

Border City Whs CC

Border City Wheelers 25mile Time Trial on the – L2511

07/07/2024 09:00

L2511 - COCKERMOUTH

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Cockermouth Rugby Club Strawberry How Business Centre, Cockermouth CA13 9XQ

Route from HQ to start

From the rugby Club down to the road end and turn left. At the next road end turn right on to B5295 follow the road down to the traffic lights where turn left on to Station Road. At the end turn Left on to A5086 Lamplugh Road follow this road up to the the roundabout at A66 where first left along the A66 for approx 1/2 a mile to the start.

<https://www.strava.com/routes/3109394971014970814>

Course details

START at painted mark on kerb against drain at east end of the first lay-by to the east of Simonscales Bridge over the A66. This lay-by is 0.75 miles from the roundabout junction with the A5086 Cockermouth/Egremont road. Proceed from the start along the A66 in an easterly direction to the A591 Keswick/Bothel roundabout junction (12.1 miles). Encircle roundabout and retrace along the A66 to the roundabout at the Cockermouth/Egremont junction(24.8 miles) where turn left taking the A5086 Egremont road to FINISH beyond entrance to The Sheep Centre at painted mark in line with large A5086 sign (25 miles).

Local regulations

Local regulations

Cycling Time Trials –

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 14 Competitors Machine– FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine A WORKING FRONT WHITE LIGHT, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. A WORKING REAR RED LIGHT must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 17: Signing-on Sheet and Signing-Out Sheet:

a. The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

b. In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing–Out Sheet

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 9

No parking on the A66 except in a designated lay-by. No competitor parking in the Start/Finish lay-by on any A66 course.

Startsheet for: Border City Whs CC (NLTTA Championship) 07/08/2022

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Local Reg No 15

Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

Local Reg No 17

On the L1010, competitors must not access the Start Lay-By via the carriageway break and ride

West bound on the East bound carriageway. This will lead to disqualification from the event.

IN ADDITION TO THE ABOVE:

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Helmets:

All competitors MUST wear a HELMET of HARD/SOFT SHELL construction that conforms to a

recognised Standard (See Regulation 15).

Organiser contact details

Bryan Pool
13 The Square Dalston Carlisle

01228 711823
bryedd.pool@gmail.com

Time keepers/officials

Starter - Keith Bickley

Finisher - Richard Abram

Course records

Solo Open

00:48:20

Douglas Watson

09-Jul-23 | Border City Whs CC

Solo Female

00:55:11

Erica Booth

27-Jun-21 | Velo Club Cumbria (NLTTA Championship)

Solo Open (Junior)

00:54:01

Jude Davison

28-Aug-22 | Velo Club Cumbria

Awards/prizes

Category	Overall	W	V40	V50	V60+
1 st	£25	£25	£15	£15	£15
2 nd	£15	£15	£10	£10	£10
3 rd	£10	£10			
4 th					

One Rider one Prize

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Border City Whs CC

Start Number	Start Time	Rider	Club	Gender	Category
3	09:03:00	Kevin Crawley	Border City Whs CC	Open	Vet
4	09:04:00	Derek Black	Wigan Whs CC	Open	Vet
5	09:05:00	Simon Dighton	Beacon Roads CC	Open	Vet
6	09:06:00	Paul Russell	Springfield Financial Racing Team	Open	Vet
7	09:07:00	Steven Bedford	North Lancashire Road Club	Open	Vet
8	09:08:00	Darren Howarth	Kent Valley RC	Open	Vet
9	09:09:00	Paul Cottrell	Sunderland Clarion	Open	Vet
10	09:10:00	Daniel Hind	Total Tri Training	Open	Senior
11	09:11:00	Ellis Murray	Darlington Cycling Club	Open	Espoir
12	09:12:00	Robin Gillespie	Beacon Wheelers	Open	Vet
13	09:13:00	Mike Westmorland	Border City Whs CC	Open	Vet
14	09:14:00	Cliff Degraff	Velo Club Cumbria	Open	Vet
15	09:15:00	Adam Taylor	Wigan Whs CC	Open	Senior
16	09:16:00	Deborah Moss	Springfield Financial Racing Team	Female	Vet
17	09:17:00	David Rundall	Chorley Cycling Club	Open	Vet
18	09:18:00	Stuart Phillipson	Velo Club Cumbria	Open	Vet
19	09:19:00	Esther Hamill	Dumfries CC	Female	Vet
20	09:20:00	Allistair Moffat	Velo Club Cumbria	Open	Vet
21	09:21:00	Davey Allanson	360cycling	Open	Junior
22	09:22:00	Martin Welsh	Pendle Forest CC	Open	Vet
23	09:23:00	Mark Jones	360cycling	Open	Vet
24	09:24:00	Howie Buckingham	Allen Valley Velo	Open	Vet
25	09:25:00	Emil Petrov	Border City Whs CC	Open	Senior
26	09:26:00	Adrian Sowerby	Border City Whs CC	Open	Vet
27	09:27:00	Jake Higham	TricentralUk	Open	Senior
28	09:28:00	David J Gibson	Border City Whs CC	Open	Vet
29	09:29:00	William Armstrong	Velo Club Cumbria	Open	Vet
30	09:30:00	Joe Beech	Preston Whs	Open	Senior
31	09:31:00	Paul Blackburn	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Open	Vet

Start Number	Start Time	Rider	Club	Gender	Category
32	09:32:00	David Wright	Warrington Road Club/Horton Light Engineering	Open	Vet
33	09:33:00	Thomas Percival	Velo Club Cumbria	Open	Junior
34	09:34:00	Theresa Taylor	Springfield Financial Racing Team	Female	Vet
35	09:35:00	David Hill	Giant-Kendal-Sidas.uk	Open	Senior
36	09:36:00	Malcolm Steer	Zurbaran Racing	Open	Vet
37	09:37:00	Matthew Whitehead	Carlisle Tri Club	Open	Espoir
38	09:38:00	Dougi Hall	Border City Whs CC	Open	Vet
39	09:39:00	John Eric Potter	VTTA (Yorkshire)	Open	Vet
40	09:40:00	Mark Parsons	Team ASL-Bolton	Open	Vet
41	09:41:00	Paul Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Open	Vet
42	09:42:00	Neil Cooper	Liverpool Century RC	Open	Vet
43	09:43:00	Mick Braithwaite	Springfield Financial Racing Team	Open	Vet
44	09:44:00	Sue Cheetham	North Lancashire Road Club	Female	Vet
45	09:45:00	Jon Sturman	Border City Whs CC	Open	Vet
46	09:46:00	Peter Greenwood	Clayton Velo	Open	Vet
47	09:47:00	Graham Jones	Edinburgh Road Club	Open	Vet
48	09:48:00	David Hilditch	Springfield Financial Racing Team	Open	Vet
49	09:49:00	Richard Belk	Kent Valley RC	Open	Vet
50	09:50:00	Paul Braithwaite	Pendle Forest CC	Open	Vet
51	09:51:00	Jude Davison	Beacon Wheelers	Open	Espoir
52	09:52:00	Sean Quinn	Law Wheelers	Open	Vet
53	09:53:00	Randle Shenton	Border City Whs CC	Open	Vet
54	09:54:00	Simon Phillips	VTTA North Lancs and Lakes Group	Open	Vet
55	09:55:00	Andrew Whiteside	Springfield Financial Racing Team	Open	Vet