

Kent Valley RC (Charity Event)(Preference North DC Clubs)(NO Start Order Preference)

25 mile TT on Levens L2524

23/06/2024 07:00

L2524 - LEVENS

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Layby on the road to Sizergh Castle

Route from HQ to start

return to A590, turn left and around Brettagh Holt Roundabout to proceed towards Barrow, start in bus stop layby 200 meters up the A590

Course details

START at large sign (Levens Village/ Grange/ Newby Bridge) at west end of lay-by on A590 which is immediately east of Force Lane near junction with A6 road to Levens Bridge. Proceed in a westerly direction along A590 to Meathop Roundabout (5.57 miles) where take the first exit on to the B5277 to Lindale village where encircle Mini-Roundabout (6.86 miles). Retrace along the B5277 to Meathop Roundabout (8.08 miles) and take the second exit along the A590. Continue in an easterly direction along the A590 (The overhead bridge near Levens turn off is half distance) to the Roundabout near Sedgwick (14.18 miles). Encircle, taking the 4th exit along the A590 passing through the starting point (14.62 miles) and continue in a westerly direction to Meathop Roundabout (20.26 miles) where on this second occasion encircle and retrace along the A590. FINISH at white line 15 yards past 'A6' sign on slip road to the A6 road approximately 140 yards south-west of junction with the Levens Bridge to Levens village road (25 miles).

Local regulations

Cycling Time Trials – North D.C. 2022 – Local Regulations L1015, L2524, L308

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users

Regulation 17: Signing-on Sheet and Signing-Out Sheet:

- a. The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- b. In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing-Out Sheet

Local Reg No 5

During the event, warming-up on the course is not permitted.

Competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event

Local Reg No 12

No parking on the car park or on the frontage of the Strickland Arms.

Local Reg No 15

Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

ALL the ABOVE to be included on the START SHEET

IN ADDITION TO THE ABOVE

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Helmets:

All competitors **MUST** wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15).

NOTE - ALL of the above MUST be included on the start sheet for the riders' information.

The following local regulations / recommendations / information applies to

the event promoters.

Local Reg No 7

The start sheet must include the designated point for the completion of the Signing on and Signing-Out sheet, receiving any further instructions and the collection of numbers [see Regulation No 27(e)(xi) and 27(h)(i)]

Local Reg No 11

For all events in the North District at least 50% of the entry fees (less levies) must be allocated to awards.

In Addition to the above

A copy of the warning sign 'Head Down' should be displayed at event H.Q. or start.

Safety: In the interests of safety, marshals should wear fluorescent clothing.

Risk Assessment: The event must comply with the Risk Assessment relevant to the course being used, also any instructions/warnings etc. for the rider on the Risk Assessment must be included on the start sheet.

'Event Safety Form' to be completed and returned to the Assistant Sec for Open Events with the copy of the result sheet.

Course: The course details on Police Forms and Start Sheets must be identical to the details as enclosed.

Event Officials: A competent person must be appointed as the “Start Line Official” who will “manage” the start line and assist the timekeeper.

The following recommendations should also be adopted by event promoters

- 1 All timekeepers should be offered a fee of not less than £20.00.
- 2 The first rider off should be a member of the promoting club.

Note - A general guide to the duties of a promoting secretary are given on page 89 of the current handbook, you will also be issued with a copy and a check list.

Although you should have studied and generally understood C.T.T. Rules and Regulations, in particular the following are brought to your attention-

Rule 1 Disciplinary Action and Appeals by Promoting Clubs.

Regulation 15 Protective Helmets.

Regulation 42 Reporting Accidents.

The current standard entry form is dated May 2018 or the Cycling Time Trials internet entry system

Organiser contact details

Tom Wall
158 Vicarage Drive Kendal
07786 392068

thomaswall@sky.com

Time keepers/officials

Timekeepers Maragret Belk and Tracy Moore

Course records

Solo Open

00:47:02

Simon Wilson

25-Jun-23 | Kent Valley RC (Charity Event)(Preference North DC Clubs)

Solo Female

00:55:43

Erica Booth

18-Jul-21 | East Lancashire Road Club

Solo Open (Junior)

00:50:51

Patrick Casey

26-Jun-22 | Kent Valley RC (Charity Event)(Preference North DC Clubs)

Solo Female (Junior)

1:11:20

Sophie Heighton

25-Jun-23 | Kent Valley RC (Charity Event)(Preference North DC Clubs)

