

Velo Club Cumbria

LC2529 - BRAITHWAITE - SUNDAY 30TH June 2024

30/06/2024 09:00

L2529 - BRAITHWAITE

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

The Braithwaite Institue.

Braithwaite CA12 5RY

Route from HQ to start

Start 0.36 miles east of Braithwaite Institute at the eastern side of the westerly junction of the old road where it joins the A66.

Course details

Start 0.36 miles east of Braithwaite Institute at the eastern side of the westerly junction of the old road where it joins the A66. Proceed East along the A66 to the A591 Keswick/Bothel roundabout. Encircle roundabout and retrace along A66, past the start. Continue to roundabout junction with the A5086 Cockermouth/Egremont road. Encircle roundabout and retrace to finish at mark in road opposite BT inspection cover in verge on south side of road and 0.37 miles west of Braithwaite Institute

Local regulations

Cycling Time Trials – North D.C. 2022- A66 Courses

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor

has affixed to the front of their machine A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. A WORKING

REAR RED LIGHT must be affixed to the rear of the machine, that is illuminated and in a position that

is clearly visible to other road users.

CTT Regulation 17: Signing-on Sheet and Signing-Out Sheet:

(a) The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the events HQ either during the event or within a

reasonable time after the last rider has finished the even and must (i) return their number and (ii)

sign the official Signing–Out Sheet

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually

competing.

Local Reg No 6

Any competitor making a ‘U’ turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 9

No parking on the A66 except in a designated lay-by. No competitor parking in the Start/Finish lay-by

on any A66 course.

Local Reg No 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the

above may lead to disqualification.

IN ADDITION TO THE ABOVE:

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of

Regulations).

Riders must NOT ride with their heads down.

Helmets:

All competitors MUST wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15)

Organiser contact details

Daniel Ward
White House Little Clifton Workington
07827 910920

danielward@ymail.com

Time keepers/officials

Time Keeper - Mrs Tracey Moore

Course records

Solo Open

00:45:48

John Archibald

08-Aug-21 | RTTC National 25 mile Championship (North DC) (Men)(entries close 13/07/21)

Solo Female

00:50:19

Hayley Simmonds

08-Aug-21 | RTTC National 25 mile Championship (North DC) (Women)(entries close 13/07/21)

Solo Open (Junior)

00:50:20

Jacob Bush

08-Aug-21 | RTTC National 25 mile Championship (North DC) (Juniors)(entries close 13/07/21)

Solo Female (Junior)

00:56:51

Ella Jamieson

08-Aug-21 | RTTC National 25 mile Championship (North DC) (Juniors)(entries close 13/07/21)

Awards/prizes**NOTES TO COMPETITORS:****17. Signing-on Sheet and Signing-out Sheet**

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Velo Club Cumbria

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Lindsay-Anne Straughton	Velo Club Cumbria	Female	Vet
2	09:02:00	Ayesha Vose	ESV Manchester	Female	Junior
3	09:03:00	Peter Rowe	Kent Valley RC	Open	Vet
4	09:04:00	Brian Moore	The Tricycle Association - North Western Region	Open	Vet
5	09:05:00	Harry Cowley	Chester RC	Open	Vet
6	09:06:00	Stuart Phillipson	Velo Club Cumbria	Open	Vet
7	09:07:00	Esther Hamill	Dumfries CC	Female	Vet
8	09:08:00	William Armstrong	Velo Club Cumbria	Open	Vet
9	09:09:00	Terry Parvin	Ferryhill Whs	Open	Vet
10	09:10:00	Richard Belk	Kent Valley RC	Open	Vet
11	09:11:00	Cliff Degraff	Velo Club Cumbria	Open	Vet
12	09:12:00	Thomas Percival	Velo Club Cumbria	Open	Junior
13	09:13:00	Sue Cheetham	North Lancashire Road Club	Female	Vet
14	09:14:00	Darren Howarth	Kent Valley RC	Open	Vet
15	09:15:00	Kenneth Brown	Velo Club Cumbria	Open	Vet
16	09:16:00	Kirk Finlinson	Redditch Road & Path CC	Open	Vet
17	09:17:00	David J Gibson	Border City Whs CC	Open	Vet
18	09:18:00	Kate Kirkland	Born to Bike - Bridgtown Cycles	Female	Vet
19	09:19:00	Nick Higginson	Cleveleys Road Club	Open	Vet
20	09:20:00	Mike Westmorland	Border City Whs CC	Open	Vet
21	09:21:00	Sam Witter	Congleton CC - MyWindsock	Open	Senior
22	09:22:00	Ian Elliot	Hawick Cycling Club	Open	Vet
23	09:23:00	Mick Braithwaite	Springfield Financial Racing Team	Open	Vet
24	09:24:00	Randle Shenton	Border City Whs CC	Open	Vet
25	09:25:00	Davey Allanson	360cycling	Open	Junior
26	09:26:00	David Rundall	Chorley Cycling Club	Open	Vet
27	09:27:00	Simon Phillips	VTTA North Lancs and Lakes Group	Open	Vet
28	09:28:00	Graham Jones	Edinburgh Road Club	Open	Vet

Start Number	Start Time	Rider	Club	Gender	Category
29	09:29:00	Stephen I'Anson	Buxton CC/Sett Valley Cycles	Open	Vet
30	09:30:00	Robin Gillespie	Beacon Wheelers	Open	Vet
31	09:31:00	James Muir	Glasgow Nightingale CC	Open	Vet
32	09:32:00	Richard Tyson	Rock to Roll CC	Open	Vet
33	09:33:00	Benjamin Horrobin	360cycling	Open	Senior
34	09:34:00	Neil Cooper	Liverpool Century RC	Open	Vet
35	09:35:00	Malcolm Steer	Zurbaran Racing	Open	Vet
36	09:36:00	Matt Stell	Springfield Financial Racing Team	Open	Vet
37	09:37:00	Kevin Chadwick	Lakes Road Club	Open	Vet
38	09:38:00	Dean Newton	Velo Club Cumbria	Open	Senior
39	09:39:00	Adam Taylor	Wigan Whs CC	Open	Senior
40	09:40:00	Allistair Moffat	Velo Club Cumbria	Open	Vet
41	09:41:00	Matt Hill	Zurbaran Racing	Open	Vet
42	09:42:00	Paul Braithwaite	Pendle Forest CC	Open	Vet
43	09:43:00	Mat Ivings	Buxton CC/Sett Valley Cycles	Open	Vet
44	09:44:00	Jon Sturman	Border City Whs CC	Open	Vet
45	09:45:00	Richard Shield	Velo Club Cumbria	Open	Senior
46	09:46:00	Richard Bideau	Pendle Forest CC	Open	Vet
47	09:47:00	Jason Bateman	Pendle Forest CC	Open	Vet
48	09:48:00	Emil Petrov	Border City Whs CC	Open	Senior
49	09:49:00	George Skinner	Royal Albert Cycling Club	Open	Vet