00   | John Steadman            | Pure Endurance                   | Open   | Vet      |
| 6            | 07:06:00   | Gary Hickman             | Tri Logic Cornwall               | Open   | Vet      |
| 7            | 07:07:00   | Lisa Gower               | Tri Logic Cornwall               | Female | Vet      |
| 8            | 07:08:00   | Guy Parry                | Wadebridge Coasters Cycling Club | Open   | Vet      |
| 9            | 07:09:00   | Josef Fitzgerald-Patrick | Penzance Wheelers CC             | Open   | Senior   |
| 10           | 07:10:00   | Rose Willis              | St Austell Whs CC                | Female | Vet      |
| 11           | 07:11:00   | Angharad Berriman        | Penzance Wheelers CC             | Female | Vet      |
| 12           | 07:12:00   | Tristan Harris           | Penzance Wheelers CC             | Open   | Vet      |
| 13           | 07:13:00   | Benjamin Divito          | www.giant-helston.co.uk          | Open   | Senior   |
| 14           | 07:14:00   | Peter Blackshaw          | Penzance Wheelers CC             | Open   | Vet      |
| 15           | 07:15:00   | Aaron Lawrence           | Exeter Whs CC                    | Open   | Senior   |
| 16           | 07:16:00   | Hari Slade               | Penzance Wheelers CC             | Open   | Vet      |
| 17           | 07:17:00   | John Fazakerley          | Penzance Wheelers CC             | Open   | Vet      |
| 18           | 07:18:00   | Jonathan Webb            | Tri Logic Cornwall               | Open   | Vet      |
| 19           | 07:19:00   | Mark King                | Tri Logic Cornwall               | Open   | Vet      |
| 20           | 07:20:00   | Eve Sealy                | Tri Logic Cornwall               | Female | Senior   |
| 21           | 07:21:00   | Frederick Mayall         | Exeter Whs CC                    | Open   | Vet      |
| 22           | 07:22:00   | Larry Martin             | Tri Logic Cornwall               | Open   | Vet      |
| 23           | 07:23:00   | Nick Keat                | Wadebridge Coasters Cycling Club | Open   | Vet      |
| 24           | 07:24:00   | Mark Pierce              | Plymouth Corinthian CC           | Open   | Senior   |
| 25           | 07:25:00   | Nathan Jenkin            | Tri Logic Cornwall               | Open   | Vet      |
| 26           | 07:26:00   | Philip Bache             | www.giant-helston.co.uk          | Open   | Senior   |
| 27           | 07:27:00   | Nigel Polkinghorne       | Duchy Velo                       | Open   | Vet      |
| 28           | 07:28:00   | Doug Parker              | Sid Valley CC                    | Open   | Vet      |
| 29           | 07:29:00   | Matthew Eddy             | www.giant-helston.co.uk          | Open   | Senior   |
| 30           | 07:30:00   | Steven Farnell           | Tri Logic Cornwall               | Open   | Vet      |
| 31           | 07:31:00   | Johnathan Dominguez      | www.giant-helston.co.uk          | Open   | Vet      |
| 32           | 07:32:00   | Peter Miners             | Duchy Velo                       | Open   | Vet      |

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| <b>Start Number</b> | <b>Start Time</b> | <b>Rider</b>  | <b>Club</b>             | <b>Gender</b> | <b>Category</b> |
|---------------------|-------------------|---------------|-------------------------|---------------|-----------------|
| 33                  | 07:33:00          | Jon Tune      | City Cycle Couriers RT  | Open          | Vet             |
| 34                  | 07:34:00          | Adrian Ball   | Tri Logic Cornwall      | Open          | Vet             |
| 35                  | 07:35:00          | Peter Loader  | Mid Devon Cycling Club  | Open          | Vet             |
| 36                  | 07:36:00          | Oliver Baylin | www.giant-helston.co.uk | Open          | Senior          |
| 37                  | 07:37:00          | Paul Walshe   | Plymouth Corinthian CC  | Open          | Vet             |
| 38                  | 07:38:00          | Lubos Obornik | Cranbrook Cycle Club    | Open          | Vet             |
| 39                  | 07:39:00          | Mark Sanders  | Mid Devon Cycling Club  | Open          | Vet             |
| 40                  | 07:40:00          | Steve Lampier | Kernow Racing Team      | Open          | Vet             |
| 41                  | 07:41:00          | James Percy   | Mid Devon Cycling Club  | Open          | Espoir          |
| 42                  | 07:42:00          | Donald Brooks | Mid Devon Cycling Club  | Open          | Vet             |
| 43                  | 07:43:00          | Conrad Moss   | NopinZ                  | Open          | Vet             |