Team TT

00:50:41

Aiden Heyworth , David Ashton

21-May-23 | Wigan Wheelers (2up TTT)(60 Teams)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
53	00:07:53	Alex Thomas	Kent Valley RC	Open	Senior
54	00:07:54	Brian Moore	The Tricycle Association - North Western Region	Open	Vet
55	00:07:55	Matt Morris	Wigan Whs CC	Open	Senior
56	00:07:56	Peter Grindley	Liverpool Century RC	Open	Vet
57	00:07:57	Steven Hankey	Warrington Road Club/Horton Light Engineering	Open	Vet
58	00:07:58	Lorenzo Mezzullo	Manchester Bicycle Club	Open	Senior
59	00:07:59	Cliff Degraff	Velo Club Cumbria	Open	Vet
60	00:08:00	Paul Braithwaite	Pendle Forest CC	Open	Vet
61	00:08:01	Simon Horsley	Legato Racing Team (LRT)	Open	Vet
62	00:08:02	Peter Greenwood	Clayton Velo	Open	Vet
63	00:08:03	Martin Gargett	Halifax Imperial Wheelers	Open	Vet
64	00:08:04	Simon Phillips	VTTA North Lancs and Lakes Group	Open	Vet
65	00:08:05	Alan Broadbent	Graham Weigh Racing-Deeside Olympic	Open	Vet
66	00:08:06	Alan Davidson	Dundee Thistle	Open	Vet
67	00:08:07	Martin Welsh	Pendle Forest CC	Open	Vet
68	00:08:08	Will Trevor	City RC (Hull)	Open	Espoir
69	00:08:09	Stuart Phillipson	Velo Club Cumbria	Open	Vet
70	00:08:10	Andrew Whiteside	Springfield Financial Racing Team	Open	Vet
71	00:08:11	Sebastian Grindley	North Cheshire Clarion	Open	Espoir
72	00:08:12	Paul David Fleming	Preston Whs	Open	Vet
73	00:08:13	Richard Tyson	Rock to Roll CC	Open	Vet
74	00:08:14	David Rundall	Chorley Cycling Club	Open	Vet
75	00:08:15	Joe Hands	GTR - Return To Life p/b Streamline	Open	Vet
76	00:08:16	Simon Inman	OVB	Open	Vet
77	00:08:00	Eddie Monteith	Warrington Road Club/Horton Light Engineering	Open	Senior

Start Number	Start Time	Rider	Club	Gender	Category
78	00:08:18	Davey Allanson	360cycling	Open	Junior
79	00:08:19	Derek Black	Wigan Whs CC	Open	Vet
80	00:08:20	Richard Bideau	Pendle Forest CC	Open	Vet
81	00:08:21	Joe Cosgrove	Team Bottrill	Open	Espoir
82	00:08:22	Roy Nield	East Lancashire RC	Open	Vet
83	00:08:23	Gianni Epifani	Manx Viking Wheelers	Open	Vet
84	00:08:24	Mick Braithwaite	Springfield Financial Racing Team	Open	Vet
85	00:08:25	Mark Parsons	Team ASL-Bolton	Open	Vet
87	00:08:17	Ben Huddart	Lancashire RC	Open	Senior
87	00:08:27	Benjamin Horrobin	360cycling	Open	Senior
88	00:08:28	Chris Rainford	Chorley Cycling Club	Open	Vet
89	00:08:29	Toby Diggins	360cycling	Open	Youth
90	00:08:30	George Elliott	Liverpool Century RC	Open	Senior
91	00:08:31	William Bonar	GTR - Return To Life p/b Streamline	Open	Senior
92	00:08:32	Bryan Pool	Border City Whs CC	Open	Vet
93	00:08:33	Mark Charnock-Bateman	North Lancashire Road Club	Open	Vet
94	00:08:34	Mike Westmorland	Border City Whs CC	Open	Vet
95	00:08:35	Angus Wilson	Dundee Thistle	Open	Vet
96	00:08:36	Tony Scott	GTR - Return To Life p/b Streamline	Open	Vet
97	00:08:37	James Meldrum	Mersey Tri	Open	Vet
98	00:08:38	Simon Diggins	360cycling	Open	Vet
99	00:08:39	Harry Cowley	Chester RC	Open	Vet
100	00:08:40	Marc Anderson	GTR - Return To Life p/b Streamline	Open	Vet
101	00:08:41	Jymmy Trevor	City RC (Hull)	Open	Vet
102	00:08:42	Matt Stell	Springfield Financial Racing Team	Open	Vet
103	00:08:43	Jamie Pleavin	Liverpool Century RC	Open	Vet
104	00:08:44	David Hilditch	Springfield Financial Racing Team	Open	Vet
105	00:08:45	John Fiddies	HIVE Racing	Open	Vet
106	00:08:46	Joe Beech	Preston Whs	Open	Senior
107	00:08:47	Stephen l'Anson	Buxton CC/Sett Valley Cycles	Open	Vet
108	00:08:48	Karen Bailey	East Lancashire RC	Female	Vet
109	00:08:49	Michael Cox	North Lancashire Road Club	Open	Vet
110	00:08:50	Kamil Waligora	360cycling	Open	Senior

Start Number	Start Time	Rider	Club	Gender	Category
111	00:08:51	Barry Murphy	Graham Weigh Racing-Deeside Olympic	Open	Vet
112	00:08:52	Tom Minshull	High Peak Cycles RT	Open	Senior
113	00:08:53	Graham Jones	Edinburgh Road Club	Open	Vet
114	00:08:54	Philip Elliott	Liverpool Century RC	Open	Vet
115	00:08:55	Sandy Waller	Edinburgh Road Club	Open	Senior
116	00:08:56	Kevin Blades	360cycling	Open	Vet
117	00:08:57	Jon Dance	ABC Centreville	Open	Vet
118	00:08:58	Fiona Davidson	Dundee Wheelers CC	Female	Vet
119	00:08:59	Richard Maughan	VTTA North Lancs and Lakes Group	Open	Vet
120	00:09:00	Jason Bateman	Pendle Forest CC	Open	Vet