

Results

Hart Performance Coaching Spring Classic

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	Ian	Hope	male	Vet	Team Solo Vinci	00:20:05	29.875 Mph
2	TT Bike	Nicholas	Trbovic	male	Senior	Cheshire Maverick Cycle Club	00:20:34	29.173 Mph
3	TT Bike	Jonny	Allen	male	Senior	6AM Cycling	00:21:13	28.28 Mph
4	TT Bike	Matt	Steel	male	Vet	Shaftesbury CC	00:21:22	28.081 Mph
5	TT Bike	Henry	Okill	male	Senior	Southend Wheelers	00:21:41	27.671 Mph
5	TT Bike	Samuel	Thienel	male	Senior	Hart Performance Coaching	00:21:41	27.671 Mph
7	TT Bike	Paul	Turton	male	Vet	Team Vision Racing - Silverhook	00:21:46	27.565 Mph
8	TT Bike	Graeme	Garner	male	Vet	Essex Roads CC	00:21:58	27.314 Mph
9	TT Bike	Nicholas	Knight	male	Vet	Hart Performance Coaching	00:21:59	27.293 Mph
10	TT Bike	Keith	Dorling	male	Vet	Team Bottrill	00:22:10	27.068 Mph
11	TT Bike	David	Pennington	male	Senior	Southend Wheelers	00:22:14	26.986 Mph
12	TT Bike	Neil	Hughes	male	Vet	Velo Schils Interbike RT	00:22:17	26.926 Mph
13	TT Bike	Dan	Jenkins	male	Vet	Southend Wheelers	00:22:27	26.726 Mph
14	TT Bike	Sean	O'Sullivan	male	Senior	Eagle Road Club	00:22:29	26.686 Mph
15	TT Bike	Kevin	Baumber	male	Vet	Shaftesbury CC	00:22:32	26.627 Mph
16	TT Bike	Dominic	Schils	male	Senior	Velo Schils Interbike RT	00:23:05	25.993 Mph
17	TT Bike	James	Moss	male	Vet	North Road CC	00:23:20	25.714 Mph
17	TT Bike	Daniel	Shanney	male	Senior	Redbridge CC	00:23:20	25.714 Mph
19	TT Bike	David	Ackerley	male	Vet	Team JMC	00:23:28	25.568 Mph
20	TT Bike	Ian	Braybrook	male	Vet	Basildon CC	00:23:34	25.46 Mph
21	TT Bike	Roy	Rowland	male	Senior	Loose Cannon's Conditioning	00:23:36	25.424 Mph

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22	TT Bike	Thomas	Shanney	male	Senior	Redbridge CC	00:23:37	25.406 Mph
23	TT Bike	Simon	Higgs	male	Vet	Essex Roads CC	00:23:46	25.245 Mph
24	TT Bike	Matthew	Rivers	male	Senior	Athlon CC	00:23:49	25.192 Mph
25	TT Bike	Dan	Walsh	male	Vet	Southend Wheelers	00:23:51	25.157 Mph
26	TT Bike	Louis	Digance	male	Senior	Hart Performance Coaching	00:24:02	24.965 Mph
27	TT Bike	Alex	Warburton	male	Senior	Velo Schils Interbike RT	00:24:04	24.931 Mph
28	TT Bike	Connor	Backhouse	male	Senior	Kingston Wheelers CC	00:24:09	24.845 Mph
29	TT Bike	Oliver	Pidgion	male	Vet	Southend Wheelers	00:24:13	24.776 Mph
30	TT Bike	James	Lonergan	male	Senior	Southend Wheelers	00:24:21	24.641 Mph
31	TT Bike	Lara	Thomas	female	Senior	Stowmarket & District CC	00:24:26	24.557 Mph
32	TT Bike	Paul	Looke	male	Vet	Shaftesbury CC	00:24:34	24.423 Mph
33	TT Bike	Jack	Martin	male	Senior	East Essex Triathlon Club	00:24:35	24.407 Mph
34	TT Bike	James	Wicks	male	Espoir	Essex Roads CC	00:24:37	24.374 Mph
35	TT Bike	Bradley	Hurr	male	Vet	Basildon CC	00:24:49	24.177 Mph
36	TT Bike	Michael	Tait	male	Senior	Athlon CC	00:25:09	23.857 Mph
36	TT Bike	Barry	Simpson	male	Vet	Southend Wheelers	00:25:09	23.857 Mph
38	TT Bike	Paul	Russell	male	Senior	East London Velo	00:25:12	23.81 Mph
39	TT Bike	Andrew	Lawrence	male	Vet	East Essex Triathlon Club	00:25:13	23.794 Mph
40	TT Bike	Mark	Brown	male	Vet	East Essex Triathlon Club	00:25:19	23.7 Mph
41	TT Bike	David	Osborne	male	Vet	East Essex Triathlon Club	00:25:31	23.514 Mph
41	TT Bike	John	Kidd	male	Vet	Hart Performance Coaching	00:25:31	23.514 Mph
43	TT Bike	Antoine	Rouyer-Brown	male	Espoir	Southend Wheelers	00:25:35	23.453 Mph
44	TT Bike	Scott	Youngson	male	Vet	East Essex Triathlon Club	00:25:42	23.346 Mph
45	TT Bike	Jamie	Bishop	male	Vet	Harlow CC	00:25:45	23.301 Mph
46	TT Bike	John	Curtin	male	Vet	Hitchin Nomads CC	00:25:47	23.271 Mph

