## North Tyneside Riders (Including The N&DCA 50 Mile Champs)(inc VTTA (North Group))(entries Close 16/06/24)

### A Long Counter for the N&DCA BAR Competition 2024

23/06/2024 07:30

M50

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



#### Headquarters

Cramlington Town Football Club, Ormston Street, CRAMLINGTON, Northumberland, NE23 3BE

#### Route from HQ to start

Turn right out of HQ car park and proceed to road end. Cross the two carriageways (take care) and proceed west on the A192 towards the Crowhall Lane (Fire Station) roundabout. Go straight over the roundabout and proceed to the Plessey Checks roundabout, where riders encircle back onto the A192 eastbound to the START line. The distance is approximately 2.5 miles so allow enough time to get from Race HQs to the start line.

#### Course details

START at power cable pole DP14 on the A192, approximately 0.24 mile east of Plessey Checks Roundabout. Proceed to Crowhall Lane Roundabout. Continue straight on (second exit) to the Three Horseshoes Roundabout. Take the second exit onto slip road and then onto A189. Proceed North on the A189 to North Seaton/Sandy Bay roundabout, proceed straight over (third exit) and on to Woodhorn roundabout. Proceed straight over (second exit) to mini roundabout. Take first exit onto A189. At Linton roundabout, take third exit onto A1068. Continue on A1068 to the Ellington roundabout taking first exit to remain on A1068. At the Houndalee roundabout, take 2nd exit to continue on the A1068 until the Widdrington roundabout, where straight on (second exit) remaining on the A1068. Continue until encircling mini roundabout before Amble (19.75 miles) to retrace route south bound on the A1068. Follow A1068 all the way back through Widdrington to Linton roundabout. Take first exit to retrace route via A189 to Woodhorn and then North Seaton/Sandy Bay roundabouts. Continue along A189 until slip road at Three Horse Shoes roundabout/A192. Take third exit onto A192 and proceed over Crowhall Lane roundabout (second exit) and follow A192 until Plessey Checks roundabout. At roundabout take first exit onto A1068 proceeding to the Bassington roundabout. Staying right, encircle the roundabout taking third exit to return North on A1068. Continue to Plessey Checks roundabout. At the roundabout, take the 3rd exit to join A192 and the start of second shorter lap. Proceed as first lap to A189, via Crowhall Lane roundabout, to Three Horse Shoes, roundabout, taking second exit onto A189. Proceed along A189 to the second exit, marked Earth Balance. Stay in right lane to join the A1147. Continue bearing right under A189 and onto B1331. Continue around B1331 to re-join A189 Southbound. Proceed South along A189 to take the second exit onto the Three Horse Shoes Roundabout. Proceed to roundabout and take the third exit back onto the A192. Continue over Crowhall Lane roundabout and to: FINISH At small lay-by .22miles before Plessey Checks roundabout.

#### Local regulations

#### **Organiser contact details**

Ian Gallon 17 Springfield Gardens Wallsend 07828900383 01912950742 galnufc@msn.com

#### Time keepers/officials

Timekeepers: Peter & Frances Schultz

ResultSheet: Vicky Cuthbertson

#### Course records

#### Solo Open

1:36:13

Kyle Gordon 04-Oct-20 | RTTC National 50 Mile Championship (North East DC)(Men)(Entries close 08/09/20)

#### Solo Female

1:47:46 Emily Meakin 04-Oct-20 | RTTC National 50 Mile Championship (North East DC)(Women)(Entries close 08/09/20)

