

## Results

### **Lea Valley CC Crescent 30 (SPOCO SE)(Incl. ECCA Championships)(90 machines)(15 reserves)**

**Solo 30 mile time trial on the sporting e1/30 course. Fine  
day, gentle north wind**

**25/09/2022 08:00**

**E1/30**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



~~Printed for and on behalf of Cycling Time Trials under its rules and regulations~~  
Lovely weather for almost a half full field, almost all of whom started. Times were accordingly brisk, with Alfie Salmon winning in a pb. The placings were tightly fought, with Tom Bishop leading David Glossy and Andrew Turnock to the turn, only to see the placings reversed at the finish, leaving Bishop out of the prizes.

Many thanks to the many LVCC members who assisted.

## **Timekeepers**

Frida Wezel assisted by Ian Taylor.

## **Marshals**

members of Lea Valley CC

## **Awards**

Men £35/25/15

Women £35/25

Promoted for and on behalf of Cycling Time Trials under its rules and regulations								
Position	Machine	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	TT Bike	<a href="#">Alfie</a>	<a href="#">Salmon</a>	male	Espoir	Lee Valley Youth CC	1:06:57	26.886 Mph
2	TT Bike	<a href="#">Andrew</a>	<a href="#">Turnock</a>	male	Vet	Finsbury Park CC	1:08:29	26.284 Mph
3	TT Bike	<a href="#">David</a>	<a href="#">Glossy</a>	male	Vet	Bicester Millennium CC	1:08:31	26.271 Mph
4	TT Bike	<a href="#">Tom</a>	<a href="#">Bishop</a>	male	Vet	Walden Velo	1:08:41	26.207 Mph
5	TT Bike	<a href="#">David</a>	<a href="#">Pennington</a>	male	Senior	Southend Wheelers	1:10:03	25.696 Mph
6	TT Bike	<a href="#">Rob</a>	<a href="#">Chaplin</a>	male	Vet	East London Velo	1:10:04	25.69 Mph
7	TT Bike	<a href="#">Sebastian</a>	<a href="#">Harrison</a>	male	Vet	Islington Cycling Club	1:10:40	25.472 Mph
8	TT Bike	<a href="#">Ian</a>	<a href="#">Braybrook</a>	male	Vet	Basildon CC	1:13:50	24.379 Mph
9	TT Bike	<a href="#">Dominic</a>	<a href="#">Bray</a>	male	Vet	Finsbury Park CC	1:13:55	24.352 Mph
10	TT Bike	<a href="#">Mark</a>	<a href="#">Careless</a>	male	Vet	Loose Cannon's Conditioning	1:16:52	23.417 Mph
11	TT Bike	<a href="#">Graham</a>	<a href="#">Painter</a>	male	Vet	Chelmer CC	1:17:16	23.296 Mph
12	TT Bike	<a href="#">Sean</a>	<a href="#">McDougall</a>	male	Vet	Icknield RC	1:19:33	22.627 Mph
13	TT Bike	<a href="#">Phil</a>	<a href="#">Laing</a>	male	Vet	Lea Valley CC	1:19:50	22.547 Mph
14	TT Bike	<a href="#">Colin</a>	<a href="#">Doe</a>	male	Vet	Ford CC	1:22:18	21.871 Mph
15	TT Bike	<a href="#">Ian</a>	<a href="#">Damant</a>	male	Vet	Becontree Wheelers CC	1:23:48	21.48 Mph
16	TT Bike	<a href="#">Janet</a>	<a href="#">Fairclough</a>	female	Vet	Liverpool Phoenix CC (Aintree)	1:23:57	21.441 Mph
17	TT Bike	<a href="#">James</a>	<a href="#">Bromley</a>	male	Vet	Hart Performance Coaching	1:28:47	20.274 Mph
18	TT Bike	<a href="#">Richard</a>	<a href="#">Pimlott</a>	male	Vet	Finsbury Park CC	1:41:50	17.676 Mph
19	TT Bike	<a href="#">Caroline</a>	<a href="#">Wyke</a>	female	Vet	CC Sudbury	1:44:11	17.277 Mph
DNS(A)	TT Bike	<a href="#">Alice</a>	<a href="#">Elwood</a>	female	Senior	CC London		
DNS(A)	TT Bike	<a href="#">Sue</a>	<a href="#">Rogers</a>	female	Vet	Crest CC		
DNS	TT Bike	<a href="#">Graham</a>	<a href="#">Hurrell</a>	male	Vet	Basildon CC		