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
47	TT Bike	Adam	Lowe	male	Vet	Metropolitan Police Cycle Club	00:25:50	23.226 Mph
48	TT Bike	Tom	Womack	male	Espoir	Southend Wheelers	00:25:56	23.136 Mph
48	TT Bike	Zak	Seddon	male	Senior	Becontree Wheelers CC	00:25:56	23.136 Mph
50	TT Bike	Steven	Flin	male	Vet	Shaftesbury CC	00:25:58	23.107 Mph
51	TT Bike	Nick	Taylor	male	Vet	Metropolitan Police Cycle Club	00:26:05	23.003 Mph
52	TT Bike	Stuart	Mulchinock	male	Vet	Southend Wheelers	00:26:06	22.988 Mph
52	TT Bike	John	Harrison	male	Vet	Shaftesbury CC	00:26:06	22.988 Mph
52	TT Bike	Barry	Neal	male	Vet	Ciclos Uno	00:26:06	22.988 Mph
55	TT Bike	Martin	Meades	male	Vet	Ciclos Uno	00:26:09	22.945 Mph
56	TT Bike	Jeremy	Parker	male	Vet	Gravesend CC	00:26:21	22.77 Mph
57	TT Bike	James	Conway	male	Vet	Metropolitan Police Cycle Club	00:26:35	22.571 Mph
58	TT Bike	John	Eves	male	Vet	Harlow CC	00:26:40	22.5 Mph
59	TT Bike	Jon	Hughes	male	Senior	Sheppey Velo	00:26:43	22.458 Mph
60	TT Bike	Jennie	Page	female	Vet	Southend Wheelers	00:26:47	22.402 Mph
61	TT Bike	Matthew	Stock	male	Senior	Southend Wheelers	00:26:50	22.36 Mph
62	TT Bike	Simon	Constable	male	Vet	Basildon CC	00:26:52	22.332 Mph
63	TT Bike	Paulina	Mozal	female	Senior	Chelmer CC	00:26:57	22.263 Mph
64	TT Bike	Ann	Shuttleworth	female	Vet	Cambridge CC	00:26:58	22.25 Mph
65	TT Bike	Morgan	Saunders	male	Espoir	Team Vision Racing - Silverhook	00:27:07	22.127 Mph
66	TT Bike	Chris	Smith	male	Vet	Essex Roads CC	00:27:12	22.059 Mph
67	TT Bike	Paul	Wright	male	Vet	Army Cycling	00:27:39	21.7 Mph
68	TT Bike	Henry	Hill	male	Espoir	Lee Valley Youth CC	00:27:45	21.622 Mph
69	TT Bike	David	Cox	male	Vet	East Essex Triathlon Club	00:27:46	21.609 Mph
70	TT Bike	Adam	Jones	male	Vet	Southend Wheelers	00:27:47	21.596 Mph
71	TT Bike	David	Hodsman	male	Senior	Dulwich Paragon CC	00:27:54	21.505 Mph

Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
72	TT Bike	Ruth	Stapleton	female	Vet	St Neots CC	00:28:32	21.028 Mph
73	TT Bike	Cavan	Burrows	male	Espoir	Southend Wheelers	00:28:34	21.003 Mph
74	TT Bike	Andrew	Merchant	male	Vet	Southend Wheelers	00:28:39	20.942 Mph
75	TT Bike	David	Jacobs	male	Vet	Southend Wheelers	00:28:45	20.87 Mph
76	TT Bike	Jonathan	Whitwam	male	Vet	Shaftesbury CC	00:28:55	20.749 Mph
77	TT Bike	Kevin	Hayes	male	Vet	Harlow CC	00:29:19	20.466 Mph
78	TT Bike	Jenny	Harley	female	Vet	East Essex Triathlon Club	00:29:21	20.443 Mph
79	TT Bike	Laura	Mason	female	Vet	East Essex Triathlon Club	00:29:51	20.1 Mph
80	TT Bike	Helen	Barrell	female	Senior	Hart Performance Coaching	00:29:52	20.089 Mph
81	TT Bike	Hannah	Shean	female	Senior	Southend Wheelers	00:30:12	19.868 Mph
82	TT Bike	Peter	Harley	male	Vet	East Essex Triathlon Club	00:30:18	19.802 Mph
83	TT Bike	Zena	Shean	female	Vet	Southend Wheelers	00:30:32	19.651 Mph
84	TT Bike	Emma	Flin	female	Vet	Shaftesbury CC	00:30:41	19.555 Mph
85	TT Bike	Emma	Haxell	female	Senior	Athlon CC	00:30:44	19.523 Mph
86	TT Bike	James	Bromley	male	Vet	Hart Performance Coaching	00:32:24	18.519 Mph
87	TT Bike	Selwyn	Smith	male	Vet	Crystal Palace Triathletes	00:55:47	10.756 Mph
DNF	TT Bike	Ian	Short	male	Vet	Team Salesengine.co.uk		
DNF	TT Bike	Anthony	Whale	male	Vet	Harlow CC		
DNF	TT Bike	Neill	Keaney	male	Vet	Endurance X Nature RC		
DNF	TT Bike	Jan	Harvey	female	Vet	Southend Wheelers		
DNS(A)	TT Bike	Denise	Kemp	female	Vet	Southend Wheelers		
DNS(A)	TT Bike	Ben	Spurgeon	male	Senior	Harlow CC		
DNS(A)	TT Bike	Robert	Windsor	male	Vet	Victoria Cycling Club		
DNS(A)	TT Bike	Paul	Gibbon	male	Vet	Southend Wheelers		
DNS(A)	TT Bike	Camilla	Wilkes	female	Vet	Hart Performance Coaching		
DNS(A)	TT Bike	Alison	Daly	female	Vet	Victoria Cycling Club		
DNS(A)	TT Bike	Jerome	Manson	male	Vet	Chelmer CC		
DNS(A)	TT Bike	Neal	Marrin	male	Vet	Finsbury Park CC		
DNS(A)	TT Bike	Louise	Robinson	female	Vet	Essex Roads CC		
DNS(A)	TT Bike	Timothy	Torrie	male	Senior	TBW23 Stuart Hall Cycling P/b Trainsharp		

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DNS(A)	TT Bike	Ian	George	male	Vet	East Essex Triathlon Club		
DNS(A)	TT Bike	Sarah	Chambers	female	Vet	Victoria Cycling Club		
DNS(A)	TT Bike	Joshua	Granger	male	Senior	Athlon CC		
DNS(A)	TT Bike	Stuart	Forgione	male	Vet	East Essex Triathlon Club		
DNS(A)	TT Bike	Willa	Russell	female	Espoir	Islington Cycling Club		
DNS	TT Bike	Richard	Gandy	male	Vet	Essex Roads CC		
DNS	TT Bike	David	Marshall	male	Vet	Hemel Hempstead CC		
DNS	TT Bike	Paul	Abeledo	male	Vet	Hart Performance Coaching		
DNS	TT Bike	Tim	Simpkins	male	Vet	Harlow CC		
DNS	TT Bike	Alex	Smith	male	Vet	Essex Roads CC		
DNS	TT Bike	Robert	Platt	male	Senior	Total Tri Training		