#### Awards/prizes

To be confirmed

#### NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

## Startsheet

# North Tyneside Riders (Including The N&DCA 50 Mile Champs)(inc VTTA (North Group))(entries Close 16/06/24)

Start Number	Start Time	Rider	Club	Gender	Category
1	07:31:00	Justin Heath	North Tyneside Riders CC	Open	Vet
2	07:32:00	Davis Reader	Durham Triathlon Club	Open	Senior
3	07:33:00	Steven Burns	Houghton CC	Open	Vet
4	07:34:00	David Snowdon	South Shields Velo Cycling Club	Open	Vet
5	07:35:00	Alexander Storey	GS Metro	Open	Senior
6	07:36:00	Sarah Wann	EMC Cycling	Female	Vet
7	07:37:00	Justine Norman	Team VC	Female	Vet
8	07:38:00	Sue McFarlane	Army Cycling	Female	Vet
9	07:39:00	Sarah Foulds	Team VC	Female	Vet
10	07:40:00	Claire Cook	South Shields Velo Cycling Club	Female	Vet
11	07:41:00	Lois Jarvis	Muckle Cycle Club	Female	Senior
12	07:42:00	Adele McAleer	Team VC	Female	Vet
13	07:43:00	Louise Burnie	Blaydon CC	Female	Vet
14	07:44:00	Joanne Rea	Team Kirkley Cycles	Female	Senior
15	07:45:00	Ray Bell	Derwentside CC	Open	Vet
16	07:46:00	David Lavery	North Tyneside Riders CC	Open	Vet
17	07:47:00	Lee Ridden	Reifen Racing	Open	Vet
18	07:48:00	Noel Stoddart	Allen Valley Velo	Open	Vet
19	07:49:00	Kenny McLellan	Reifen Racing	Open	Vet
20	07:50:00	Lewis Timmins	Vector Racing	Open	Senior
21	07:51:00	Simon Crisp	Gosforth RC	Open	Senior
22	07:52:00	John Davidson	Reifen Racing	Open	Vet
23	07:53:00	Lee Whittaker	Alnwick & District Triathlon Club	Open	Vet
24	07:54:00	Brian Johnson	Reifen Racing	Open	Vet
25	07:55:00	Hugo Storey	Muckle Cycle Club	Open	Senior
26	07:56:00	Ross Downie	Barnesbury CC	Open	Vet
27	07:57:00	Philip Gilbanks	Muckle Cycle Club	Open	Senior
28	07:58:00	Martin Rasmussen	Tyneside Vagabonds CC	Open	Vet
29	07:59:00	Phil Wright	Hartlepool CC	Open	Vet

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Start Number	Start Time	Rider	Club	Gender	Category
30	08:00:00	Jon Fairclough	Kelso Wheelers Cycling Club	Open	Vet
31	08:01:00	Scott Walton	Tyne Tri	Open	Senior
32	08:02:00	Greg Paton-Kerr	Allen Valley Velo	Open	Senior
33	08:03:00	lan Elliot	Hawick Cycling Club	Open	Vet
34	08:04:00	Christopher Beaty	GS Metro	Open	Vet
35	08:05:00	Adam Harrison	Bootleggers Cycle Club	Open	Vet
36	08:06:00	Benjamin Amaira	GS Metro	Open	Vet
37	08:07:00	Stephen Boxall	Houghton CC	Open	Vet
38	08:08:00	Adam Lunn	Team VC	Open	Senior
39	08:09:00	Nicholas Stevenson	Wearside Triathlon	Open	Vet
40	08:10:00	Hedley Fletcher	Blaydon CC	Open	Vet
41	08:11:00	Lee Statham	Belper BC	Open	Vet
42	08:12:00	Mark Reed	Tyneside Vagabonds CC	Open	Vet
43	08:13:00	David Cunningham	Vector Racing	Open	Vet
44	08:14:00	Darren Robson	Muckle Cycle Club	Open	Vet
45	08:15:00	Danny Grieves	GS Metro	Open	Senior
46	08:16:00	Dan Frater	Vector Racing	Open	Vet
47	08:17:00	I nrietonnar leate	Berwick Wheelers Cycling Club	Open	Vet
48	08:18:00	Zach Haigh	Team Kirkley Cycles	Open	Senior
49	08:19:00	Frank Moore	GS Metro	Open	Senior
50	08:20:00	John Routledge	GTR - Return To Life p/b Streamline	Open	Vet
51	08:21:00	Joshua Hodgson	GS Metro	Open	Senior
52	08:22:00	Kris Whitelaw	Vector Racing	Open	Vet
53	08:23:00	Daniel Kane	Muckle Cycle Club	Open	Senior
54	08:24:00	Philip Kennell	GS Metro	Open	Vet
55	08:25:00	Adam Smith	Team Kirkley Cycles	Open	Senior